## May 2024

## Wellbeing @ACM



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	Mental Health Matters Walk 6:00pm	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	Notes <u>May 13:</u> Mental Health Matters Walk - Cumberland Campus Track - Registration 5:30pm  Event 6:00pm				