INFORMATION: RISK REDUCTION

SEXUAL HARASSMENT & SEX DISCRIMINATION POLICY
See www.allegany.edu/titleIX for detailed policy, procedures, and information.

*Reducing your risk of experiencing or perpetrating sexual harassment and relationship violence*

- Exercise caution at all times and follow personal safety practices; ACM's Campus Safety/Special Police publishes a personal safety information online at https://allegany.edu/campus-safety-special-police/index.html
- Report any problems or concerns you have right away!

From No More – Together We Can End Domestic Violence & Sexual Assault: http://nomore.org/

To learn how to help someone in an abusive relationship or to get help for yourself, call The National Domestic Violence Hotline at 1-800-799-SAFE (7233) or visit domesticshelters.org, the largest searchable directory of domestic violence service providers in the United States. Visit the Safe Havens Mapping Project to find a shelter that allows you to bring pets. For teens and youth, call 1-866-331-9474 or text “loveis” to 22522 or live chat at www.loveisrespect.org.

For more information on rape and sexual violence services, contact RAINN—the Rape Abuse Incest National Network at 1-800-656-4673 (HOPE) or by secure, online private chat HERE. Men who may have had unwanted or abusive sexual experience in childhood, family members, friends and partners of men who may have had those experiences can also use the lin6 Online SupportLine – a free, confidential, and secure service – to get help.

Additional domestic violence resources to help you determine if your friend or family member is in danger and help you offer your support:

- 10 Warning Signs of an Unhealthy Relationship by Break the Cycle
- How Can I Help A Friend or Family Member Who Is Being Abused? by The National Domestic Violence Hotline
- Tips for Supporting a Survivor of Sexual Assault by Know Your IX
- Help A Stranger by Loveisrespect.org
- Help Your Child by Loveisrespect.org
- Please see Men Can Stop Rape's Resources for Male Survivors of DV & SA
- Resources for Family & Friends of Male Survivors of Childhood Sexual Abuse by lin6
- Men Can Be Victims of Abuse, Too by The National Domestic Violence Hotline

From Family Crisis Resource Center (ACM counseling partner)
http://www.familycrisisresourcecenter.org/

From Men Can Stop Rape – Creating Cultures Free from Violence
http://www.mencanstoprape.org/

From Joyful Heart Foundation
http://www.joyfulheartfoundation.org/learn/domestic-violence/about-issue?gclid=CK3RqgC9sUCFYUYHwod76gAtQ
http://www.joyfulheartfoundation.org/learn/domestic-violence/about-issue/know-signs

From RAINN: Rape, Abuse, and Incest National Network
https://www.rainn.org/get-information/sexual-assault-prevention
https://www.rainn.org/get-information/sexual-assault-prevention/safety-plan
https://www.rainn.org/get-information/sexual-assault-prevention/protection-your-friends
https://www.rainn.org/get-information/sexual-assault-prevention/social-situations
https://www.rainn.org/get-information/computer-safety
https://www.rainn.org/get-information/sexual-assault-prevention/avoiding-pressure
https://rainn.org/get-information/sexual-assault-prevention/alcohol-safety
https://rainn.org/get-information/sexual-assault-prevention/what-is-consent
https://www.rainn.org/get-information/sexual-assault-prevention/bystanders-can-help

From The National Domestic Violence Hotline
http://www.thenhotline.org/
http://www.thenhotline.org/is-this-abuse/abuse-defined/