

**Allegany College of Maryland
Psychiatric Nursing 206**

I. PURPOSE:

A. DESCRIPTION:

Nursing IV considers the needs of clients across the healthcare continuum experiencing mental health conditions. The nursing process, basic needs and core components are applied as a foundation of the course in the classroom, campus laboratory and planned clinical experiences in diverse healthcare settings. The students are required to assimilate a broad base of knowledge, which enables them to apply and analyze content related to the care of clients with specialized mental health care needs. The course prepares the student to function in a variety of nursing roles. The course prepares students to promote personal and professional growth.

RATIONALE FOR ORGANIZATION OF CONTENT:

Nursing 206 utilizes the nursing process to assist the students to further develop their ability in the assessment, nursing diagnosis, planning, implementation and evaluation process. The content is organized to emphasize and enhance man's basic needs, which include comfort, oxygen, nutrition, communication, elimination, psychosocial, teaching/learning, and safety.

The core components of the curriculum are developed in the course content or in the clinical laboratory, namely: Professional Behaviors, Communication, Assessment, Clinical Decision Making, Caring Interventions, Teaching and Learning, Collaboration and Managing Care.

Clinical experiences are selected to assist students to become more independent as the students refine their ability to utilize the nursing process and to organize and prioritize basic needs according to Maslow and Erickson.

Emphasis is placed on independent preparation of study guides, which incorporates prior knowledge and skills. Student self-awareness is emphasized as an aid to personal mental health and as an asset for both student and client in the establishment of a therapeutic nurse-client relationship and in other nurse-client experiences.

The content of the Psychiatric Nursing Component of Nursing 206 is centered on the understanding of mental health conditions, comprehensive care and community health centers.

B. COURSE OUTCOMES:

At the end of the course, the student will use critical thinking skills to provide care for clients in diverse health care settings to:

1. Perform assessment of eight basic needs identifying how they are affected by various pathologies and developmental stages related to course content.
2. With minimal guidance, identifies all actual and high risk nursing diagnoses of clients based on analysis of assessment data.
3. With supervision, utilizes information gathered in assessment to formulate a plan of care for an individual client with specialized health care needs according to course content.
4. With supervision, implements caring and deliberative nursing actions for clients with specialized health care needs in a safe, efficient and cost effective manner.
5. Evaluates the effectiveness of the plan of care based on client outcomes for clients with specialized health care needs and revises as necessary.
6. Maintains and improves technical skills learned in the first year, performs more complex selected skills and bases performance of all skills on scientific principles in a safe, efficient and accountable effective manner.
7. Perform activities to promote own personal and professional growth by independent study, self-direction in clinical, and self-evaluation.
8. **All** interactions, with client, staff, faculty and peers, reflect professional attitude and values of respect, altruism, autonomy, human dignity, integrity, and social justice.