

## **MASSAGE THERAPY TWO-YEAR CAREER PROGRAM PREPARATION FOR EMPLOYMENT**

The growth of the massage therapy profession has been exceptional in this country and around the world. All facets of complementary and alternative health care are gaining greater acceptance as the public actively seeks options in wellness and preventive care. Massage Therapy is an exciting and rewarding field that offers the opportunity to work with individuals in a variety of professional settings to maximize their quality of life. This two-year degree program is designed for those who wish to obtain an Associate of Applied Science degree and become a Licensed Massage Therapist. After graduating from our program, you will be prepared to sit for the Massage and Bodywork Licensing Examination (MBLEx) offered by the Federation of State Massage Therapy boards. Following the passing of this exam you may now apply for the Maryland State Jurisprudence examination.

The program is comprised of non-clinical and clinical courses. The clinical courses consist of those courses designated as "Clinical Practice." Generally, clinical practice courses will be held in an experiential learning setting at Allegany College of Maryland. Students in this two year degree program will also participate in a one semester internship, providing gentle touch massage to the patients in the outpatient oncology department of our local hospital.

Due to the clinical nature of the curriculum, the program is limited in the number of seats available. Therefore, admission is competitive. Minimum requirements for admission are as follows:

1. Pass the Allegany College of Maryland Placement Assessment for applicable courses;
2. Successfully complete Introduction to Massage with a minimum grade of "C" and an overall GPA of at least 2.0;
3. Must be 18 years of age to enroll in Massage Therapy classes and submit proof of age through a copy of one of the following:
  - a. Driver's license
  - b. State Approved Identification Card
4. Complete admission application and essay; and
5. Successfully complete an interview process.

Please contact the Massage Therapy office for an application package which will include details on admission criteria. Massage therapy students are required to be CPR certified, have a criminal background check, and a health record on file in the massage therapy office. The massage therapy students are also required to maintain the scholastic standard of the college and must receive a grade of "C" or better in all massage therapy courses. Since the clinical classes are sequential in nature, they must be taken in order. Students may be dismissed from the program for unprofessional and/or inappropriate behavior in the classroom or clinical practice.

The Massage Therapy program at Allegany College of Maryland has been designated as a Health Manpower Shortage Program by the Maryland Higher Education Commission. Maryland residents from counties other than Allegany County who register in this eligible program will be charged the out-of-county tuition rate. However, these students may be eligible to receive reimbursement for a portion of the cost difference between the in-county and out-of-county tuition rates. Funding availability for this program is based on funding from the State of Maryland and is thus subject to change each semester. Some restrictions apply. More information can be obtained by contacting the Admissions Office.

Beyond tuition, fees and books, there will be an additional cost of approximately \$2,000.00 for a massage table, uniforms, linens, liability insurance, professional massages, national exam, and professional association student memberships.

Successful completion of this program qualifies a student to apply for an Associate of Applied Science degree in Massage Therapy.

*(program continued on next page)*

**SUMMER OR PREVIOUS SEMESTER**  
Credit Hours

Massage Therapy 101  
(Introduction to Massage Therapy) ....1

Biological Science 121 or 101  
(Musculoskeletal Anatomy of the  
Human or General Biology I) .....4

Total: 5

**FIRST SEMESTER**

Massage Therapy 103  
(Massage Anatomy,  
Physiology and Movement) .....3

Massage Therapy 110  
(Holistic Approach to Wellness) .....1

Massage Therapy 113  
(Principles of Massage Therapy I) ....4

Massage Therapy 201  
(Legal and Ethical Topics  
in Massage Therapy) .....2

Mathematics Elective .....3

Total: 13

**SECOND SEMESTER**

Massage Therapy 104  
(Anatomy and Physiology  
Interrelationships) .....2

Massage Therapy 108  
(Clinical Practice I) .....1

Massage Therapy 120  
(Principles of Massage Therapy II) ....4

Massage Therapy 205  
(Pathology for Massage Therapy) ....3

Massage Therapy 206  
(Integrating Massage Therapy  
and Business Topics) .....2

English 101 (Freshman English I) .....3

Total: 15

**SUMMER SESSION** Credit Hours  
*(following second semester)*

Massage Therapy 118  
(Clinical Practice II) .....1

Total: 1

**THIRD SEMESTER**

Massage Therapy 207  
(Principles of Massage Therapy III) ..4

Massage Therapy 209  
(Clinical Practice III) .....1

① Biological Science 201  
(Human Anatomy and Physiology) ....4

Medical Administrative Assistant 110  
(Medical Terminology) .....3

Total: 12

**FOURTH SEMESTER**

Massage Therapy 210  
(Clinical Practice IV) .....2

Massage Therapy 218  
(Current Trends in Massage  
Therapy) .....3

Massage Therapy 221  
(Internship) .....1

Massage Therapy 222  
(Medical Massage) .....2

Psychology 101  
(General Psychology) .....3

Speech 101  
(Speech Communication I) .....3

Total: 14

Total Credit Hours: 60

① Students who have had Biological Science 207 and 208 may substitute them for Biological Science 201.

NOTE: All courses specifically identified by course number are graduation requirements for this program.