Professional Organizations:
We have two national organizations representing the profession of massage therapy, and you will have the opportunity to join both. They are the “American Massage Therapy Association” and “Associated Body Work & Massage Professionals.” For additional information please visit their websites: amta.org and abmp.com.

Scholarships and Financial Aid:
Allegany College of Maryland offers a comprehensive program of financial assistance. Our Foundation office handles both merit-based and financial-based scholarships. Please contact Sandi Foreman at 301-784-5200. The financial aid office administers state and federally supported grant and loan programs. You may contact them at 301-784-5213.

The Massage Therapy Program has been designated a Health Manpower Shortage program by the Maryland Higher Education Commission. This means that Maryland residents from outside Allegany County may be eligible for in-county tuition rates. Please check with our Admission Office for details (301-784-5199).

Allegany College of Maryland proudly welcomes members of the United States Military and their dependents on our campus. It is our mission to assist with educational benefits you’ve earned and provide the resources needed to attain your student goals.

To determine if you are eligible for VA educational benefits, please contact the VA at 1-888-442-4551. If you need assistance with applying for benefits, please reach out to Beth Nightengale at 301-784-5209.

Faculty and Staff:
Kirsten O. Hansen, LMT, MLD/C
Program Director & Associate Professor
khansen@allegany.edu
301-784-5191

Melissa Smith, LMT
Clinical Coordinator & Faculty Member
msmith13@allegany.edu
301-784-5598

Beth Hilliker, LMT
Faculty Member
bhilliker@allegany.edu
301-784-5392

Emily Green, LMT
Faculty Member
egreen@allegany.edu
301-784-5392

Kathy Wilson
Administrative Associate
kwilson@allegany.edu
301-784-5521

Allegany College of Maryland does not discriminate on the basis of age, ancestry/national origin, color, disability, gender identity/expression, marital status, race, religion, sex, or sexual orientation in matters affecting employment or in providing access to programs and activities.

For inquiries related to this policy, Title IX, and ADA/504, please contact:
Dr. Renee Conner, Dean of Student and Legal Affairs,
Title IX Coordinator, ADA/504 Coordinator
301-784-5206 / rconner@allegany.edu

Allegany College of Maryland is required to inform prospective and current students of important College policies. For full details on these key policies, please visit the Allegany College of Maryland website at allegany.edu/policy-mandates.

www.allegany.edu/massage
12401 Willowbrook Road, SE
Cumberland, MD 21502-2596
What to Expect in the Massage Therapy Program

In the massage therapy program you will learn skillful touch modalities and other manual techniques such as stretching techniques to help improve joint flexibility, ease pain, and reduce stress.

Through combined hands-on practice and massage therapy classes, you will receive a strong foundation in anatomy and physiology, pathology, and kinesiology. You will also learn self-care techniques, client-care practices, ethics, and business practices.

We maintain small class sizes. For our lecture based courses we have a 16:1 ratio, and for our hands on principles classes our student to teacher ratio is 8:1.

You will have ample opportunities to master your techniques by working with clients in our onsite massage therapy clinic as well as at the outpatient oncology department at our local hospital. We are committed to educating the finest, most professional massage therapists in a caring and supportive way.

Accreditation

Our Massage Therapy curriculum is endorsed by the Commission on Massage Therapy Accreditation: COMTA.

Allegany College of Maryland is accredited by the Middle States Commission on Higher Education. The College is also accredited and approved for operation by the Maryland Higher Education Commission.

Testimonials

“I am proud to promote the program to future students. It is a program of excellence.”
– C.J., Class of 2022

“Life as an LMT is wonderful. I am finding a new balance in my life. I absolutely love my job. I leave after every shift feeling fulfilled and elated.”
– G.S., LMT, Class of 2021

“I am doing extremely well! I also got certified in a brand-new technique, and it has taken off. I had the best teachers around. I couldn’t thank you guys enough.”
– A.T., Class of 2020

“The Massage Therapy program at Allegany College of Maryland is blessed to have some of the finest teachers available. It is detailed, intensely exciting, supportive of each student’s goals, and provides an opportunity for growth in a field that promotes wellness for everyone.”
– C.C.S., Class of 2018

“After working most of my adult life in an office, I realized it was not really me. I didn’t love my career. In my early 40’s, I took a leap of faith and enrolled in the Massage Therapy program. It was one of the best decisions of my life. I love going to work now, and find it prosperous and incredibly fulfilling.”
– B.H., LMT, Class of 2014

What Does a Massage Therapist Do?

Massage Therapy is one of the most used complimentary health approaches in the United States. As medical professionals become more knowledgeable about the efficacy and benefits of massage therapy, they increasingly integrate massage therapy services into patient care.

Massage therapists work with clients in a variety of settings:

- You will be performing and documenting client intake interviews to understand their health status and concerns and to track treatment progress.
- You will be using client intake information to assess client conditions and develop safe and effective massage treatment plans.
- You will implement treatment plans by applying appropriate massage techniques to the soft tissues of the body.
- You will recommend and educate clients on methods for self-care, such as stretches to extend the benefits of massage outside the session.

The following data is derived from O*NET Online: Massage Therapy is designated as a “Bright Outlook” Occupation. A “Bright Outlook” designation means Massage Therapy job openings are expected to grow rapidly in the next several years.