



On-Campus Counseling Service

“What if we recharged ourselves as often as we do our phones?” ~Unknown

Your mental health matters. Self-care is essential in maintaining a healthy lifestyle, and sometimes we need extra support. Invest in yourself. Take advantage of this FREE therapy service with unlimited sessions per semester ranging between 30 and 45 minutes per session.

LaDawn Yoder, LMSW , is ACM’s on-campus Therapist located in the Allied Health building Nurse Managed Wellness Clinic Room 115

To schedule an appointment:

1. Stop by or call the Nurse Managed Wellness Clinic 301-784-5670:
 2. Monday/Thursday: 11am-4pm
 3. Tuesday: 12:30pm-7pm
 4. Friday: 8am-1:30pm
- OR Call UPMC: 240-964-8585



Phone: 301-784-5670