



ALLEGANY COLLEGE
of MARYLAND

CENTER FOR CONTINUING EDUCATION AND WORKFORCE DEVELOPMENT



Fall 2026

COURSE SCHEDULE

5 EASY WAYS TO REGISTER

IN-PERSON

Register in person by visiting the Allegany College of Maryland Continuing Education Building. Office hours of the Center are Monday thru Thursday from 8:00 a.m. to 5:00 p.m. and Friday from 8:00 a.m. to 4:00 p.m.

BY PHONE

Phone registration is available during regular office hours for any customer paying by VISA, MasterCard, Discover, or agency billing. Please have all student, course and billing information ready before calling. The number to register is 301-784-5341.

BY MAIL

Complete the registration form in this catalogue, attach a check or money order made payable to Allegany College of Maryland, VISA, MasterCard, Discover, or agency billing and mail the completed registration form to the Center for Continuing Education.

BY FAX

You can fax your registration form with payment by VISA, MasterCard, Discover, or agency billing. FAX cannot be used when paying by check. Please remember to include all information needed for payment when using a credit card or agency billing. The FAX number is 301-784-5025.

ONLINE

Select courses are available for online registration by visiting our website at allegany.edu/ce/index.html. Payments are processed via PayPal with VISA, MasterCard, and Discover. You do not need a PayPal account to register. If your employer is paying, please select 'Register with Employer' during the checkout process.



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MISSION STATEMENT

ACM/CE cultivates life-long learners by providing superior, flexible and relevant workforce education, professional development training and personal enrichment opportunities to enhance economic advancement and quality of life for our students, partners, and communities.

NON-DISCRIMINATION STATEMENT

Allegany College of Maryland does not discriminate on the basis of federally protected classes of race, color, national origin, religion, sex, age, disability, and veteran/military status in matters affecting employment or in providing access to programs and activities. Allegany College of Maryland recognizes and complies with additional protections for employees and/or pursuant to state law. Additional information is available at <https://www.allegany.edu/non-discrimination>.

For inquiries related to the application of this statement, the Non-Discrimination policy, Title IX, and ADA/504, please contact:

Dr. Renee Conner
Chief Compliance, Student, and Legal Affairs Officer
Title IX Coordinator
ADA/504 Coordinator
301-784-5206 / rconner@allegany.edu

Allegany College of Maryland is required to inform prospective and current students of important College policies including Non-Discrimination, Title IX, Child Abuse Mandated Reports, Clery Act, Heroin & Opioid, Drug and Alcohol Use, Academic Disabilities, FERPA, Accreditation, Faith-Based/Religious Academic Accommodations, and Medical Disclosure Procedure. For full details on these key policies, please visit the Allegany College of Maryland website at allegany.edu/policy-mandates.



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Adult Basic Education

Adult Basic Education & Literacy Services

Pathways to a Diploma, Workforce Readiness, and Lifelong Learning

Allegany College of Maryland's **Adult Education Program** provides free, grant-funded educational services to Maryland residents seeking to: Earn a Maryland High School Diploma, improve reading, writing, or math skills, Learn English as a Second Language (ESL), Advance their careers or prepare for college, Support their children's academic success through **Family Literacy**.

Our programs are flexible, supportive, and designed with busy adult learners in mind —with both **in-person and online learning options** available.

Programs Offered

- **GED® Preparation & Testing**

Prepare for and take the official GED® test to earn your Maryland High School Diploma.

- **Adult Basic Education (ABE)**

Strengthen your foundation in reading, writing, and math—key skills for employment and further education.

- **English as a Second Language (ESL)**

Learn to communicate effectively in English through beginner to advanced classes, including Civics and Citizenship.

- **Family Literacy**

Adult learners can build their own literacy skills while also learning how to support their children's learning at home and at school—creating stronger family learning environments.

- **Workforce Readiness & Career Pathways**

Develop essential workplace skills through **ACT® WorkKeys®** curriculum and earn the **National Career Readiness Certificate (NCRC®)**. Includes individualized career planning and support.

Support Services

- Academic skills assessment to determine placement
- Instruction from beginning literacy through high school level
- College and career transition advising
- **Free childcare** at our YMCA Family Support Center site for eligible participants

Adult Basic Education

Eligibility

- Maryland resident
- At least **18 years of age**
- Not currently enrolled in public school

Cost:

All programs are **free**, funded by the **Maryland Department of Labor** and the **U.S. Department of Education**.



Student Success Spotlight

"I never thought I'd go back to school, but the staff believed in me from day one. Now I've earned my diploma and have a full-time job I love. It changed my life."

— Tamika S., GED® Graduate

Call 301-784-5445 to register,
visit www.allegany.edu/abe

Or Scan the QR Code for information
about our Intake and Orientation Sessions.





Career Development / Licensure & Certification

SERVICE PROFESSIONS



Cosmetology

1500-Hour Licensed Cosmetology Training Program

Course Cost: \$18,000
(Scholarships available)

**Now Accepting Interest
For June 2027**

Nail Technician Program

**Now Accepting
Interest for
Spring 2027 Session**

For more information contact:
Allissa Beeman, Program Coordinator
Email: atomlinson@allegany.edu
Phone: 301-784-5340

Career Development / Licensure & Certification

COSMETOLOGY

Beyond Beauty: Ethics in Cosmetology and Salon Management (COS100)

Gain practical insights into workplace ethics, ethical decision making, and navigating common ethical challenges encountered in salon settings. **This course is approved as a required topic for licensed Cosmetologist and Nail Technicians.** *Note: Please notify registration if taking the course in-person or online.*



9/24, Thursday (1 session)
OR
10/29, Thursday (1 session)
12-2PM
ACM: CE Bldg.
Instructor: Jessica Hardy
Course Cost: \$39
Maryland Senior Course Cost: \$34

Business Building: Attracting and Retaining Clients (COS101)

This interactive course is designed for those who want to elevate their service delivery, enhance client retention and meet income goals. **This course is approved as an elective topic for licensed Cosmetologist.** *Note: Please notify registration if taking the course in-person or online.*



9/28, Monday (1 session)
OR
10/19, Monday (1 session)
10AM-12PM
ACM: CE Bldg.
Instructor: Jessica Hardy
Course Cost: \$39
Maryland Senior Course Cost: \$34

Building Expertise in Product Knowledge and Best Practices (COS102)

Learn the connection between understanding your products and tailoring recommendations to meet each guest's unique needs. **This course is approved as an elective topic for licensed Cosmetologist.** *Note: Please notify registration if taking the course in-person or online.*



9/28, Monday (1 session)
OR
10/19, Monday (1 session)
1-3PM
ACM: CE Bldg.
Instructor: Jessica Hardy
Course Cost: \$39
Maryland Senior Course Cost: \$34

Sanitation & Infection Control for the Beauty Industry (COS103)

Learn how to maintain a safe, clean environment and comply with health regulations to protect both clients and professionals. **This course is approved as a required topic for licensed Cosmetologist and Nail Technicians.** *Note: Please notify registration if taking the course in-person or online.*



9/10, Thursday (1 session)
OR
10/15, Thursday (1 session)
12-2PM
ACM: CE Bldg.
Instructor: Jessica Hardy
Course Cost: \$39
Maryland Senior Course Cost: \$34

Career Development / Licensure & Certification

Design with Purpose: Nail Art (COS104)

Unlock your creativity and take your nail artistry to the next level! Expand on design skills and wow clients with original, professional-grade nail art! **This course is approved as an elective topic for licensed Cosmetologist and Nail Technicians.**

Note: Please notify registration if taking the course in-person or online.



10/7, Wednesday (1 session)

1:30-3:30PM

ACM: CE Bldg.

Instructor: Skylea Metz

Course Cost: \$39

Maryland Senior Course Cost: \$34

Building Your Nail Brand: Business & Marketing for Nail Technicians (COS105)

Whether you're planning to launch a salon, rent a suite, or grow your client base, this course will give you the branding and marketing knowledge to thrive. **This course is approved as an elective topic for licensed Nail Technicians.** **Note: Please notify registration if taking the course in-person or online.**



10/7, Wednesday (1 session)

10AM-12PM

ACM: CE Bldg.

Instructor: Candace Gattens

Course Cost: \$39

Maryland Senior Course Cost: \$34



The State Legislature requires Licensees to complete six hours of approved continuing education as a condition of license renewal. The effective date for licensees to come into compliance will be January 1, 2026. Two of the continuing education hours must be on topics related to health, safety, welfare, or Board laws and regulations.

Career Development / Licensure & Certification

SERVSAFE

ServSafe Food Handler Certification (PRO172)

Created by the National Restaurant Association, ServSafe teaches restaurant and hospitality staff collectively to implement essential food safety practices and create a culture

of food safety. The curriculum blends the latest Food and Drug Administration (FDA) Food Code guidelines, food safety research, and actual job tasks identified by foodservice industry experts. ServSafe certification is recognized

by virtually all state and local health departments across the United States. Because it is based on the FDA Food Code and accredited by the ANSI National Accreditation Board (ANAB) and the Conference for Food Protection (CFP), it meets regulatory requirements nationwide. Every

state and county health department (including the Maryland Department of Health and local authorities) accepts ServSafe as proof of food safety training and management compliance. Course costs includes all instructional materials and the certification exam. ServSafe Food Handler certification is valid for three (3) years.

Instructor: Jenna Burkett

Course Cost: \$269

Maryland Senior Course Cost: \$264



For more information about scheduling a ServSafe course and the availability of scholarships, please call David Smarik, at 301-784-5077 or email dsmarik@allegany.edu.

Career Development / Licensure & Certification

CHILD CARE TRAINING

Classes are all **ONLINE** and available year-round- please call Christa Snyder 301-784-5530 or casnyder@allegany.edu for the complete schedule.

Child Care Certification Preparation & Professional Development

ACM's Division of Continuing Education & Workforce Development early childhood education and child care college programs are continually revised and updated to address new state requirements. Courses also meet annual continued training for child care teachers, directors, and family providers as required by MSDE

Flexible online classes use Canvas. Students will receive an email from prior to before the class start date. This email contains instructions for creating a login and password to use with Canvas. Coursework begins on the class start date.

FALL 2026 (September - December 2026)

Online Child Care classes

OPEN for seat sharing

FALL 2026 (September - December 2026)	Hours	Start	End
Child Growth & Dev.	45	9/4/2026	10/23/2026
Child Growth & Dev.	45	10/9/2026	12/4/2026
Infant & Toddler Care	45	9/7/2026	10/26/2026
Infant & Toddler Care	45	10/5/2026	11/23/2026
Preschool Curric & Activities	45	9/7/2026	10/26/2026
Preschool Curric & Activities	45	10/5/2026	11/23/2026
School Age Child Care: Curric.	45	9/9/2026	10/28/2026
School Age Child Care: Curric.	45	10/7/2026	12/2/2026
Child Care Administration	45	10/8/2026	12/3/2026
Communication Skills	9	10/26/2026	11/9/2026
Family Child Care Preservice	24*	8/24/2026	12/11/2026
Observation and Assessment Birth-12	3*	8/24/2026	12/11/2026
Supervising Children in Child Care	3*	8/24/2026	12/11/2026
Positive Child Guidance & Discipline	3*	8/24/2026	12/11/2026

Career Development / Licensure & Certification

FALL 2026 (September - December 2026)	Hours	Start	End
Developmentally Appropriate Practice	3*	8/24/2026	12/11/2026
Resources that Guide Daily Planning	3*	8/24/2026	12/11/2026
Taking Learning Outside	3*	8/24/2026	12/11/2026
Nutrition & Active Living	3*	8/24/2026	12/11/2026
Playground Safety	3*	8/24/2026	12/11/2026
Including All Children and the ADA	3*	8/24/2026	12/11/2026
Supporting Children with Disabilities	3*	8/24/2026	12/11/2026
Intro to Environmental Rating Scales	3*	8/24/2026	12/11/2026
The Child Care Provider as a Professional	3*	8/24/2026	12/11/2026
Conflict Resolution Strategies	3*	8/24/2026	12/11/2026
Cultural Competence & Awareness	3*	8/24/2026	12/11/2026
Family & Community Partnerships	3*	8/24/2026	12/11/2026
SIDS	2*	8/24/2026	12/11/2026
Supporting Breastfeeding in Child Care	3*	8/24/2026	12/11/2026
Basic Health and Safety Training	5*	8/24/2026	12/11/2026
Pyramid Model for Social and Emotional Competence- Preschool	18	9/28/2026	11/2/2026
CDA Capstone: Portfolio, Application & Exam Prep	22	9/29/2026	11/24/2026
Other Occupations:			
Dispensary Tech I	30	9/7/2026	10/26/2026
Dispensary Tech II	30	11/2/2026	12/21/2026

Open entry classes are indicated with an asterik (*)

Students may join these classes any time between the first-class date and the "close registration" date.

Career Development / Licensure & Certification

Credential Boosters

These classes are designed to help you get your program aligned with Maryland EXCELS and to help you reach higher Maryland Child Care Credential levels. Credential Boosters are classes that are identified by Maryland State Department of Education (MSDE) in the staff credential modifications for levels 2, 3, and 4.

- You can complete online Credential Boosters at your own pace, with instructor guidance; courses are 2, 3, or 5 hours.
- Course hours are listed in the course descriptions below.
- You will need access to a computer, the internet, and email to take an online Credential Boosters course.
- No refunds. No assignment deadline extensions.

For complete list of credential booster classes, please contact Christa Snyder at 301-784-5530 or casnyder@allegany.edu.

General guidelines for online classes: You will need access to a computer, the internet and Email to take these courses; sufficient computer skills are required, including using a word processing program to write and save your work on your computer. Provide your email address with your registration so we can send you log in instructions. Online classes fill up quickly, so please register early!

DEADLINE TO REGISTER – 2 weeks prior to start of each class.

REGISTRATION INFORMATION

45 Hour Course Cost: \$250

24 Hour Course Cost: \$250

22 Hour Course Cost \$230

18 Hour Course Cost \$175

9 Hour Course Cost: \$110

5 Hour Course Cost: \$80

3 Hour Course Cost: \$55

2 Hour Course Cost: \$55

2 Hour Course Cost: \$55

Career Development / Licensure & Certification

Introduction to Equine and Stable Management (PRO394)

This course introduces the principles and practices of equine care, horse handling, and stable management. Designed for students interested in careers in the equine industry or veterinary science, the course combines classroom instruction with hands-on experience in a working farm environment.



Students will develop skills in safe horse handling, daily feeding and stable management, basic hoof care, tack and equipment maintenance, and pasture and facility management. The course also emphasizes equine health and welfare, including recognizing common signs of illness or injury, evaluating overall horse condition, understanding nutritional requirements, and determining when veterinary care is needed. In addition, students will explore career pathways within the equine industry and gain practical knowledge essential for responsible horse care and stable operations.

Classroom instruction will be held in the Continuing Education Building for one hour on Mondays. Students will also participate in hands-on instruction at the Therapeutic Riding Center of Western Maryland for two hours, twice per week, on Wednesdays and Fridays gaining practical experience in a working equine environment.

9/21-11/13, MWF (24 sessions)

Mondays, 9-10AM; CE Bldg

W/F, 9-11AM; Riding Center

Instructor: Mariah Greene

Course Cost: \$500

Maryland Senior Course Cost: \$490

Limited scholarships available to Allegany County residents! (3 or more years of residency).



LIKE us on Facebook!

Search ***ACM Continuing Ed & Workforce Development*** and stay up to date with all our latest courses and events!

Career Development / Licensure & Certification

SECURITY GUARD TRAINING

Security Guard Training- Entrance Level (PRO400)

As of January 1, 2025, Security Guards in Maryland are required to be certified according to the state's legal requirements and MD Business Occupations and Professions Code § 19-412 (2024). While training has always been in place, training approved by Maryland Police Training and Standards Commission is now a requirement to apply



for the mandated Security Guard certification. This training is for Security Guards currently employed or individuals seeking employment by Maryland Security Guard Agencies or Employers and does not include certification for chemical agents, handcuffing, or firearm techniques.

This initial training is required for Maryland Security Guard Certification and is valid for three years. In service classes will be available and are required to renew the certification. Additional courses to complement certification are available such as CPR and First Aid. Please contact at asaweikis2@allegany.edu or 301-784-5069 with questions.

This initial training is 12 hours total classroom time, 6 hours each day. All course materials are included in the cost.

Training includes:

- relevant criminal law
- the appropriate use of force
- the use of alternatives to force
- the use of de-escalation techniques
- promoting appropriate interactions with individuals who are under 18 years of age; have behavioral health or other disabilities; or are in crisis.

Career Development / Licensure & Certification

Anyone who wishes to be certified as a Security Guard in Maryland, must meet, and maintain the following qualifications:

- be at least 18 years old
- meet the standards set by the Secretary
- be a current employee of or an applicant for employment with a licensed security guard agency or a security guard employer
- be of good moral character and reputation
- has not been convicted of a disqualifying crime, under § 5–101 of the Public Safety Article
- has not been convicted of a crime of violence, under § 14–101 of the Criminal Law Article
- if currently or formerly employed as a police officer, the individual has had any formal findings by a court, hearing board, or other governmental entity of unlawful or excessive use of force or of making a false statement during the individual's employment with the law enforcement agency has satisfactorily completed 12 hours of initial security training that is approved by the Maryland Police Training and Standards Commission or has been employed as a police officer in the 3 years immediately preceding the application

9/8 & 9/9, Tues & Wed (2 sessions)

or

10/6 & 10/7, Tues & Wed (2 sessions)

or

11/10 & 11/11, Tues & Wed (2 sessions)

or

12/8 & 12/9, Tues & Wed (2 sessions)

8:30AM-3:30PM

ACM: WCI Building

Instructor: SPO Sgt Sarah Todd, Authorized Security Guard Training Provider by Maryland Police and Correctional Training Commissions

Course Cost: \$255

Maryland Senior Course Cost: \$235

Limited Scholarships available to Allegany County residents! (3 or more years residency)

Career Development / Licensure & Certification

DRONE

Drone Pilot Training (VTE926)

Drone Pilot Training is an 8-week course that will provide students with the skills and knowledge needed to safely and legally operate a Small Unmanned Aerial System (sUAS) commonly referred to as a drone. Further, it will provide you with the necessary information required to pass the initial Federal Aviation Administration (FAA) Aeronautical Knowledge Examination and obtain an FAA sUAS Pilot's



certificate. Hands-on flying will enhance your knowledge by giving you the experience of flying a rotary-winged sUAS, which will be furnished for your use while participating in this course. This course focuses on the rules and regulations regarding the operation of the Unmanned Aerial Vehicles (UAVs) operating in the National Airspace under 14 C.F.R Part 107. You will learn the responsibilities of being a Remote Pilot in Command and using the methodology of Crew Resource Management, Aeronautical Decision Making, and Risk Management to conduct safe sUAS flight operations. This course also provides the students with classes on weather reports, basic aerodynamics, airspace use, reading aeronautical charts, airport operations, maintenance, emergency procedures, Certificate of Authorization and other pertinent information regarding the safe flight and operation of small unmanned aircraft. The course will include equal time in classroom as well as flying time outdoors and is open to anyone, regardless of skill level and recreational or commercial sUAS Piloting interest.

9/15-11/5, Tues & Thurs (16 sessions)

5-7PM

ACM: CE Building

Instructor: Dr. Michael Knapp

Course Cost: \$595

Maryland Senior Course Cost: \$585

\$300 scholarships available to Allegany County Residents (3 or more year residency)

Career Development / Licensure & Certification

COMMERCIAL MOTOR VEHICLE (CMV) TRAINING

Allegany College of Maryland (ACM) has partnered with Garrett College to provide Commercial Motor Vehicle (CMV) training in our region. The registered Entry-Level Driver Training (ELDT) curriculum prepares students for commercial driving through topics like pre-trip inspection, yard skills, and over-the-road training, map reading, and log books. Successful completion ELDT leads to Department of Transportation (DOT) certification through the Federal Motor Carrier Safety Administration (FMCSA) and obtaining a Commercial Driver License (CDL). Training for CDL-A (combination vehicles like tractor-trailers) is 210-hours (or 30 days) and CDL-B (heavy straight vehicles like large buses or box trucks) is 49-hours (or 6 days). ELDT will take place at Garrett College's Mountaintop Truck Driving Institute (MTDI), located in Grantsville Maryland. For upcoming schedules at MTDI, please visit Garrett College's webpage at www.garrettcollege.edu.

Prior to admittance in ELDT program, students must meet the following requirements.

- Must participate in an orientation and information session at Garrett College's MTDI.
- Must possess a valid (nonprovisional) driver's license.
- Must be 18 years of age to drive CMV within Maryland (intrastate only) or be at least 21 years old to drive CMV across state lines (interstate), or transport hazardous materials, or transport passengers.
- Must pass a U.S. Department of Transportation (DOT) physical examination which cannot expire during the ELDT period.
- Must pass a drug screening exam which must be less than sixty (60) days old and cannot expire during ELDT period.
- Must obtain a Commercial Learner's Permit (CLP) through the MDOT Motor Vehicle Administration (MVA) by passing the required CMV knowledge exam for the class of vehicle (CDL-A or CDL-B) seeking ELDT. Must pass any optional CMV endorsement knowledge exams (passenger (P), school bus (S), or hazardous (H) and have added to your CLP prior to EDLT.
- Must be able to communicate in the English language sufficiently, as required by the DOT.
- Must have a High School Diploma or equivalent.
- Must take the Tests of Adult Basic Education (TABE) standardized diagnostic assessment.
- Must maintain a 75% average on quizzes and tests in each class and meet attendance requirements to progress to the next course.

For more information about the Commercial Motor Vehicle (CMV) training partnership with Garrett College and the availability of scholarships, please call David Smarik, at 301-784-5077 or email dsmarik@allegany.edu.

Career Development / Licensure & Certification

Flagger Certification (PRO724)

The flagger's role is to protect project personnel and provide safe, courteous, and authoritative directions to traffic seeking passage through the work area. To work as a flagger in Maryland, you must complete a state-approved flagger training course. This course will teach students standard flagger control references, proper flagging signals procedures, and standard flagger practices for various situations. Upon successful completion of the course, students will receive an American Traffic Safety Services Association (ATSSA) Flagger Certification card. The Maryland Department of Transportation State

Highway Administration (MDOT SHA) mandates that all flaggers carry an active, serial-numbered certification card issued by the ATSSA. The ATSSA Flagger Certification is valid for four (4) years and must be renewed prior to expiration.

For more information about scheduling flagger certification and the availability of scholarships, please call David Smarik at 301-784-5077 or email dsmarik@allegany.edu.

Instructor: Joe Farris

Course Cost: \$85

Maryland Senior Course Cost: \$80

The following course is offered in cooperation with the
Maryland Center for Environmental Training



The Maryland Center for Environmental Training (MCET) offers training at sites throughout Maryland. Training is approved by the State of Maryland for water and wastewater operator certification

renewal. MCET also provides on-site technical assistance to Maryland's communities and businesses. We help them implement operational and financial strategies to ensure that water and wastewater treatment facilities fully comply with stringent provisions of the Safe Drinking Water Act and the Clean Water Act.

Need additional course information? Call 301-934-7507

Membrane and Fluoridation Technologies (PRO308)

Membrane filtration and fluoridation technologies will be explored in this one-day course. Discussion will include an up-close look at the membrane filtration treatment methods. Membrane processes and parameters will be introduced followed by operational and maintenance techniques. The uses of membrane filters to remove fluoride will be discussed in depth. Participants will review fluoride applications and the



evaluation methods used for determining performance. The operator will also review safe handling techniques of fluoride and review how to properly store this treatment agent. Actual facilities will be topics of classroom discussion and demonstrations. *TRE 4072-07-07: All Operators - Process*

9/16, Wednesday (1 session)

8AM–4PM

ACM: CE Building

Instructor: TBD

Course Cost: \$149

Maryland Senior Course Cost: \$149

Career Development / Licensure & Certification

PEST MANAGEMENT ONLINE

In Partnership with Cecil College

Launch a career in the growing pest management industry with this comprehensive **16-week online training program**. Combining virtual classroom instruction with a valuable hands-on externship experience, this course provides the knowledge and skills needed to succeed in the field.

Topics include industry regulations and safety practices, entomology and insect identification, pesticide use and application, pest management techniques, customer service, route management, and more. Students will also complete a 40-hour externship, gaining practical, real-world experience alongside industry professionals.

Whether you are looking to enter the workforce, change careers, or expand your professional skills, this program offers a strong foundation for success in the pest management industry.

For more information, contact:

Shea Bonarigo at 301-784-5279 or sbonarigo@allegany.edu

Principles of Real Estate for Sales Agents (Pre-Licensure) (PRO161)

This course provides pre-licensure instruction in the principles and practices of real estate as required by the Maryland Real Estate Commission and COMAR regulations. Topics covered in the course are: Principles of real property; Landlord-tenant relationship; Real estate contracts; Rules of agency and listings; Transfer of title to real property; Title insurance and settlements; Fundamentals of appraising; Real estate finance; Maryland real estate law; Regulations of the Real Estate Commission; Details of the Code of Ethics; Laws and practices covering human rights and community relations; Test application; Instruction and discussion; Basic mathematics pertaining to real estate industry; Property condition disclosure; Law and regulations covering hazardous substances; and an exit exam. **Course materials included are Modern Real Estate Practice and Maryland Real Estate Practice and Law.**

Due to upcoming holiday schedules, week 12 classes will be on Mon and Tues.

9/8-12/17, Tues & Thurs (30 sessions)
(Week 12 classes will be on Mon & Tue)
6-8PM

ACM: CE Bldg

Instructor: Penni Walker

Course Cost: \$375

Maryland Senior Course Cost: \$365

Limited Scholarships available to Allegany County residents! (3 or more years residency)

Career Development / Licensure & Certification

WELDING

Shielded Metal Arc Welding

(VTE711)

This 80-hour course provides participants with a thorough understanding of Shielded Metal Arc Welding (SMAW), including welding safety, AC and DC power sources, electrode classifications/selection, metal preparation, and weldments. Participants will develop the skills needed to produce quality welds in flat, horizontal, vertical-up, and overhead positions (1G, 2G, 3G, 4G) on 3/8-inch mild steel. Instruction includes single and multiple pass welding techniques using mild steel, low-hydrogen, and iron-powder electrodes. Upon successful completion, participants will be prepared for production welding, millwright work, and general maintenance welding applications. To prepare for class, participants need: leather welding gloves, protective eyewear, welding helmet, and welding jacket. A Welding Starter Package is available for purchase and is recommended for those who do not already have the required safety equipment. Participants who already own equivalent gear are not required to purchase the package.

9/14–11/18, Mon & Wed (20 sessions)

5-9PM

Western MD Works – LaVale, MD

Instructor: Gary Taylor

Course Cost: \$1700

Maryland Senior Cost: \$1690

Welding Starter Package: \$275

Shielded Metal Arc Certification

(VTE714)

This 40-hour course is designed for experienced and trained welders preparing for certification testing in the Shielded Metal Arc Welding (SMAW) process. Participants refine skills required for successful certification testing welding 3/8-inch steel plate in 3G & 4G positions.

Training focuses on the vertical-up and overhead welding positions, with ample practice on test plates to prepare for the final certification exam. All certification testing is conducted in accordance with American Welding Society (AWS) specifications and procedures.

11/23–1/6, Mon & Wed (10 Sessions)

No class 12/21 - 12/30

5–9PM

Western MD Works – LaVale, MD

Instructor: Gary Taylor

Course Cost: \$700

Maryland Senior Cost: \$690

Certification Testing Fee: \$400 (includes vertical and overhead tests, certification documentation and ID Card)

Career Development / Licensure & Certification

MIG/TIG Welding (VTE748)

This 40-hour intermediate-level course is designed for welders with basic welding experience. Participants may enroll in this course concurrently with the Shielded Metal Arc Welding (SMAW) course if they wish to develop skills in multiple welding processes. Instruction covers welding safety, Gas Metal Arc Welding (GMAW-MIG), and Gas Tungsten Arc Welding (GTAW-TIG). Topics include metal transfer modes such as short-circuiting, globular, spray arc, and power mode, as well as the effects of various shielding gases on MIG and TIG welding processes. Hands-on training focuses on welding mild steel using edge, corner, lap, and fillet welds in multiple positions. Welding applications are limited to thin, flat materials and do not include thick plate, pipe, or irregularly shaped materials. To prepare for class, participants need: leather welding gloves, protective eyewear, a welding helmet, and a welding jacket. A Welding Starter Package is available for purchase and is recommended for those who do not already have the required safety equipment. Participants who already own equivalent gear are not required to purchase the package.

9/15–10/15, Tues & Thurs (10 sessions)
5–9PM

Western MD Works – LaVale, MD
Instructor: Harry Riggelman
Course Cost: \$1050
Maryland Senior Cost: \$1040
Welding Starter Package: \$275

MIG/TIG Certification (VTE854)

This 40-hour course is designed for experienced and trained welders preparing for certification testing in Gas Metal Arc Welding (GMAW-MIG) and Gas Tungsten Arc Welding (GTAW-TIG) processes. Participants develop and refine skills needed to successfully complete certification testing on 3/8-inch carbon steel plate in the vertical and overhead (3G & 4G) welding positions. Hands-on training includes extensive practice on test plates to prepare for the final certification exam. All certification testing is conducted by a Certified Welding Inspector (CWI) in accordance with American Welding Society (AWS) standards and procedures.

10/20–11/19 (10 sessions)

5–9PM

Western MD Works – LaVale, MD

Instructor: Harry Riggelman

Course Cost: \$600

Maryland Senior Cost: \$590

Certification Testing Fee: \$600 (includes vertical and overhead tests, certification documentation and ID Card)

****For additional information and scholarship opportunities, please contact Daniel Sincell, at 301-784-5126 or email dsincell@allegany.edu.**

Career Development / Licensure & Certification

MACHINING

Machining

This course provides training in both Manual machining and Computer Numerical Control (CNC) machine tool technology through extensive hands-on and computer-based instruction. Students will gain practical experience operating a variety of machine tools while developing the foundational skills needed in modern machining environments. The class is designed to prepare students for entry-level employment as Manual and/or CNC machinists, with opportunities for advancement in the field. Instruction is primarily hands-on, with an emphasis on real-world applications, precision, and safety practices used in industry settings. This program is structured around industry-recognized competencies and credentials, focusing on the skills required for successful employment in machining careers. For more information on NIMS please visit <https://www.nims-skills.org>.

Students will have the opportunity to earn up to 14 NIMS (National Institution of Metalworkers Skills) credentials which include:

- NIMS Machining Level 1 Measurement
- Materials & Safety
- Job Planning, Benchwork & Layout
- Drill Press I
- Milling I
- Turning I (Chucking)
- Turning I (Between Center)
- Grinding I
- Metalforming I
- CNC Mill Operations
- CNC Mill Programming, Set up & Operations
- CNC Lathe Operations
- CNC Lathe Programming, Set up & Operations
- Quality Inspection

9/21, Monday, Tuesday, Wednesday

4:30–8:30PM

Western MD Works – LaVale MD

Instructor: Robert Prosser

Course Cost: \$8,395

Maryland Senior Cost: \$8,325

****For additional information and scholarship opportunities, please contact Daniel Sincell, at 301-784-5126 or email dsincell@allegany.edu.**

Career Development / Licensure & Certification

***Employers interested in providing training opportunities for their employees for the following courses may contact
Daniel Sincell at 301-784-5126 or dsincell@allegany.edu

Mill Bootcamp (MTT110)

This 16-hour course prepares students for entry-level work in an industrial machining environment. Instruction is primarily hands-on and focuses on foundational milling operations and machine setup procedures. Topics include tramming the machine head and table and standard milling techniques (surface, side, plunge, conventional, and climb). Students also learn drilling, reaming, and tapping operations, backlash elimination, and establishing machine zero on the X, Y, and Z axes. Emphasis is placed on safe machine operation, precision, accuracy, and developing the core skills required for success in a machining or manufacturing setting.

10/3 & 10/10, Saturday (2 sessions)
 8:00AM–12:00PM
 Western MD Works – LaVale, MD
 Instructor: Robert Prosser
 Course Cost: \$255
 Maryland Senior Cost: \$245

Lathe Bootcamp (MTT111)

This 16-hour course is designed to prepare students for entry-level work in an industrial machining environment. Instruction is primarily hands-on and focuses on fundamental lathe operations and safe machine practices. Topics include the use of four-jaw chucks, turning between centers, facing, general turning operations, knurling, threading (both left- and right-hand

threads), and parting operations. Students will gain experience in setup, tool selection, and precision machining techniques used in industry settings. Emphasis is placed on accuracy, safety, and the development of core lathe skills needed for machining careers.

10/7 & 10/24, Saturday (2 sessions)
 8:00AM–12:00PM
 Western MD Works – LaVale, MD
 Instructor: Robert Prosser
 Course Cost: \$255
 Maryland Senior Cost: \$245

CAD for Machining (MTT112)

This course introduces Computer-Aided Design (CAD) principles and application in machining and manufacturing environments. Instruction is primarily hands-on and focuses on developing the skills needed to create accurate, machinist-ready drawings and 3D models. Students will learn to interpret technical prints and translate them into digital models used for machining operations. Topics include sketching, dimensioning, tolerances, part modeling, and preparing designs for manufacturing workflows. Emphasis is placed on design intent, precision, and real-world machining applications.

10/31 & 11/7, Saturday (2 sessions)
 8:00AM–12:00PM
 Western MD Works – LaVale, MD
 Instructor: Robert Prosser
 Course Cost: \$225
 Maryland Senior Cost: \$215

Career Development / Licensure & Certification

Forklift Certification (VTE400)

This course is designed to provide participants with the knowledge and skills necessary to safely and effectively operate a powered industrial forklift. Training complies with OSHA Powered Industrial Truck Operator Training Standard, 29 CFR 1910.178. Participants will engage in classroom instruction, hands-on practical training, and a final performance evaluation.

Topics include: pre-operation inspections, load handling

techniques, maneuvering and operational skills, applicable regulations, and safe operating practices. Course costs cover certification testing and requisite safety equipment (helmet and vest). Participants who successfully complete the course receive a Certificate of Training and a Wallet Certification Card.



10/24, Saturday (1 session)

8:30–4:30PM

Western MD Works – LaVale, MD

Instructor: TBD

Course Cost: \$255

Maryland Senior Cost: \$250

***Employers interested in providing training opportunities for employees may contact **Daniel Sincell** at **301-784-5126** or **dsincell@allegany.edu** to discuss customized forklift training tailored to their organization's needs, schedule, and workforce goals.

Career Development / Licensure & Certification

Backflow Prevention/Cross Connection Training and Recertification

Cohorts are being formed for the required training and education to those who alter, install or inspect potable or non-potable water supply systems. The class will be held in the fall once a minimum of six participants have enrolled. For more information on being part of the cohort please contact **Daniel Sincell** at **301-784-5126** or dsincell@allegany.edu.

OSHA 10 – General Industry

(VTE500)

This 15-hour course provides essential safety and health training designed to help workers recognize, prevent, and address workplace hazards (particularly those new to the workforce). The program includes an introduction to OSHA and details worker rights, employer responsibilities, and procedures for filing complaints. The course also addresses common workplace hazards such as slips, trips, falls, electrical hazards, and ergonomic risks. Participants learn proper identification and use of personal protective equipment (PPE), as well as hazard communication standards, including understanding chemical labels and Safety Data Sheets (SDS). The course further emphasizes safe handling of hand and power tools.

Date: TBD

Time: TBD

Western MD Works – LaVale, MD

Instructor: Terrance Steele

Course Cost: \$125

Maryland Senior Cost: \$115

OSHA 10 – Construction

(VTE501)

This 15-hour course provides foundational safety and health training for individuals entering the construction industry. Especially valuable for new workers, this course helps identification, avoidance, and prevention of common job site hazards. The program provides an overview of OSHA, including worker rights, employer responsibilities, and procedures for filing safety complaint(s). Key construction-related topics include: Fall Protection, Ladder/Scaffold Safety, Electrical Hazards, and proper use of personal protective equipment (PPE). Participants also learn hazard communication standards - how to read chemical labels and Safety Data Sheets (SDS). Additional instruction is provided on the safe operation of hand and power tools commonly used in construction settings.

Date: TBD

Time: TBD

Western MD Works – LaVale, MD

Instructor: Terrance Steele

Course Cost: \$125

Maryland Senior Cost: \$115

Career Development / Licensure & Certification

OSHA 30 – Construction Industry Outreach Training (VTE502)

This 36-hour comprehensive safety course is designed for supervisors, workers with safety responsibilities, and individuals seeking to advance into supervisory or safety-related roles within the construction industry. The program is intended for those involved in construction, demolition, renovation, and building development of all types. It provides in-depth training focusing on recognition and prevention of hazards, OSHA compliance in support of safer job sites, and stronger safety leadership.

Date: TBD

Time: TBD

Western MD Works – LaVale, MD

Instructor: Terrance Steele

Course Cost: \$225

Maryland Senior Cost: \$205

***Employers interested in providing training opportunities for employees may contact **Daniel Sincell at 301-784-5126** or **dsincell@allegany.edu** to discuss OSHA safety training tailored to their organization's needs, schedule, and workforce goals.

TRADE SCHOLARSHIP OPPORTUNITY!

The Park Place Church Women's Group Trade Scholarship award will be granted once a year in later August to mid-September to an individual who demonstrates financial need and is pursuing a welding or NIMS certification in welding, machining, industrial maintenance, or robotics. Both males and females are eligible to apply. Please note that bootcamps are not eligible for this scholarship.

Park Place Church Women's Group

c/o Shea Bonarigo,

Allegany College of Maryland Center for Continuing Education

12401 Willowbrook Road • Cumberland, MD 21502

THANK YOU, Park Place Church Women's Group

For Providing the Endowed Park Place Church Women's Group Trade Scholarship Fund

Career Development / Licensure & Certification

WESTERN MARYLAND WORKS

at ALLEGANY COLLEGE of MARYLAND

37 Lane Avenue, LaVale, Maryland 21502

Western Maryland Works is designed to give access to equipment and guidance our community may not otherwise have available. Even though the Makerspace is connected to Allegany College of Maryland, we are open to everyone interested in making and learning. There's no pressure to be perfect - just a space to learn, create, and grow at your own pace. Workshops and equipment training can be scheduled through the Makerspace Eventbrite page, where you can view upcoming Workshops, and secure Training opportunities. <https://www.eventbrite.com/d/md--cumberland/western-md-works/>



Once you have learned how to safely operate the equipment and are ready to begin creating your own projects, you can become an active member by purchasing a membership. Active members can reserve the machines they plan to use for independent project work. <https://outlook.office.com/book/WMWMakerspace@allegany.edu/> *While a membership is required to reserve and use equipment independently, you are welcome to attend workshops and training classes without purchasing a membership.

Membership Options:

- Daily Membership: \$10
- Monthly Membership: \$40
- 6-Month Membership: \$200
- 1-Year Membership: \$400



Career Development / Licensure & Certification

Digilab Hours:

Monday–Thursday 2–9PM & Saturday 10AM-6PM

The Digital Fabrication Lab (DigiLab) is a creative space where ideas become reality through digital fabrication technology. Whether you are exploring a new hobby, developing job skills, launching a small business, or creating personalized gifts, the DigiLab provides access to equipment, training, and support to help bring your ideas to life. Active Members may reserve equipment through the Makerspace booking page, allowing makers to schedule time on available machines and tools.

DigiLab Workshops/Training are designed for all skill levels. The DigiLab offers Training on all available equipment with knowledgeable technicians to help you learn file setup, machine operation, and project creation, along with project-based Workshops including golf ball printing, stain glass window clings, portrait print with mat cutting, and other custom creations. Membership is not required.

DigiLab Equipment

- **Roland Large Format Vinyl Printer** - Prints and cuts vinyl for the creation of banners, stickers, decals, custom T-shirt graphics, and window clings.
- **Boss and OMTech Laser Engravers** - Engraves wood and other materials, as well as cutting wood and cast acrylic and includes rotary engraving capabilities for cylindrical items.
- **Bambu and Ultimaker 3D Printers** - Capable of printing with PLA, PETG, and TPU materials for prototypes, models, tools, and custom projects.
- **Roland UV Printer** - Prints directly onto a wide variety of flat materials up to 13" x 30".
- **Roland BT-12 Direct-to-Garment Printer** - Prints directly onto cotton and cotton-blend fabrics with a maximum print area of 8" x 11".
- **Melco Embroidery Machine** - Capable of stitching on a variety of material thicknesses, with up to 16 thread colors in a single design.
- **Mat Cutter** - Creates professional-quality beveled or straight-edge cuts for picture frames, artwork, photographs, posters, and decorative displays.

Career Development / Licensure & Certification

Woodshop Hours:

Monday–Thursday 4–9PM & Saturday 10AM-6PM

The Woodshop is equipped with professional-grade woodworking tools. Whether you're learning a tool for the first time, need help setting up a project, or want guidance on safe and proper techniques, the knowledgeable technicians are available to assist. The CNC Router and Planer are available to active members by reservation to ensure equipment availability. All other woodshop equipment may be used by active members on a walk-in basis during regular operating hours.

Woodshop Workshops/Training are open and welcome to everyone, whether you've never stepped into a woodshop before or already have experience working with wood. The Woodshop offers Training ranging from introductory woodworking skills such as routing, woodturning, and joinery to project-based Workshops including cutting boards, rolling pins, and other custom wood creations. Membership is not required.

Woodshop Equipment

- **Axion and X-Carve Pro CNC Routers** - Computer-controlled cutting machines used to carve, engrave, and cut precise designs and shapes into wood and other materials.
- **Band Saw** - Used for straight cuts, curved cuts, and cutting irregular shapes in wood.
- **Lathe** - Spins wood while tools shape it into rounded projects such as bowls, pens, and table legs.
- **Table Router** - Used to shape edges, create decorative profiles, and cut grooves or joinery.
- **Table Saw** - Designed for making accurate straight cuts, rip cuts, and crosscuts in wood materials.
- **Drill Press** - Provides precise, consistent holes at controlled depths and angles.
- **Vertical Sander** - Used to smooth edges, surfaces, and contours on wood projects.
- **Spindle Sander** - Designed for smoothing curved edges and inside curves.
- **Drum Sander** - Used to sand large wood panels and boards to a smooth, even thickness and finish.

Career Development / Licensure & Certification

- **Horizontal Belt Sander** - Ideal for flattening surfaces, smoothing edges, and shaping wood components.
- **Planer** - Used to create boards with consistent thickness and smooth surfaces.
- **SawStop Table Saw** - Equipped with advanced safety technology that stops the blade upon contact with skin.
- **Jointer** - Used to flatten and straighten the edges and faces of boards for accurate assembly and joinery.
- **Grizzly Downdraft Sanding Table** - With built-in dust collection designed to improve air quality while sanding.
- **Miter Saw** - Used to make accurate crosscuts and angled cuts for trim work, framing, and woodworking projects.



If you'd like to learn more about the Makerspace, **Will Baxter** and **Sue Hartman** are available to answer your questions and help you get started.

Will: wbaxter12073@allegany.edu • 301-784-5681

Sue: shartman1510@allegany.edu • 301-784-5236



EDUCATIONAL COURSES FOR K-12 TEACHERS

Solving Classroom Discipline Problems

Why do some teachers enjoy peaceful, orderly classrooms while other teachers face daily discipline battles? The answer is that many teachers have not been taught the secrets to solving discipline problems. This course reveals those secrets and presents a step-by-step approach to effective, positive classroom discipline. Teachers continually rate this course one of the most valuable they have ever taken.



Online Course
Start dates: 9/16, 10/14, 11/11, 12/16, 1/13
6 weeks in length
Instructor: Annemarie Thompson
Course Cost: \$140
Allegany County
Educator Course Cost: \$130
Call (301)784-5069 or visit
www.ed2go.com/acps

Guided Reading: Strategies for the Differentiated Classroom

Mixed in the right proportion, differentiated instruction will help you build a balanced literary framework that gets results with even the most challenged learners.



In this course, you will learn differentiated instruction tactics that will help you understand how your students learn. When you apply those tactics within the guided reading framework, which helps you lead students through new ways of approaching text, great things start

to happen. The result is a classroom full of students who can negotiate increasingly challenging texts with unprecedented fluency.

This course is critical for modern educators, who often must teach on the run with limited resources and unlimited demands on their time. Get ready to reach your readers with ease in no time flat!

Online Course
Start dates: 9/16, 10/14, 11/11, 12/16, 1/13
6 weeks in length
Instructor: Audrey Cass
Course Cost: \$140
Allegany County
Educator Course Cost: \$130
Call (301)784-5069 or visit
www.ed2go.com/acps

Leadership

Leadership skills can help you gain the respect and admiration of others, while also allowing you to enjoy success in your career and more control over your destiny. Contrary to popular belief, leadership skills can be learned and developed. Even if you don't hold a leadership position, this course will teach you how to use the principles of great leaders to achieve success in almost every aspect of your daily life.



Online Course
Start dates: 9/16, 10/14, 11/11, 12/16, 1/13
6 weeks in length
Instructor: Patricia Addesso
Course Cost: \$140
Allegany County
Educator Course Cost: \$130
Call (301)784-5069 or visit
www.ed2go.com/acps

Computer Technology / Online Learning

The Creative Classroom

Creativity will abound in your classroom as you tap your students' hidden talents. Learn how to use creativity to teach reading, writing, visual arts, performing arts, social studies, science, mathematics, and physical and health education. Develop creative new approaches to field trips, learning labs, activities, exercises, assignments, and evaluation methods. Think beyond the textbook and challenge your students by making your classroom a creative classroom!



Online Course

Start dates: 9/16, 10/14, 11/11, 12/16, 1/13

6 weeks in length

Instructor: Robin Sellers

Course Cost: \$140

Allegany County

Educator Course Cost: \$130

Call (301)784-5069 or visit

www.ed2go.com/acps

Creating the Inclusive Classroom: Strategies for Success

Get the training you need to reach the diverse mix of students you face every day.



You will learn proven strategies for inclusion that turn diversity into opportunity. With a mix of students who have learning disabilities, neurobiological disorders, and physical challenges, the modern classroom requires an efficient and effective teacher who can prioritize under tight deadlines and be creative on demand.

In this course, you will discover how students with special needs can become a part of the mainstream. You will learn to see the inclusive classroom as a home for these students, exploring how all students can benefit from an adaptive learning environment. You will examine how each child learns and what you can do to help them develop new strengths. You'll gain a deeper understanding of the opportunities offered by inclusion and how to build collaborative partnerships with the special educator and classroom aides. Above all, you'll discover creative, low-budget strategies for turning your inclusive classroom into a nurturing, supportive learning environment that helps every student!

Online Course

Start dates: 9/16, 10/14, 11/11, 12/16, 1/13

6 weeks in length

Instructor: Ellen Arnold

Course Cost: \$140

Allegany County

Educator Course Cost: \$130

Call (301)784-5069 or visit

www.ed2go.com/acps



Computer Technology / Online Learning

COMPUTER APPLICATIONS

Introduction to Microsoft Word 2019

Across all industries, the ability to create documents in a word processor is essential in day-to-day functions. From writing reports to knowing how to use Microsoft Word, the most widely-used word processing program, adds an important skill set to your professional profile.



This course will introduce you to the 2019 version of Microsoft Word. You will learn the basics of Word 2019 needed to write and edit text and to create, format, and organize documents. By the time you're done with these hands-on activities, you will be able to use Word confidently at home or on the job.

Online Course

Start dates: 9/16, 10/14, 11/11, 12/16, 1/13

6 weeks in length

Instructor: Wallace Wang

Course Cost: \$160

Maryland Senior Course Cost: \$150

Call (301)784-5069 or visit

www.ed2go.com/allegany

Introduction to Microsoft Excel 365

In this course, you will gain a strong foundation in Microsoft Excel 365, equipping you with the skills to confidently navigate Excel's features. Whether organizing data, creating professional spreadsheets, or generating insightful visualizations, this introduction to Excel course will provide the tools and techniques to maximize your efficiency with this industry-leading spreadsheet software program. By the end of this introduction to Excel course, you will have a solid understanding of Excel's core features and advanced capabilities. Hands-on practice and real-world examples boost your ability to successfully learn Excel online and enable you to tackle various tasks confidently. Get ready to unlock the potential of Excel and elevate your productivity!

Online Course

Start dates: 9/16, 10/14, 11/11, 12/16, 1/13

6 weeks in length

Instructor: Chad Wambolt

Course Cost: \$160

Maryland Senior Course Cost: \$150

Call (301)784-5069 or visit

www.ed2go.com/allegany



Computer Technology / Online Learning

SPECIAL INTEREST COURSES

QuickBooks Online Series

QuickBooks continues to be the dominant accounting software used by small and medium-sized businesses.

Today more than ever, the cloud-based QuickBooks Online is quickly replacing desktop

accounting software versions due to its accessibility and flexibility. This course series will teach you how to manage your business financials using QuickBooks Online.

The Introduction to QuickBooks Online course focuses on key features of QuickBooks Online, so you can gain hands-on experience creating invoices, receipts, and statements; track payables, inventory, and receivables; generating reports; and more. The Intermediate QuickBooks Online course builds upon the skills learned in the Introduction to QuickBooks Online course. You will how to set up your accounts for different types of businesses, enter budgets, and how



to track situations in which the owner uses or invests company funds.

Series bundles are not eligible for partial drops or refunds. Transfers to other open sessions of the same course are available. Please refer to your school for additional details regarding drops, transfers, and refunds on Series bundles.

Online Course

Start dates: 9/16, 10/14, 11/11, 12/16, 1/13

Two courses, each 6 weeks in length

Instructor: Sherida Habersham

Course Cost: \$260

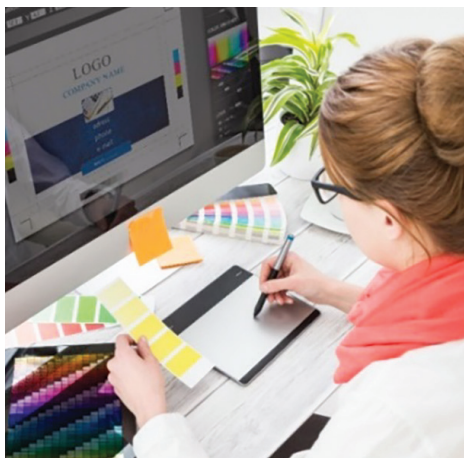
Maryland Senior Course Cost: \$250

Call (301)784-5069 or visit
www.ed2go.com/allegany

Computer Technology / Online Learning

Introduction to Photoshop CC

Photoshop is the world's most popular photo editing program. Artists, photographers, designers, and hobbyists all rely on Adobe Photoshop for image creation and editing. The Introduction to Photoshop CC course provides meticulous instructions that will teach you how to use Photoshop Creative Cloud with confidence.



Photoshop Creative Cloud has many impressive new features, and you will encounter many throughout this Photoshop course. You will be editing your own photographs to get rid of dust and scratches, fix the color, and correct image exposure. As you explore the fundamentals of Adobe Photoshop, you will learn how to colorize parts of an image and create simple digital paintings. You will master techniques for switching the backgrounds on images and removing wrinkles and blemishes from photos, just like they do in magazines.

You will also learn about the content-aware Move tools that let you

simultaneously move things, like selected content or layers on an image, and intelligently replace the "hole" left behind. By the time you finish this fun, hands-on, project-oriented Photoshop introduction course, you will be well on your way to expressing yourself with the most exciting graphics program ever developed.

Online Course

Start dates: 9/16, 10/14, 11/11, 12/16, 1/13
6 weeks in length

Instructor: Beverly Richards Schulz

Course Cost: \$140

Maryland Senior Course Cost: \$130

**Call (301)784-5069 or visit
www.ed2go.com/allegany**

Computer Technology / Online Learning

Creating WordPress Websites

Learn how to create attractive, sophisticated blogs and websites—without any coding! WordPress is the world's most popular content management system, powering more than 40 percent of all sites on the Internet. WordPress is an easy-to-use solution that will help you put your site on the web in far less time than by coding, and at a much lower cost than hiring a professional.



Online Course

Start dates: 9/16, 10/14, 11/11, 12/16, 1/13
6 weeks in length
Instructor: Richard Mansfield
Course Cost: \$140
Maryland Senior Course Cost: \$130
Call (301)784-5069 or visit
www.ed2go.com/allegany

Introduction to JavaScript

You may already know how to use HTML and CSS to create websites. If so, you're ready to add more power to your programming with JavaScript. This programming language lets you add interactivity to your pages by creating features such as buttons, picture carousels, and collapsible panels to your web pages. The course begins with the basics of JavaScript code and then moves on to more advanced topics. Throughout the course, you'll get plenty of hands-on practice to give you the experience you need to really understand how JavaScript works. Additionally, since no JavaScript course would be complete without a discussion of jQuery, you'll learn about it as well.



By the end of the course, you'll understand how to use jQuery to catapult your basic JavaScript knowledge to incredible new heights. This course assumes you already know HTML and CSS. JavaScript is always used with these two programming languages, not as an alternative to them.

Online Course

Start dates: 9/16, 10/14, 11/11, 12/16, 1/13
6 weeks in length
Instructor: Alan Simpson
Course Cost: \$140
Maryland Senior Course Cost: \$130
Call (301)784-5069 or visit
www.ed2go.com/allegany

Computer Technology / Online Learning

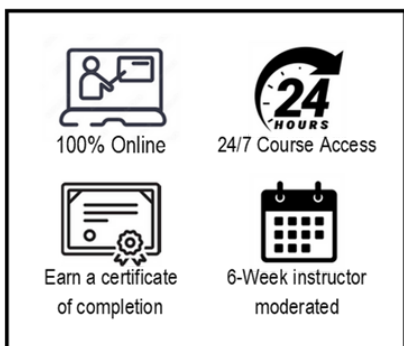
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ACM's ed2go courses provide a convenient and flexible way to develop new skills, advance your career, or enhance existing talents—all from the comfort of your home or office. Whether you're looking to start a new career, further your current expertise, or pursue a personal interest, our six-week project-based courses are designed to meet your needs.

To get started, all you need is a reliable internet connection, an email account, and a web browser. Our online platform is accessible from virtually anywhere, enabling you to learn and grow professionally or personally at your own pace.

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- Beginning Writer's Workshop
- Building Teams That Work
- Computer Skills for the Workplace
- Conversational Japanese
- Creating Web Pages
- Fundamentals for Supervision and Management
- Getting Started with Google Workspace
- Grammar Refresher
- How to Get Started in Game Development
- Instant Italian
- Introduction to Artificial Intelligence
- Introduction to PC Troubleshooting
- Introduction to Quickbooks Online
- Introduction to SQL
- Mastering Public Speaking
- Project Management Fundamentals
- Real Estate Investing
- Resume Writing
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Computer Technology / Online Learning



ONLINE CAREER TRAINING

Payroll Practice and Management - 100 hours

Learn the basics of payroll and prepare to take the Fundamental Payroll Certification exam, developed by PayrollOrg, the most widely recognized payroll organization in the U.S.

CompTIA Network + Certification - 110 hours

This course will prepare you for a career as a network technician and qualify you to take the CompTIA Network+ certification exam (N10-009). You will master a variety of networking concepts and gain a fundamental knowledge of network design, security, cloud computing, and routing and switching.

Optician Certification Training - 150 hours

Master the skills you need for a successful career as an optician and prepare yourself to take the ABO certification exam and NCLE exam.

Certified Bookkeeper - 140 hours

This course is designed for a bookkeeper looking to formalize their education with an in-demand certification. You will get a high-level review of basic accounting concepts to prepare you to sit for and pass all four exams for the AIPB Certified Bookkeeper certification.

Event Management and Design - 120 hours

This comprehensive event planning course provides valuable industry insights and tools necessary for pursuing a rewarding event planning and design career or establishing your own special event business.

Certified Wedding Planner - 340 hours

This comprehensive course covers everything an aspiring wedding planner needs to know to get started in the business. Whether you plan on working part-time or full-time, this course will provide all the knowledge you need to work as a professional wedding planner or start your wedding planning business.

Profession Grant Writing - 90 hours

This course is designed to provide you with the skills to become a professional grant writer while also preparing you for the Grant Professional Certified (GPC) exam.

AutoCAD Basics - 60 hours

This AutoCAD Basics course will introduce you to the fundamentals of using AutoCAD for Computer-Aided Design (CAD). Create drafting symbols, kitchen and bath fixtures, a floor plan, and bring everything together on a deliverable printed sheet.

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Computer Technology / Online Learning



IT CENTER OF EXCELLENCE

WESTERN MARYLAND

COMMUNITY TECHNOLOGY COURSES: EMERGING TECHNOLOGY & DIGITAL SKILLS

Technology for Everyday Life Series

Build confidence in today's digital world. This hands-on series helps participants develop practical technology skills needed for everyday life, work, and communication. Participants will learn how to use computers and mobile devices, stay safe online, explore digital tools, and discover how emerging technologies such as Artificial Intelligence (AI) are changing the way we live and work. No prior technology experience is required.

Who Should Attend:

Adults, job seekers, lifelong learners, older adults, and anyone interested in improving their digital skills.

***ALL CLASSES**
Location: Tech Bldg.
5:30-7:00 PM

Series One: Computers Made Simple (ITC620)

Gain confidence using a computer for everyday tasks. Participants will learn how to navigate the desktop, manage files and folders, use common applications, access settings, and understand basic computer functions.

September 10, 17, 24, Thursdays (3 Sessions)

Series Two: Staying Safe Online (ITC621)

Learn how to safely navigate today's online world. Topics include recognizing scams and phishing attempts, creating secure passwords, protecting personal information, and safely using websites, email, and social media.

October 1, 18, 15, Thursdays (3 Sessions)

Series Three: Understanding AI & Avoiding Scams (ITC622)

Explore the exciting world of Artificial Intelligence. Participants will learn what AI is, how it is being used in everyday life, and how to use popular AI tools responsibly and effectively for work, learning, and personal productivity.

October 22, 29, November 3, Tuesday/Thursday (3 Sessions)

ALL CLASSES ARE FREE TO ATTEND – REGISTRATION REQUIRED

Please call **301-784-5341** to reserve your spot.

Computer Technology / Online Learning



Virtual Reality Exploration: Discover, Learn, Experience

Experience the power of Virtual Reality (VR) through hands-on exploration using ClassVR headsets. Participants will visit virtual environments, explore career pathways, experience simulations, and discover how VR is being used in education, workforce training, healthcare, and industry. No prior experience is required.

Who Should Attend:

Community members, educators, parents, students, job seekers, and anyone interested in emerging technologies.

Format: In-Person, Hands-On Experience

Cost: No Cost (supported through the Educational Design Lab Grant)

Class Size: Small-group sessions with limited enrollment.

Schedule: Offered throughout the semester based on participant interest.

ALL CLASSES ARE FREE TO ATTEND – REGISTRATION REQUIRED

Please call **301-784-5341** to reserve your spot.

Computer Technology / Online Learning

Technology & Cybersecurity Workforce Training Pathways

Prepare for or expand careers in information technology, cloud computing, networking, and cybersecurity through industry-recognized training programs. These workforce-focused courses provide participants with the technical skills and certification preparation needed to enter or advance in high-demand technology careers.



CompTIA Network+ Certification Preparation (ITC106)

Develop the networking skills required to support today's connected workplaces. Participants will learn networking concepts, infrastructure, cloud technologies, security fundamentals, troubleshooting techniques, and network operations while preparing for the CompTIA Network+ certification exam.

Credential Preparation: CompTIA Network+

Who Should Attend:

Entry-level IT professionals, help desk technicians, career changers, and individuals pursuing a technology career.

Funding Assistance Available for Eligible Participants

In-person: 9/14-9/18, Mon. - Fri. (5 sessions)

AWS Cloud Practitioner Certification Preparation (ITC106)

Gain a foundational understanding of cloud computing and prepare for the AWS Certified Cloud Practitioner certification. Participants will explore cloud concepts, AWS services, security, pricing, architecture, and the growing role of cloud technologies across industries.

Credential Preparation: AWS Certified Cloud Practitioner

Who Should Attend:

Individuals interested in cloud computing, technology professionals, career changers, and workforce development participants.

Funding Assistance Available for Eligible Participants

Online: 8/26, Wednesday (1 session)



Computer Technology / Online Learning

Security Operations Center (SOC) Operations Analyst Certification

Fast-track your career in cybersecurity through Allegany College of Maryland's Cyber Workforce Accelerator Program.

Cybersecurity professionals play a critical role in protecting organizations from cyberattacks, data breaches, ransomware, and other digital threats. As businesses, government agencies, healthcare providers, and educational institutions increasingly rely on technology, the demand for skilled cybersecurity professionals continues to grow.

This training prepares participants for entry-level Security Operations Center (SOC) Analyst roles by providing hands-on instruction in cybersecurity monitoring, threat detection, incident response, and security operations. Participants will gain foundational knowledge and practical skills needed to begin a career in cybersecurity and prepare for industry-recognized certification.

Length: 48 Hours (plus certification exam)

Format: Online Training

Schedule: Offered throughout the Fall and Spring semesters

Cost: No Cost to Eligible Participants (limited grant-funded seats available)

Credential Earned: SOC Operations Analyst Certification

Ideal for:

- Career changers
- Job seekers
- Recent graduates
- IT professionals seeking cybersecurity skills
- Individuals interested in entering the cybersecurity workforce

Technology Workforce Scholarships Available

Eligible participants may qualify for tuition assistance through workforce development initiatives, including Maryland's EARN Program and other grant-funded opportunities.

Funding may be available for:

- CompTIA Network+
- AWS Cloud Practitioner
- Cybersecurity Training
- Additional technology workforce credentials

Eligibility requirements apply.

Please contact **Melanie Chapman** at **301-784-5434** or **mchapman@allegany.edu** for more details.



HEALTH PROFESSIONS PRE-LICENSURE AND SHARED COURSES

Certified Nursing Assistant (CHE483)

The Certified Nursing Assistant Program provides students with essential classroom theory and clinical skills to assist nurses in delivering effective patient care across the lifespan. The course provides a comprehensive foundation of knowledge and skills, including growth and development throughout the lifespan, basic personal care, vital signs, communication and interpersonal skills, nutrition, medical asepsis, legal and ethical responsibilities, safe and efficient work practices, and medical terminology.

Successful completion of the course qualifies the student to apply for state certification and sit for the National Nurse Aide Assessment Program exam. Students will be able to seek employment in long-term care facilities and hospital settings.

Before registering for the Certified Nursing Assistant program, prospective students must meet with the program coordinator during one of the following information sessions:

- ▶ Session 1 Tuesday, August 11, 11AM-12:00PM
- ▶ Session 2 Tuesday, August 18, 4-5PM
- ▶ Session 3 Thursday, August 27, 5-6PM

If you cannot make these sessions, please get in touch with the program coordinator, Clare Buckle, at 301-784-5529 or cbuckle@allegany.edu.

9/21–11/5, MTWTH (28 Sessions)

6-9:15PM

Instructor: Brenda Castle

ACM: CE4 & CE15

Course Cost: \$1,422

Maryland Senior Course Cost: \$1,417

Course cost includes material fees, criminal records history check, CE registration fee, and record retention fee. Books are not included in the course cost.

Registration Deadline: Friday, September 11, 2026

Health and Human Service Professionals

Certified Nursing Assistant Clinical (CHE484)

Date: 11/9-11/20, Mondays (10 Sessions)

Time: 2:00PM-7PM

Instructor: Autumn Nicol

Location: Off-site, long-term care facility

Course Cost: \$678

Maryland Senior Course Cost: \$673

Course Cost includes the CE registration, Maryland Board of Nursing (MBON) certification fee, and the NNAAP Exam Fee.

MASSAGE THERAPY

LICENSED MASSAGE THERAPIST RENEWAL CLASS

To renew a massage therapy license in the State of Maryland, a therapist must complete 24 hours of continuing education (CE) credits every two years. Within those 24 CE hours are eight hours of mandatory coursework: 3 hours in Communicable Diseases (including HIV/AIDS); 2 hours in Cultural Competency, Diversity, or Implicit Bias; and 3 hours in Ethics or Jurisprudence. The remaining 16 hours are elective CE pertaining to the human anatomy which may be obtained through online courses and/or massage therapy conferences.

** Course approved by the Maryland Board of Massage Therapists.

Course Covers:

- **Communicable Disease** Considerations for Massage Therapists (8:30–11:30AM)
Participants will learn concerns for massage therapists regarding major communicable diseases and review guidelines for protecting their own health.
- **Cultural Competency & Diversity** Insights for Massage Therapists (12–2PM)
Participants will increase their awareness of potential client concerns and discuss how to be more responsive to specific issues that help increase client satisfaction.
- **Ethical Challenges** to Professional Massage Therapy (2–5PM) Participants will examine various case studies focusing on professional ethics and discuss their implications regarding their institutional and/or own personal practice. [Please note: A one-hour course in Implicit Bias and Structural Racism is required for your first renewal after initial licensure, and that course counts toward your continuing education hours. A list of approved training programs is maintained by the State of Maryland/ Minority Health and Health Disparities Department (MHHD) and is provided online: <https://health.maryland.gov/mhhd/Pages/Implicit-Bias-Resources.aspx>]

10/9, Friday (1 session)

OR

10/17, Saturday (1 session)

8:30AM-5PM

ACM: CE Bldg

Instructor: Brian Richmond

Course Cost: \$100

Maryland Senior Course Cost: \$95

Health and Human Service Professionals

PHARMACY TECHNICIAN CERTIFICATION

Pharmacy Technician 101

(CHE323/CHE343)

This course will cover the knowledge areas and skills required for and tested on the Maryland registry exam. Students will learn about drug classifications, generic and brand-name drugs, dosage calculations, and state and federal laws governing pharmacy work. The student will work with analytical balances and compounding equipment, preparing them for clinical applications. A variety of measurement systems will be covered in the course, as students will need to apply conversions properly.

Before registering for the Pharmacy Technician program, prospective students must meet with the program coordinator during one of the following information sessions:

- ▶ Session 1 Thursday, July 16, 11AM-12PM
- ▶ Session 2 Thursday, July 23, 4-5PM
- ▶ Session 3 Thursday, July 30, 5-6PM

If you cannot make these sessions, please get in touch with the program coordinator, Clare Buckle, at 301-784-5529 or cbuckle@allegany.edu.

8/17-12/2, MTW (47 Sessions)

3-5:00PM

Instructor: Krista Barry

Location: CE15

Course Cost: \$921

Maryland Senior Course Cost: \$916

Pharmacy Technician 102 (CHE324)

This lecture lab course will reinforce students' clinical internship experiences. Students must complete both this lecture and the corresponding lab/ internship to earn their Pharmacy Technician Certificate and to apply for MD registration.

8/18-12/1, Tuesday (15 Sessions)

5-6:00PM

Instructor: Krista Barry

Location: CE4

Course Cost: \$303

Maryland Senior Course Cost: \$298

Pharmacy Technician Clinical

Internship (CHE325/CHE326/ CHE328)

Students will spend 15 to 18 hours each week for a total of 180 hours in a retail pharmacy, hospital pharmacy, or institutional pharmaceutical setting, receiving practice as a Pharmacy Technician under the supervision of a registered pharmacist. Times will vary based on facility needs. To successfully pass this course, students must earn a grade of C or better and meet the college's academic standards. Instructor consent is required to take this course.

Time: TBD by pharmacy site and student

Location: Various pharmacy sites as determined by the instructor

Instructor: Krista Barry

Course Cost: \$580

Maryland Senior Cost: \$575

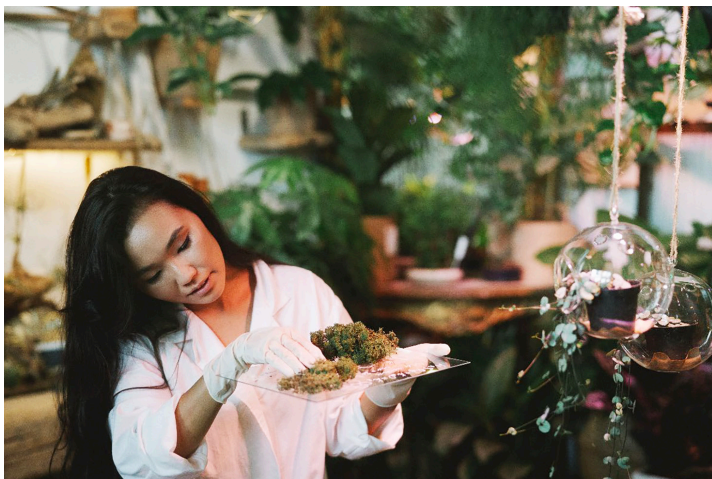
Course cost included the CE registration fee and record retention fee.

Registration Deadline: Monday, August 10, 2026

Health and Human Service Professionals

CANNABIS PATHWAY PROGRAM

Are you interested in wellness and enjoy providing excellent customer service? If so, you might consider a career in the rapidly growing cannabis industry. In this course, you will receive a comprehensive overview of the cannabis industry, along with the professional skills and responsibilities involved in daily operations. The curriculum includes an introduction to Maryland Cannabis Law and the MCA Regulatory Framework, as well as responsible vendor obligations and agent registry requirements.



You will learn about dispensary operations, including policies, procedures, and facility standards, as well as product knowledge covering flower, concentrates, edibles, and topicals. The course will also address dosing, potency, consumer safety education, seed-to-sale tracking, and Metrc compliance. Essential topics will include age verification, ID checking, diversion prevention, inventory management, and chain of custody. Emphasis will be placed on customer service and consultation best practices, recognizing and responding to impairment, and workplace safety, including OSHA standards and incident reporting. Additionally, you will explore social equity, community impact, ethical cannabis commerce, security protocols, loss prevention, and surveillance systems. Finally, the course will cover cash handling, POS systems, regulatory transaction records, and conclude with a compliance review and the integration of workforce readiness. Allowing students to be well prepared for a career in the cannabis industry!

Before registering for the Cannabis Pathways Program, prospective students must meet with the program coordinator, Clare Buckle, at 301-784-5529 or cbuckle@allegany.edu.

Health and Human Service Professionals

MEDICINE AIDE CERTIFICATION AND RENEWAL

Medicine Aide Certification (CHE659/CHE660)

This course is designed to prepare nursing home aides for the safe preparation, administration, and documentation of non-parenteral medications. The curriculum covers various medications, their dosages, and potential side effects. Please note that a minimum enrollment is required for this class to take place. The Maryland Board of Nursing has approved this course.

Before registering for Medicine Aide Certification, prospective students must meet with the program coordinator, Clare Buckle, at 301-784-5529 or cbuckle@allegany.edu.

Students must meet the following prerequisites:

- Be currently employed in a Maryland skilled care or intermediate care facility and have at least two years of full-time work experience as a Certified Nursing Assistant in a licensed facility.
- Be currently employed and have at least 1 year of full-time work experience as a CNA in a licensed facility.
- Provide written evidence of employment status from the Director of Nursing and/or Administrator of the employing agency, and a letter from the Director of Nursing recommending the participant for the class.
- Demonstrate achievement of a standardized test assessing reading and mathematical skills.
- A completed physical exam form and a copy of the employer background check, including a drug screen, will be required before beginning clinical. If the employer is unable to provide this documentation, a background check and drug screen must be completed; the fees for these services are not a part of the course cost.

Included 38 hours of lecture and 36 hours of clinical experience for a total of 75 clock hours. This course is limited to 8 students. Determination of successful completion is at the instructor's sole discretion.

9/2 -10/19, Mon & Wed (13 sessions)

5–8PM

Instructor: Debra Savage, RN

ACM: CE Bldg

Course Cost: \$450

Maryland Senior Course Cost: \$445

Clinical (CHE660)

10/21- 11/16, Mon & Wed (12 Sessions)

6:30-9:30PM

Instructor: Debra Savage, RN

Course Cost \$300

Maryland Senior Course Cost: \$295

Health and Human Service Professionals

Medicine Aide Update (CHE433)

This course fulfills the recertification requirements for medicine aides in the State of Maryland. To complete the course, students must attend all sessions and achieve a minimum score of 80% on the written final exam. Additionally, students must provide a letter from a long-term care facility verifying their employment and proof of licensure from the Maryland Board of Nursing (MBON) to be eligible for the class. The Maryland Board of Nursing approves this course.

11/10-11/24, Tuesday (3 sessions)

5-8PM

Instructor: Debra Savage, RN

ACM: CE Bldg

Course Cost: \$115

Maryland Senior Course Cost: \$110

Basic Phlebotomy Procedures (CHE388)

This course is designed to train Allied Health students and practicing professionals in the skills necessary to ensure proper blood specimen collection. Participants will learn the techniques necessary to obtain a quality specimen for use in a laboratory setting or point-of-care testing environment. Must have an active CNA, LPN, RN, RT, Radiology Technician, or other qualified healthcare certification. This course, as described above, is for continuing education only. No college credit will be received.



8/17-9/14, Monday (5 sessions)

OR

8/19-9/9, Wednesday (4 sessions)

1:30-5:30PM

Instructor: Senka, S

Emeric, H

ACM: AH251

Cost: \$220 (includes lab fee)

Maryland Senior Cost: \$215

For more information, please contact Clare Buckle at 301-784-5529 or cbuckle@allegany.edu.

Health and Human Service Professionals

Advanced Phlebotomy Procedures (CHE834)

This course is designed to expand the initial training of allied health students and practicing professionals in the skills necessary to ensure proper blood specimen collection.



Participants will perform the techniques necessary to obtain a quality specimen for use in a laboratory setting or point-of-care testing environment.

This course will concentrate on the management of difficult collection situations and on the collection of specialized situations/tests.

Must have an active CNA, LPN, RN, RT, Radiology Technician, or other qualified healthcare certification.

Should be enrolled in a healthcare program or be an experienced healthcare professional. **This course, as described above, is for continuing education only. No college credit will be awarded.**

9/16-12/2

3:30-6PM

Instructor: Senka S

Emeric, H

ACM: AH251

Cost: \$360 (includes lab fee)

Maryland Senior Cost: \$355

For more information, please contact Clare Buckle at cbuckle@allegany.edu or 301-784-5529.

Neonatal and Pediatric Phlebotomy Procedures (CHE835)

This course is designed to expand the initial training of allied health students and practicing professionals in the skills necessary to ensure proper blood specimen collection from neonatal and pediatric populations.



Participants will learn age-specific collection techniques to obtain high-quality specimens for use in laboratory settings or point-of-care testing environments.

This course will concentrate on the management of difficult pediatric collections and on the collection of specialized pediatric tests.

Must have an active CNA, LPN, RN, RT, Radiology Technician, or other qualified healthcare certification.

Should be enrolled in a healthcare program or be an experienced healthcare professional. **This course, as described above, is for continuing education only. No college credit will be awarded.**

10/19-11/9 M

3-7PM

Instructor: Senka S

Emeric, H

ACM: AH251

Cost: \$220 (includes lab fee)

Maryland Senior Cost: \$215

Health and Human Service Professionals

DENTAL

ACM is excited to partner with the Allegany/Garrett Dental Society to offer a comprehensive full-day training session. This includes 3 courses required by the Maryland State Board of Dental Examiners, all conveniently scheduled in one day!

Dental Education Day (CHE796)

8-11AM: Infection Control In The Era Emerging/Re-emerging Disease(s): What Dental Practitioners Need to Know Presented by Louis G. DePaola, DDS, MS, FAAOM, FACD, FICD Emerging and re-emerging diseases are a fact of life in the modern world. Preventing the spread of these new and/or changing infections in the dental office presents a continuous challenge for dental practitioners. New infection control guidelines have been and will continue to be instituted to ensure that the dental office is as safe as possible. Dental practitioners must be aware of evolving infection control guidelines to protect themselves and the patients they treat. In the last fifty years numerous infectious diseases have challenged the delivery of oral healthcare. In the 1980s and 1990s: the emergence of HIV/AIDS mandated significant changes in infection control practices to ensure safe treatment of patients in the dental office. In 2020, the respiratory infection COVID-19 caused by the novel coronavirus SARS-CoV-2 rapidly circumnavigated the globe, clearly illustrating the potential for a respiratory pathogen to spread very rapidly in the modern world and cause considerable morbidity and mortality. Just as alarming is the recent increase in vaccine-preventable diseases as well as STDs and TB. This program will provide dental providers with the latest information on the management of recent emerging diseases as well as COVID-19 in the dental office. Paramount to controlling this pandemic are the principles of respiratory hygiene and cough etiquette, and enhancements in respiratory protection that may need to be implemented. Emphasis will be placed on compliance issues and how a practical, cost effective "safe workplace" can be achieved. This course fulfills CDE requirements for infection control and requirements for annual OSHA training. Approved by the Maryland State Board of Dental examiners for **3 CEU's**

11-11:15AM: Break

11:15AM-12:15PM: Proper Pharmacologic Prescribing, Proper Medication Disposal, and Use of Narcan for Dental Practitioners presented by Dr. Charles Doring, DDS, MAGD (part 1) Drug addiction and the opioid crisis is a nationwide problem. The dental profession has an ethical duty and legal duty to participate in obtaining solutions to this epidemic. Until recently, 15% of all opioid prescriptions filled in the United States were written by dentists. According to data collected by the Maryland Prescription Drug Monitoring Program (PDMP) and analyzed by the University of Maryland School of Pharmacy, 1/3 of opioid prescriptions filled for 12- to 17-year-old children are written by dentists. Many of these prescriptions go unused to be later used for nonmedical purposes. According to results from the National Survey on

Health and Human Service Professionals

Drug Use and Health, among people aged 12 or older in 2020, 3.3 percent (or 9.3 million people) misused prescription pain relievers in the past year. The percentage was highest among young adults aged 18 to 25 (4.1 percent or 1.4 million people), followed by adults aged 26 or older (3.4 percent or 7.5 million people), then by adolescents aged 12 to 17 (1.6 percent or 396,000 people). The most common source for the last pain reliever they misused was from a friend or relative in some way (i.e., being given them, buying them, or taking them without asking). The COVID-19 Pandemic played a large part in increasing Substance Abuse Disorder (SUB) and decreasing availability of SUB treatment.

Approved by the Maryland State Board of Dental examiners for **2 CEU's**

12:15-1PM: Lunch Break

1-2PM: Proper Pharmacologic Prescribing, Proper Medication Disposal, and Use of Narcan for Dental Practitioners (part 2)

2-2:15PM: Break

2:15-4:15PM: Child Abuse & Neglect through Dental Awareness (P.A.N.D.A.), presented by Dr. Doring P.A.N.D.A. started in Missouri in 1992 to address the lack of child abuse reporting by dental professionals even though between 65-75% of all physical abuse involves injuries to the head, neck, and mouth. This course is designed to educate dentists, dental hygienists, dental assistants and others about the problems of child abuse and neglect, domestic violence, elder abuse and neglect, and human trafficking. This newly updated course aims to teach recognition of the indicators of abuse and neglect; to inform about the legal and ethical responsibility in reporting and referring victims; and to educate these professionals on becoming knowledgeable, and how to recognize, report and refer.

Approved by the Maryland State Board of Dental examiners for **2 CEU's**

11/20, Friday (1 session)

9AM-4:15PM

ACM: College Theatre

Instructor: Dr. Charles Doring, DDS, MAGD &

Dr. Louis DePaola, DDS, MS, FAAOM, FACD, FICD

Course Cost AGDS Member Dentist: \$109

Course Cost Non- Member Dentist: \$209

Course Cost AGDS Member Hygienist/Staff: \$99

Course Cost Non-Member Hygienist/Staff: \$119

Maryland Senior Course Cost: Save \$5

Health and Human Service Professionals

PARAMEDIC TRAINING PROGRAM

Allegany College of Maryland (ACM) has partnered with Garrett College to provide Paramedic Training in our region. Paramedics are allied health professionals whose primary focus is to provide advanced emergency medical care for critical and emergent patients who access the emergency medical system (EMS). Acting as a link from the scene to the healthcare system, paramedics function as part of the comprehensive EMS response, under medical oversight. After completing the program, students will be prepared to take the national and state certification tests to obtain their National Registered Paramedic (NRP) and Maryland Paramedic certifications.

The paramedic training program is a special admissions program; specific eligibility and admission requirements must be met before acceptance into the program. Prior to admittance, students must meet the following requirements.

- Must be 18 years of age prior to starting class and clinicals.
- Must have a High School Diploma or equivalent.
- Must be a certified Emergency Medical Technician (EMT).
- Must provide a current copy of his/her CPR certification.
- Must take an entrance exam to be administered by the training program.
- Must be in good health and submit proof of physical examination.
- Must provide two letters of reference, a professional reference and personal reference.
- Must submit to a background check and drug screening test as required by clinical training sites.
- Must attend a personal interview with Program Directors, Program Coordinators, and the Lead Instructor. This committee will have the final approval for admission to the course. Final approval will be based collectively on results of testing, satisfying requirements, and the decision of this committee's evaluation of the candidate.

About the Training Program

- Hybrid accelerated program - This program operates on a one-year cycle, with students admitted in the fall each year. Classes are held asynchronous online while meeting in person on Wednesdays from 8:00AM–5:00PM at the Career Technology Training Center.
- Traditional evening program - This program operates on a two-year cycle, with students admitted in the fall of even-numbered years. Classes are held two evenings per week from 6:30-10:45PM at the Career Technology Training Center.
- Clinical experience - A minimum of 576 hours of instruction is included in the training program, with an additional 477 clinical hours scheduled by the student outside of class.

This training program is approved by the Maryland Institute for Emergency Medical Services Systems (MIEMSS) and is accredited by the Commission on Accreditation of Allied Health Education Programs (www.caahep.org) upon the recommendation of the Committee on Accreditation of Educational Programs for the Emergency Medical Services Professions, effective September 2012 and 2017.

For more information about the Paramedic Training Program partnership with Garrett College and the availability of scholarships, please call David Smarik, at 301-784-5077 or dsmarik@allegany.edu.

Health and Human Service Professionals

ALLEGANY COLLEGE of MARYLAND'S AMERICAN HEART ASSOCIATION TRAINING CENTER OFFERS MANY COURSES EACH MONTH ON A YEAR-ROUND BASIS



Would You Know What To Do In An Emergency?

According to the Occupational Safety and Health Administration (OSHA), approximately 4 million workplace injuries and illnesses occur each year, while nearly 80 percent of sudden cardiac arrests occur outside of a hospital setting. To help address these critical safety needs, ACM's Training Center offers American Heart Association courses designed for both healthcare professionals and members of the general public. Participants who successfully complete a course receive an American Heart Association certification card that is valid for two years.

CONVENIENT SCHEDULE: ACM offers a wide selection of instructor-led and blended learning CPR/AED and First Aid courses designed to fit your schedule and learning preferences. Whether you need certification for your profession or want to gain lifesaving skills for personal preparedness, our nationally recognized training provides the knowledge and confidence to respond in an emergency. Browse the course schedule on the following pages to find the date and time that works best for you and take the first step toward becoming prepared to save a life.

GROUP TRAINING OPPORTUNITIES: Would your organization or agency benefit from private CPR/AED and/or First Aid training? ACM offers customized group training options designed to meet the specific needs of your team while ensuring high-quality, hands-on instruction. For additional information on group training opportunities and pricing, please contact David Smarik at 301-784-5077 or dsmarik@allegany.edu.

Health and Human Service Professionals

TRAINING FOR THE NON-HEALTHCARE PROFESSIONAL

Heartsaver CPR/AED First Aid – Instructor-led Classroom (CPR101)

This video-based, instructor-led course delivers high-quality training in First Aid, CPR, and AED use, preparing participants to respond confidently and effectively during medical emergencies until professional responders arrive. Heartsaver CPR/AED First Aid is designed for individuals with little or no medical training who require certification for workplace readiness, as well as for anyone who wants to be prepared to respond in emergencies at home, in the workplace, or in public settings. This course meets OSHA CRP/AED & First Aid standards. Prerequisites: None.

Choose the Date That Works Best for You

Sep 22 (Tue): 8 AM–4 PM (1 session)

Oct 6–7 (Tue–Wed): 5–9 PM (2 evening sessions)

Nov 21 (Sat): 8 AM– 4 PM (1 session)

All Sessions:

Workforce Training Building, CPR Training Center

Instructor: Certified AHA Staff

Course Cost: \$100

Maryland Senior Course Cost: \$95

Heartsaver CPR/AED First Aid – Blended Learning (CPR103)

This blended learning course delivers high-quality training in First Aid, CPR, and AED use, preparing participants to respond confidently and effectively during medical emergencies until professional responders arrive. Heartsaver CPR/AED First Aid is designed for individuals with little or no medical training who require certification for workplace readiness, as well as for anyone who wants to be prepared to respond in emergencies at home, in the workplace, or in public settings. This course meets OSHA CRP/AED & First Aid standards. Prerequisites: None.

Heartsaver CPR/AED First Aid eCourse is the online component of a blended learning course designed to provide the essential knowledge and foundational skills in First Aid, CPR, and AED use. Upon successful completion of the online portion, students are required to complete a hands-on skills session with an American Heart Association (AHA) certified instructor to receive full course completion.

Choose the Date That Works Best for You

Aug 24–Sep 3: Online

Sep 3 (Sat): 9–11AM (Hands-on, 1 session)

Oct 12–22: Online

Oct 22 (Thu): 5–7PM (Hands-on, 1 session)

Dec 7–17: Online

Dec 17 (Thu): 5–7PM (Hands-on, 1 session)

Health and Human Service Professionals

TRAINING FOR THE HEALTHCARE PROFESSIONALS

Basic Life Support Provider – Instructor-led Classroom (CPR775)

The Basic Life Support (BLS) Provider Course is a video-based, instructor-led program designed to develop essential single-rescuer and team-based life support skills for use in both prehospital and in-facility environments, with a strong emphasis on high-quality CPR and effective team dynamics. Participants are trained to rapidly recognize life-threatening emergencies, deliver high-quality chest compressions and appropriate ventilations, and initiate early use of an AED.

This course is intended for physicians, nurses, paramedics, EMTs, respiratory, physical, and occupational therapists, physician assistants, residents, medical and nursing students, aides, and other allied health personnel. Prerequisites: None.

Choose the Date That Works Best for You

Aug 20 (Thu): (1 session)

Oct 17 (Sat): (1 session)

Dec 1 (Tue): (1 session)

Dec 12 (Sat): (1 session)

All Sessions:

8AM-4PM

Workforce Training Building, CPR

Training Center

Instructor: AHA Certified Staff

Course Cost: \$100

Maryland Senior Course Cost: \$95

Basic Life Support Provider – Blended Learning (CPR785)

This blended learning course is designed to build critical single-rescuer and team-based life support skills applicable to both prehospital and in-facility settings, with a strong focus on high-quality CPR and effective team performance. Participants gain the ability to quickly recognize life-threatening emergencies, deliver high-quality chest compressions and appropriate ventilations, and promptly initiate the use of an AED in accordance with current guidelines.

This course is intended for physicians, nurses, paramedics, EMTs, respiratory, physical, and occupational therapists, physician assistants, residents, medical and nursing students, patient care aides, and other allied health professionals. Prerequisites: None.

Heartcode BLS eCourse is the online component of a blended learning course designed to provide the essential knowledge and foundational skills in CPR and AED use. Upon successful completion of the online portion, students are required to complete a hands-on skills session with an American Heart Association (AHA) certified instructor to receive full course completion.

Choose the Date That Works Best for You

Sep 16–26: Online

Sep 26 (Sat): 9–11AM (Hands-on, 1 session)

Nov 2–12: Online

Nov 12 (Thu): 5–7PM (Hands-on, 1 session)

All Sessions:

Workforce Training Building, CPR

Training Center

Instructor: AHA Certified Staff

Course Cost: \$100

Maryland Senior Course Cost: \$95

Health and Human Service Professionals

Basic Life Support Provider Renewal (CPR776)

The American Heart Association (AHA) offers a Basic Life Support (BLS) Renewal Course option for current BLS providers seeking to renew their certification and maintain their BLS Provider course completion card.

This video-based, instructor-led course features accelerated content designed for experienced providers, offering a time-efficient format while reinforcing both single-rescuer and team-based basic life support skills in prehospital and in-facility settings.



This renewal course is intended specifically for participants who hold a current, non-expired BLS Provider card. Students are required to present a valid BLS Provider card to the instructor upon arrival. Failure to provide proof of current certification may result in dismissal from the course at the instructor's discretion.

Choose the Date That Works Best for You

Sep 12 (Sat): (1 session)

Nov 3 (Tue): (1 session)

All sessions:

9AM-3PM

WorkforceTraining Building, CPRTraining Center

Instructor: AHA Certified Staff

Course Cost: \$90

Maryland Senior Course Cost: \$85

Health and Human Service Professionals



Reduce Stress and Increase Your Resilience

The **ACM Resilience Institute** houses all training programs affiliated with our long-term partner, the Center for Mind-Body Medicine (CMBM). Officially established in 2023 and supported by the Community Resilience network, the Resilience Institute offers Mind-Body Skills training throughout the community, teaching powerful, evidence-based techniques to reduce stress and promote resilience.



If you are a parent or guardian of an ACPS student, you may be eligible to participate in a **FREE Mind-Body Skills group**, which can reduce and relieve stress, increase self-awareness, and create optimal health.

Enroll in an upcoming Mind-Body Skills group to build a toolbox of practical self-regulation skills, increase awareness, build resilience, and connect with others in a supportive small group setting.

To learn more about how the Resilience Institute can support you, your organization or your employees, please contact Jessica Orndoff at 301-784-5528 or jorndoff@allegany.edu.

These initiatives are supported by the Maryland Community Health Resources Commission Consortium on Coordinated Community Supports. The views presented here are those of the grantee organization and not necessarily those of the Commission or Consortium.

Health and Human Service Professionals

Mind-Body Skills Groups (CHE264)

Learn the science behind improving coping skills, increasing resistance to disease, and creating optimal health. Practice evidence-based techniques, including: ***breathing, meditation, guided imagery, autogenics and biofeedback, nutrition and mindful eating, and self-expression in words, drawings and movement.***

The Center for Mind-Body Medicine's signature model of self-care and group support, eight-session mind-body skills groups are generally two hours per session and offered over the course of four to eight weeks. Open to adults age 18 and up.

Professional CEU's available for Addictions Counselors, Professional Counselors, Psychiatrists, Psychologists and Maryland Educators.

Mind-Body Skills Group for Parents and Guardians of School-Age Children

9/23-11/11, Wednesdays (8 sessions)

4-6PM (8 sessions)

ACM: Serenity Room (H-58)

Course Cost: **FREE** for Parents/Guardians of students enrolled in school (Pre-K through 12th grade)

Orientation by Zoom to be scheduled by instructor

If you are interested in attending a Mind-Body Skills group offered online, a future in-person group, or holding a group or informational session at your school or community location, please scan the QR code to complete a brief survey.

Mind-Body Skills Group Interest Form



Health and Human Service Professionals

HUMAN SERVICES

***** Fall 2026 Classes to be offered in hybrid format, in person as well as a select number of virtual spots - please call 301-784-5530 for more information*****

Classes are only open to specifically identified health care/human service professions (ex- Addictions, LCPC, Social Work, Psychologists)

If you have a question, please contact Christa Snyder @ 301-784-5530 to clarify. Verification of professional certification or licensure may be required.

Integrated Treatment of Co-Occurring Disorders (HSP102)

Epidemiologic and clinical studies show high rates of co-occurring substance use disorders and psychiatric disorders (CODs) among clients treated in mental health and substance use disorders treatment systems. This one-day workshop will review prevalence, types, patterns, effects and interventions for CODs. The main focus will be on treatment issues and interventions (individual, group, family, medications) to increase participants' knowledge and skills. This workshop will integrate information from research, clinical and self-help literature, and the presenter's experience in developing and managing a large continuum of COD programs in the Department of Psychiatry at the University of Pittsburgh School of Medicine.

**** 6 CEU's offered for SW, LCPC, Psychologists, Addictions and other human service professionals****

9/25, Friday (1 session)

9AM-4:15PM

ACM: CE12-14

Instructor: Dr. Dennis Daley

Course Cost: \$45

Maryland Senior Course Cost: \$40

Health and Human Service Professionals

These updated DBT courses offers fresh content, current case examples, and interactive learning activities, while also serving as an intensive review for past participants.

Dialectical Behavior Therapy (DBT) has gained increased recognition and implementation in recent years as the intervention has repeatedly demonstrated effectiveness in treating emotional dysregulation, impulsive behaviors, and suicidality. Originally developed to treat adults with symptoms of Borderline Personality Disorder, DBT has been adapted to help individuals with a variety of diagnoses and symptomology including complex mood disorders, eating disorders, substance use disorders, post-traumatic stress disorder, and adolescent suicidality. This four-part training (2 trainings in Spring '27) will provide you with a thorough introduction to DBT and will equip you with strategies you can integrate into your therapeutic practice, as appropriate, to begin offering DBT-informed care. If you have taken this course in the past, the material can serve as an intensive review with updated case examples and didactic activities.

The Nuts and Bolts of Dialectical Behavior Therapy: Theory and Etiology, Treatment Structure, and Differential Diagnosis and Assessment (HSP103)

The first session of this training will include information about the theoretical framework and structure of comprehensive DBT, the structure and goals of individual DBT sessions, the use of dialectics in DBT, and the importance of competent assessment (including suicide risk assessment) to identify treatment targets. Strategies and challenges with differential diagnosis will be discussed as well as the role of psychoeducation in treatment planning. Modes of learning will include lecture, discussion, case examples, and didactic activities designed to you help you practice DBT strategies and skills.

**** 6 CEU's offered for SW, LCPC, Psychologists, Addictions and other human service professionals****

9/16, Wednesday (1 session)

9AM-4:15PM

ACM: CE12-14

Instructor: Nina Hotkowski, LCSW

Course Cost: **FREE**

Maryland Senior Course Cost: **FREE**

Health and Human Service Professionals

Main Components of DBT in Individual Therapy:

Validation, Problem-Solving, and Dialectical Strategies (HSP104)

The second session of the DBT training will focus on the main treatment strategies in individual DBT. Specifically, this session will focus on understanding and practicing validation, behavior chain analysis, solution analysis, and dialectical strategies. Modes of learning will include lecture and discussion with an emphasis on case examples, demonstrations, and didactic activities. Participants are encouraged to bring their own case examples to consider when practicing treatment strategies.

**** 6 CEU's offered for SW, LCPC, Psychologists, Addictions and other human service professionals****

10/21, Wednesday (1 session)

9AM-4:15PM

ACM: CE12-14

Instructor: Nina Hotkowski, LCSW

Course Cost: **FREE**

Maryland Senior Course Cost: **FREE**

Understanding Intellectual/Developmental Disabilities for Behavioral Health & Law

Enforcement Professionals (HSP107)

In Maryland, 1 out of every 38 children is diagnosed with Autism and 1 out of 6 are diagnosed with some type of developmental disability. It's not a question of IF you're going to have interactions with individuals with disabilities – it's WHEN, and HOW FREQUENTLY. Through interactive exercises, scenarios and shared personal experiences, the presenters will define autism spectrum disorder and other intellectual and developmental disabilities and offer insight into the commonly effected areas (communication, sensory, social interactions and behaviors). This session will explore how characteristics and behaviors can easily be misinterpreted, while providing de-escalation strategies and suggestions for reasonable accommodations.

**** 3 CEU's offered for SW, LCPC, Psychologists, Addictions and other human service professionals****

9/9, Wednesday (1 session)

9AM-12:15PM

ACM: CE12-14

Instructor: Neal Lichter

Course Cost: **FREE**

Maryland Senior Course Cost: **FREE**

Health and Human Service Professionals

VETERINARY ASSISTANT

Are you interested in working with animals in a veterinary clinic or hospital? Are you interested in this training for your own personal enrichment? Either way, this course may be for you. The Veterinary Assistant curriculum is composed of 72 hours of classroom instruction and 22 hours of practical experience for a total training time of 94 combined hours. Students that successfully complete the following four modules are awarded a Certificate of Achievement as a veterinary assistant.



- ▶ Veterinary Assistant Training I: Outpatient Care
- ▶ Veterinary Assistant Training II: Diagnostic and Pharmacy
- ▶ Veterinary Assistant Training III: Patient Care & Treatment
- ▶ Veterinary Assistant Training IV: Surgery, Anesthesia, and Emergency Care

Audience: The Veterinary Assistant training is intended for the person that enjoys working with both animals and humans. The most successful students will be those that have: (1) the interpersonal skills needed to deal compassionately and professionally with the public, (2) a strong work ethic and ability to be where they need to be when they are supposed to be there, and (3) able to work in fast paced environment. **NOTE:** This is NOT a two-year degree program which results in the awarding of a Veterinarian Technician college diploma.

9/10-3/4, Thursday (In-class sessions/clinical hours)

5:30-8:45PM

ACM: CE20

Instructor: Lexi Taylor

Course Cost: \$1150

Senior Course Cost: \$1050

Limited Scholarships available – please contact Christa Snyder for more information at 301-784-5530 or casnyder@allegany.edu.



Personal Enrichment and Wellness

FITNESS & WELLNESS

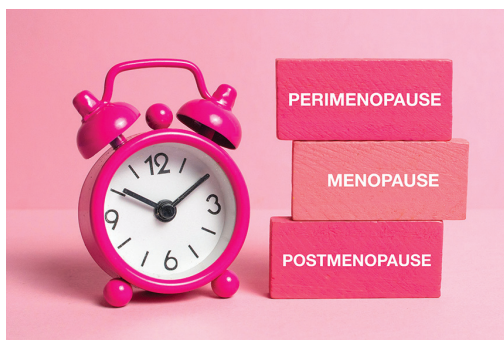
You're Not Crazy. You're in Hormonal Chaos! The Menopause Journey Explained. (C/S705)

Exhausted, foggy, anxious, and nobody can explain why? You're not alone, and you're not imagining it! This fully online course gives women 35 and over real, science-based answers about the menopause transition, from perimenopause to postmenopause, plus the tools to finally do something about it. It promises to be fun and engaging.



Instructor, LaVaughn Seepersad-Fayson is a Certified Menopause Coach and Educator with 100+ hours of dedicated menopause science training and the founder of Cheey_Geeky Menopause. She reads the research so you don't have to, and delivers it with a side of humor.

This course will be offered twice in Fall 2026.



9/15-10/6, Tuesday (4 sessions)

6-7:30PM

ONLINE

Instructor: LaVaughn Seepersad-Fayson

Course Cost: \$49 (digital companion workbook included)

Maryland Senior Course Cost: \$44

10/20-11/10, Tuesday (4 sessions)

6-7:30PM

ONLINE

Instructor: LaVaughn Seepersad-Fayson

Course Cost: \$49 (digital companion workbook included)

Maryland Senior Course Cost: \$44

Personal Enrichment and Wellness

Energy Fusion(C/S601)

Join us to HIIT it with a fun, motivating exercise session. Don't want to leave home? Zoom this cardio/strength/core class & improve your fitness!

It's counterintuitive right? Expend energy to increase your energy? Join us and see for yourself!

Exhilarating and invigorating cardio intervals use body weight and dumbbells to increase body metabolism, strength and improve mood. Get your mind set on High Intensity but Low Impact Intervals and join an amazing community of fun, energized and like-minded individuals who want to live their best life. Recent research shows that building muscle and developing strength is one of the most beneficial things you can do for your health and wellness, regardless of your fitness goals or age. Class includes warm up, intervals, resistance training, cool down and flexibility work. This class is designed to complement Thursday's Fusion Pilates class but can be taken separately. The instructor can suggest modifications for physical limitations. You will need a yoga mat, water, and 2-5 lb. Dumbbells. This class will be offered in person or online.

9/21-12/7, Monday (12 sessions)

4:45-5:45PM

ACM: Online or In person -Western Region Correctional Training Bldg., Room 102 Instructor: Phyllis Washington, AFPA Personal Trainer, Pilates Level 3 Instructor, Group Fitness and Aqua Fitness Certifications
Course Cost: \$60

Maryland Senior Course Cost: \$60

Fusion Pilates (C/S604)

Accelerate your metabolism and build essential muscle for balance, strength and flexibility. Small group resistance training with a focus on Strength, Core Work and Stretching utilizing dumbbells (light and medium), stability ball, bands and bodyweight. Join an energetic group that puts in the effort to realize the significant rewards of feeling strong, flexible and capable. Muscle strength is essential for safely navigating daily life and remaining independent as we age. If you are interested in increasing your metabolism, strength, core strength and flexibility and developing a more positive body image and mood, we will be happy to add you to the class!

This class is designed to complement Monday's ENERGY FUSION class but can be taken separately. The instructor can suggest modifications for physical limitations. You will need a yoga mat, yoga strap, water, stability ball, dumbbells and a resistance band. This class will be offered in person or online.

9/17-12/10, Thursday (12 sessions)

No class 11/26

4:45-5:45PM

ACM: Online or In person -Western Region Correctional Training Bldg., Room 102 Instructor: Phyllis Washington, AFPA Personal Trainer, Pilates Level 3 Instructor, Group Fitness and Aqua Fitness Certifications
Course Cost: \$60
Maryland Senior Course Cost: \$60

Personal Enrichment and Wellness

Beginner Flow Yoga (CHE807)

Slow-paced class using a variety of gentle stretching, strengthening, and balancing poses, along with a focus on breathing to increase circulation and reduce stress. Most classes will have a combination of meditation, breath work, and reclined/seated/standing positions.

9/28-12/7, Monday (10 sessions)

No class 11/30

9:30-10:30AM

ACM: CC Loft

Instructor: Katy Smith

Course Cost: \$75

Maryland Senior Course Cost: \$75

9/29-12/8, Tuesday (10 sessions)

No class 11/10

5:30-6:30PM

ACM: CC Loft

Instructor: Katy Smith

Course Cost: \$75

Maryland Senior Course Cost: \$75

10/1-12/10, Thursday (8 sessions)

No Class 10/22, 11/12 and 11/26

5:30-6:30PM

ACM: CC Loft

Instructor: Katy Smith

Course Cost: \$65

Maryland Senior Course Cost: \$65



INTERESTED IN TEACHING A FITNESS COURSE?

We are currently seeking an instructor for a Tuesday evening class.

If you are interested, please reach out to atomlinson@allegany.edu.

Personal Enrichment and Wellness

ARTS & CRAFTS

Create Your Own Chunky Knit Blanket (C/S702)

Join us for a fun and relaxing Chunky Knit Blanket Class! Participants will learn the basic techniques and stitches used to create a cozy hand-knit blanket. During the class, you will begin making your very own blanket to continue and enjoy at home.

No prior knitting experience is required—this class is perfect for beginners! All materials and supplies will be provided.



10/20, Tuesday
(1 session)
5:30-8:30PM
ACM: CE Bldg
Instructor: Candy Ness
Course Cost: \$69 (materials included)
Maryland Senior Course Cost: \$69
Registration Closes 10/9

NEW



Paint Your Own Interchangeable "Door Hanger" (C/S703)

Create a beautiful, personalized door hanger that can be updated throughout the year! In this fun and creative class, participants will paint a wooden base sign and one interchangeable seasonal insert. Inserts can be swapped out to match different holidays and seasons, making this a decoration you can enjoy year-round.

Prior to class, you will select the seasonal insert you would like to paint. No painting experience is necessary—our instructor will guide you through the process step-by-step.

All materials and supplies are provided. Come ready to create, have fun, and leave with a unique piece of décor for your home!

11/18, Wednesday (1 session)
6-8PM
ACM: CE Bldg
Instructor: Candy Ness
Course Cost: \$44 (materials included)
Maryland Senior Course Cost: \$44
Registration Closes 11/9

NEW



Personal Enrichment and Wellness

Pastel Painting (C/S089)

Calling all Artists! Soft Pastels give a vivid, luminous appearance, and this semester, we will focus on the master pastel artists of the past.



Instructor will demonstrate how to apply the soft pastel to the paper, how to change elements in the painting and how to remove small sections of unwanted pigment. Avoiding dust by finding papers to fit the pastel that you are using, and how to apply the pastel to limit dust. Beginning students will receive basic instruction on learning to draw and paint with artist-grade pastels and gain skills and confidence. Composition will be an important aspect. Master your fear of painting in soft pastels with demonstrations of the many pastel brands, papers, and techniques, starting with warm-up exercises and using the samples provided. The instructor will provide hands-on instruction and individualized feedback.

Students are required to provide their own supplies beginning with the first class. Supplies include a 24-count Prismacolor NuPastel Firm Pastel set (NOTE: NO OIL PASTELS - THEY ARE A COMPLETELY DIFFERENT MEDIUM), ACMI AP approved compliant to ASTM D-4236 Nontoxic standards, and Uart sanded Pastel paper (9x12, 400 grade, 10-sheet pack). There are many brands of pastel papers available but this course requires a Sanded paper. The estimated cost of supplies is \$50.

Advanced students who have previously completed beginning-level studies may choose to participate in independent studies and will be responsible for their own supplies, projects/references. Advanced students will receive individualized feedback and critique from the instructor but will work primarily independently.

Donna Housel is the instructor. She is a juried member of the Pastel Society of America. She teaches pastels throughout the region.

9/15-11/10, Tuesday (9 sessions)

3:30-5:30PM

ACM: H33

Instructor: Donna Housel

Course Cost: \$45

Maryland Senior Course Cost: \$30

Personal Enrichment and Wellness

Colored Pencil Exploration: An Adventure in a New Media (C/S144)

Explore the art of colored pencils with Instructor Donna Housel. Beginners will learn the basics of creating colored pencil art, such as shading through layering, how to use pressure of the pencil to achieve certain results, using solvents, and blenders including cheap toilet tissue. Demonstrations and guidance on how to create art with colored pencil art will be the focus. Students are required to provide their own supplies and bring them starting with the first class. Supplies include: a set of Prismacolor Colored pencils (a minimum set of 24 pencils with an estimated cost \$17 - the optional larger set is also available and contains up to 150 pencils), Stonehenge white paper (estimated cost \$17 – this paper is used because it takes many layers of colored pencil & holds up well), and a good pencil sharpener (we recommend Rapesco 64 Desk Top - estimated cost \$20 - this sharpener gives you an excellent point for fine colored pencil works).



Basic drawing skills are a plus; however, a light box will be available to save time getting the drawing ready for all members of the class to begin at the same time, when we reach the coloring phase.

Advanced students who have previously completed beginning-level studies may choose to participate in independent studies and will be responsible for their own supplies, projects/references. Advanced students will receive individualized feedback and critique from the instructor but will work primarily independently.

9/15-11/10, Tuesday (9 sessions)

6-8PM

ACM: H2

Instructor: Donna Housel

Course Cost: \$45

Maryland Senior Course Cost: \$30

Personal Enrichment and Wellness

Knitting for Beginners

(C/S171)

Learn to knit or refresh your skills! The class project will be a series of dishcloths utilizing a number of stitch patterns. Students will learn the basic stitches and how to read a pattern, and by the end of the course will be ready to launch into more complex work. Supply list: Size 7 or 8 knitting needles and cotton yarn in worsted weight, four or five balls, in your choice of colors. Patterns will be provided by the instructor.



Register early; class size limited to 8 students.

9/14-10/19, Monday (6 sessions)

5:30-7:30PM

ACM: CE Bldg

Instructor: Minou Shelton

Course Cost: \$50

Maryland Senior Course Cost: \$30



Intermediate Knitting – Mittens & Gloves

(C/S387)

Have you ever wanted to knit mittens, either for yourself or for someone special? Mittens are small, portable, and quickly made knit projects. We can then build on the skills learned for the mittens to make gloves. Wouldn't it be fun to have unique mittens and gloves next winter?



In this class, we'll talk about gauge, choosing fibers and working in the round. You will need to know how to cast on, knit, purl and bind off. Plan to bring about 500 yards of worsted-weight yarn, in wool or acrylic or a wool/acrylic blend, along with size 5, 6 AND 7, either double point needles OR two circular needles in each size OR one circular needle in a 40-inch length, in each size. Instructor will provide patterns.

11/2-11/30, Monday (5 sessions)

5:30-7:30PM

ACM: CE Bldg

Instructor: Minou Shelton

Course Cost: \$50

Maryland Senior Course Cost: \$30

Personal Enrichment and Wellness

Oil Pastel (C/S397)

All levels of expertise are welcome. We work and learn in an easy-going, positive atmosphere. Starting with the basics, we will visit different strokes, learn the differences in various pastels, learn why the levels of hardness and pigment percentages are important, to blend or not to blend. We will visit color theory and composition. Going from very simple to more complicated paintings as the 9 weeks progress.

Instructor Donna L. Godlove is an active member of the Arts Councils in the following counties: Garrett and Washington, MD, and Berkeley, WV. She is the owner-operator of Mountain Heather Studios, a member of the Maryland Pastel Society, PPAL, CPPS and the Maryland Art Council. She is a multi-award winning artist and has had solo exhibitions at the Washington County Arts Council, Allegany County Arts Council, the Fairfax Coffee House Gallery, and the Culinaire Cafe.

Needed supplies: Brand of choice Oil pastels - at least 24 colors.

(Recommended: Mungyo soft oil pastels for artists (black box only) or Van Gogh or any semi soft brand of oil pastels. **Not recommended** Sennelier or Holbein professional: they are much too soft for beginners); Arches oil paper – at least 9x12 tablet; or Sennelier Oil Pastel paper; A tablet of 140-pound hot pressed watercolor paper. Other papers will be made available at cost, Solid Paper Stumps (not the hollow ones); baby wipes/ paper towels; two sheets of sandpaper 300/400grit, for cleaning the stumps; A nail brush or stiff toothbrush for cleaning the sandpaper; D'Arny spray fixative - designed for Oil Pastels.



Any other papers or supplies will be supplied.

9/10-11/5, Thursday (9 sessions)

1-3PM

ACM: CE18

Instructor: Donna Godlove

Course Cost: \$39

Maryland Senior Course Cost: \$39

Oil Pastel II (C/S398)

This class is designed for those with some experience with Oil Pastels or for those who have taken Oil Pastel I, at least once. We will, however, review the different strokes, color theory, and perspective as the class progresses. We will be covering more in-depth projects. Each class will cover all classes prior, building expertise and experience as we go along.



Recommended supplies: You may use any brand of oil pastel that you already own. However, we recommend Mungyo Professional Oil Pastels, at least 48 (black box). We also recommend a small set of very hard oil pastels (like Craypas Expressionist, or Specialist), paper stumps of different sizes, two sheets of sandpaper (100 grit or higher, for cleaning stumps, stiff nail brush or toothbrush to clean the sandpaper), a tablet of Arches Oil Paper or Sennelier Oil Pastel Pad (both 9x12 or larger), a 11x14 tablet of 140-pound hot pressed watercolor paper. Any other supplies needed will be provided.

9/10-11/5, Thursday (9 sessions)

3:30-5:30PM

ACM: CE18

Instructor: Donna Godlove

Course Cost: \$39

Maryland Senior Course Cost: \$39

Personal Enrichment and Wellness

CULTURAL DEVELOPMENT

Trip to Maryland's Oldest Operating Ghost Tour in Frederick, MD (C/S707)

Step into the eerie charm of autumn with a spirited evening bus excursion to Frederick, Maryland's Historic District—home to one of the state's most captivating ghost tours. As dusk settles and the crisp October air sets the scene, travelers depart by comfortable motorcoach for a scenic ride through Western Maryland. Upon arrival in downtown Frederick, guests are welcomed into a beautifully preserved 18th-and 19th-century streetscape, where flickering lamplight and fall foliage create the perfect backdrop for an unforgettable night.



The highlight of the evening is the Historic District Ghost Tour, an immersive, guided, walking experience lasting approximately 1 hour and 45 minutes. Led by knowledgeable storytellers, participants journey through nearly 300 years of Frederick's past, uncovering chilling tales of war, executions, tragedy, and revenge. These stories are drawn from documented historical events and local lore, blending authentic history with tales of the paranormal for a truly spine-tingling experience.

Winding through cobblestone streets and shadowed alleyways, guests will visit sites where unexplained encounters have been reported, gaining insight into why Frederick is considered one of Maryland's most haunted locations. As **Maryland's oldest operating ghost tour**, this experience offers both historical depth and atmospheric intrigue, perfect for history enthusiasts and thrill-seekers alike.

Before the tour, there will be time to enjoy Frederick's vibrant downtown—browse charming shops, grab a warm drink, or savor a bite.

Trip Highlights:

- Comfortable round-trip motorcoach transportation
- Free time to explore local shops and eateries
- Guided Historic District Ghost Tour (approx. 1 hour 45 minutes), beginning @ 7:15 PM
- True, documented stories of Frederick's haunted past

Perfect for:

Couples, friends, and groups seeking a festive fall outing with a mix of history, mystery, and seasonal charm. Embrace the spirit of October and experience Frederick after dark—where every corner has a story, and some may still linger.

We'll meet back at the bus following the tour for a relaxing ride home that may even warrant a nap, if you dare!

10/13, Tuesday (1 session)

2:00–11:00 PM

Total Trip Cost: \$40 (tour ticket price included)

Maryland Senior Trip Cost: \$40

Please contact us for handicap accessibility information prior to registration.

Personal Enrichment and Wellness

Day Trip to Bedford Fall Foliage Festival (C/S292)

Experience the Charm of Autumn in Historic Bedford, PA

Step aboard for a scenic autumn escape to one of Pennsylvania's most beloved fall destinations—the Bedford Fall Foliage Festival, held during the height of October's vibrant colors. This relaxing day trip blends breathtaking mountain views, small-town charm, and festive seasonal fun, without the hassle of finding the perfect parking spot.



Experience...

- Over 400 craft vendors showcasing handmade goods, art, and unique gifts
- Live music and entertainment throughout the day
- Delicious seasonal treats including apple cider, pumpkin desserts, kettle corn, and classic festival favorites
- Demonstrations by skilled artisans and crafters
- A warm, welcoming small-town atmosphere filled with festive décor and fall spirit.

Perfect for:

Anyone wanting to enjoy the festival and avoid the inevitable parking challenge of any event.

We'll meet back at the bus in the late afternoon for a relaxing ride home amongst the beauty of the mountain foliage.

10/10, Saturday (1 session)

8:30AM–3:00PM

Total Trip Cost: \$20

Maryland Senior Trip Cost: \$20

Please contact us for handicap accessibility information prior to registration.



Personal Enrichment and Wellness

Day Trip to Pittsburgh, PA (C/S708)

Experience the energy, culture, and scenic beauty of Pittsburgh on a convenient and relaxing day trip by motorcoach. Known as the “City of Bridges,” Pittsburgh offers a vibrant blend of history, arts, sports, and innovation—all set against a stunning skyline at the confluence of three rivers.



Depart in the morning aboard a comfortable bus for a scenic journey into western Pennsylvania. Upon arrival, enjoy a centrally located drop-off near the Andy Warhol Museum, PNC Park, and the Carnegie Science Center, placing you right in the heart of Pittsburgh’s North Shore attractions. From here, the day is yours to explore at your own pace.

Art lovers can step into the world of pop art at the Andy Warhol Museum, the largest museum in the United States dedicated to a single artist. Sports fans may take in the excitement surrounding PNC Park, widely recognized as one of the most beautiful ballparks in the country, or stroll along the riverfront for picture-perfect views. Families and curious minds will enjoy hands-on exhibits at the Carnegie Science Center, while those seeking a leisurely experience can cross one of Pittsburgh’s iconic bridges into downtown to explore Market Square, Point State Park, or the city’s diverse dining scene. For those wanting panoramic views, consider riding the historic Duquesne or Moongahela Incline for breathtaking vistas of the skyline and rivers below—an unforgettable Pittsburgh experience.

Perfect for:

Art enthusiasts, families, sports fans, and anyone looking for a fun-filled urban getaway without the hassle of driving.

After a full day of sightseeing, shopping, and dining, regroup at the designated pick-up location for a comfortable evening return trip.

**Note: There will be one rest stop on the drive up and one rest stop on the drive back.*

11/14, Saturday (1 session)

8:00AM–8:00 PM

Total Trip Cost: \$40

Maryland Senior Trip Cost: \$40

Please contact us for handicap accessibility information prior to registration.

Personal Enrichment and Wellness

COLLETTE TRAVEL

Discover Mackinac Island (featuring the Tulip Time festival)

May 2 – May 10, 2027 • 9 Days • 13 Meals

Highlights...

Holland's Tulip Time Festival,
Mackinac Island, Grand Hotel,
Chicago's Millennium Park,
Frederik Meijer Gardens &
Sculpture Park, Henry Ford
Museum, Detroit Mobster &
Prohibition Tour



Pricing if booked by 11/2/2026:

Double \$4,229pp*

Single \$5,229pp

Triple \$4,179pp

Final payment due: 2/1/2027

Included in Price: Round Trip Air from Washington, Air Taxes, & Fees/Surcharges, Hotel Transfers, & Pick up to and from Allegany College of Maryland

Not included in Price: Cancellation Waiver & Insurance of \$429 per person

**All rates are Per Person & are subject to change, based on air inclusive package from WAS*

Join ACM & Collette Travel for an information session about this trip on **September 23, 2026 at 6:30PM in Room 20 in ACM's Continuing Education Building**. Learn all the exciting details and get your questions answered.

- **Please RSVP for this session** to Lauren Winterberg by emailing lwinterberg2@allegany.edu or calling 301-784-5405 or 301-784-5341.

For more information visit: <https://gateway.gocollette.com/link/1399688>

Personal Enrichment and Wellness

Iceland's Magical Northern Lights Discovery

October 27 – November 2, 2027 • 7 Days • 11 Meals

Highlights...

Reykjavík, Northern Lights Cruise, Search for the Northern Lights, Golden Circle, Thingvellir National Park, Laval Exhibition Center, Vik, Jökulsárlón Glacier Lagoon, Blue Lagoon



Pricing if booked by 4/28/2027:

Double \$4,529pp*

Single \$5,329pp

Triple \$4,479pp

Final payment due: 7/29/2027

Included in Price: Round Trip Air from Washington, Air Taxes, & Fees/Surcharges, Hotel Transfers, & Pick up to and from Allegany College of Maryland

Not included in Price: Cancellation Waiver & Insurance of \$549 per person

**All rates are Per Person & are subject to change, based on air inclusive package from WAS*

Upgrade your in-flight experience with Elite Airfare—Additional rate of: Business Class \$2,990

Join ACM & Collette Travel for an information session about this trip on **September 23, 2026 at 6:30PM in Room 20 in ACM's Continuing Education Building**. Learn all the exciting details and get your questions answered.

- **Please RSVP for this session** to Lauren Winterberg by emailing lwinterberg2@allegany.edu or calling 301-784-5405 or 301-784-5341.

For more information visit: <https://gateway.gocollette.com/link/1399692>

Personal Enrichment and Wellness

Enchanting Christmas Markets

December 6 – December 14, 2027 • 9 Days • 11 Meals

Highlights...

Christmas Market of Six European Cities & Towns, Regensburg (UNESCO), Rothenburg ob der Tauber & German Christmas Museum, Freiburg, "Petite France" of Strasbourg, Colmar, Lake Lucerne Scenic Cruise



Pricing if booked by 6/7/2027:

Double \$4,729pp*

Single \$5,729pp

Final payment due: 9/7/2027

Included in Price: Round Trip Air from Washington, Air Taxes, & Fees/Surcharges, Hotel Transfers, & Pick up to and from Allegany College of Maryland

Not included in Price: Cancellation Waiver & Insurance of \$599 per person

**All rates are Per Person & are subject to change, based on air inclusive package from WAS*

Upgrade your in-flight experience with Elite Airfare—Additional rate of: Premium Economy \$1,990; Business Class \$4,990

Join ACM & ColletteTravel for an informations session about this trip on **March 31, 2027 at 6:30PM-location to be determined**. Learn all the exciting details and get your questions answered.

- **Please RSVP for this session** to Lauren Winterberg by emailing lwinterberg2@allegany.edu or calling 301-784-5405 or 301-784-5341.

For more information visit: <https://gateway.gocollette.com/link/1399689>

Personal Enrichment and Wellness



CENTER FOR CONTINUING EDUCATION AND WORKFORCE DEVELOPMENT ALLEGANY COLLEGE OF MARYLAND

IN PARTNERSHIP WITH
THE SCHOOL OF HOSPITALITY, TOURISM AND CULINARY ARTS

*is pleased to offer another delicious series of educational
and entertaining recreational cooking classes.*

Each class will be taught in a single evening by a professional local chef or culinary expert. The courses will feature specialties of the guest chef and will focus on learning proper cooking techniques in a relaxed atmosphere. All courses will offer hands-on experience in the Culinaire's state-of-the-art professional teaching facility at the **Gateway Center, 112 Baltimore Street, Cumberland**. At the end of each class, you will not only have acquired valuable new cooking skills, but you'll also have time to enjoy the fruits, appetizers, entrees, desserts...and beverages of your labor!

In select courses, alcohol will be served during the cuisine preparation. *To register for these select classes, you must be 21.* For most courses, class size is limited to 12 and early registration is recommended. **These courses appear in date order.**

Personal Enrichment and Wellness

The Art of Cupcakes (C/S685)

Take your cupcakes from ordinary to extraordinary in this creative and interactive baking class. Students will learn how to bake moist, flavorful cupcakes while mastering filling techniques, buttercream preparation, piping skills, and decorative finishes. From elegant designs to fun and whimsical creations, participants will explore the artistic side of cupcake decorating and leave with the confidence to create stunning cupcakes for celebrations, parties, and special occasions.

9/14, Monday (1 session)

5-7PM

Instructor: Abbey Kerns

Course Cost: \$64

Maryland Senior Course Cost: \$64



Sweet & Savory Crepes (C/S695)

Master the art of the perfect pour-and-swirl in this hands-on **Sweet & Savory Crepes** Class. Learn to whisk, cook, and flip delicate French pancakes while exploring gourmet fillings—from rich, chocolatey Nutella and fresh strawberries to Bananas Foster and cinnamon apple to savory combinations like Ham & Gruyere and Spinach & Mushrooms.

In this dynamic, hands-on workshop, our professional chef will guide you step-by-step through the entire process:

- **Batter Mastery:** Learn the secrets to mixing the perfect, lump-free crepe batter from scratch.
- **The Perfect Flip:** Practice the essential pour-and-swirl technique to achieve that signature paper-thin, tender edge.
- **Decadent Fillings:** Prepare a variety of classic fillings, balancing sweet and savory flavor profiles.
- **Tasting Session:** Sit down with the class to enjoy your delicious creations!

Whether you want to elevate your at-home brunch game or learn a fun, culinary skill, this class is designed for all experience levels.

9/22, Tuesday (1 session)

5-7PM

Instructor: Executive Chef Fred Huber

Course Cost: \$64

Maryland Senior Course Cost: \$64

Personal Enrichment and Wellness

Fall-Themed Cookie Decorating (C/S696)

Get ready for fall and learn to decorate stunning Royal Icing Cookies in this hands-on, beginner-friendly class! Join us to learn the essentials of royal icing and cookie decorating! In this class, you will create a stunning assortment of fall-themed cookies—including leaves, pumpkins, and scarecrows.

What you'll learn:

- Icing Foundations: How to mix, color, and achieve the perfect flooding and dipping consistencies.
- Decorating Techniques: Progress from simple accents to more detailed cookie designs.

Perfect for sharing with friends and family or enjoying all to yourself! All supplies are provided, so just bring your creativity and get ready for a fun, festive time.

9/24, Thursday (1 session)
5-7PM

Instructor: Debra Imler

Course Cost: \$64

Maryland Senior Course Cost: \$64



Sweeten Your Skills: Cookie Decorating (C/S698)

Join us for a cozy and creative evening of cookie decorating! Participants will be guided step-by-step through baking delicious cookies and using icing, sprinkles and more to make them look as good as they taste. Perfect for beginners and seasoned bakers alike—come have fun and treat yourself!

10/8, Thursday (1 session)
5-7PM

Instructor: Arissa Rouser

Course Cost: \$64

Maryland Senior Course Cost: \$64

Soup Basics (C/S674)

Warm up with a hands-on soup class that celebrates three crowd pleasing favorites. This cozy, practical session covers Maryland Crab Soup, White Chicken Chili and a Vegetarian Option: Vegetable Minestrone. Each soup teaches the fundamental skills needed to build rich stocks and perfectly balance seasonings. You'll learn how to build depth with aromatics, thicken sauces, and finish with bright garnishes to elevate each bowl.

10/13, Tuesday (1 session)
5-7PM

Instructor: Executive Chef Fred Huber

Course Cost: \$64

Maryland Senior Course Cost: \$64

Personal Enrichment and Wellness

Tempering and Filling Chocolates (C/S697)

Discover the art and science behind creating beautiful, professional quality chocolates. Students will learn proper chocolate tempering techniques to achieve the perfect shine, snap, and texture while exploring a variety of fillings such as ganache, caramel, and flavored creams. This hands-on class covers molding, filling, decorating, and finishing chocolates, providing participants with the skills needed to create impressive confections for gifts, special events, or personal enjoyment.

10/14, Wednesday (1 session)
5-7PM

Instructor: Abbey Kerns

Course Cost: \$64

Maryland Senior Course Cost: \$64

Master the Perfect Pumpkin Roll (C/S699)

Nothing says fall quite like a homemade pumpkin roll! Join us for a fun, hands-on baking class where we'll guide you step-by-step through the entire process. From baking a moist, pumpkin cake to mixing the ultimate creamy filling and mastering that classic rolling technique, you'll learn all the secrets. Perfect for any skill level, you'll leave class with your own delicious pumpkin roll and the confidence to make it again at home.

10/22, Thursday (1 session)
5-7PM

Instructor: Arissa Rouser

Course Cost: \$64

Maryland Senior Course Cost: \$64

Oktoberfest (C/S353)

Experience the festive flavors of Oktoberfest and learn traditional preparation and cooking techniques unique to rich German and Bavarian home-style cooking. In this hands-on cooking class, you will learn to craft an authentic Oktoberfest feast from scratch, mastering classic recipes like Weiner Schnitzel with Lemon Butter, Bratwurst with Beer-Braised Onions, Warm German Potato Salad, Quick Pickled Red Cabbage and a sweet apple dessert, Apple Strudel with Dapplekorn (Apple Schnapps).

10/27, Tuesday (1 session)
5-7PM

Instructor: Executive Chef Fred Huber

Course Cost: \$70 (Alcohol Included)

Maryland Senior Course Cost: \$70



Personal Enrichment and Wellness

An Evening in Italy: Pasta Making & Sauce Pairing

(C/S584)

Master the art of crafting silky, handmade pasta and creating light, cloud-like potato gnocchi from scratch in this hands-on culinary class. You will learn the techniques for mixing, rolling, and shaping dough, alongside simmering complementary scratch-made sauces. Elevate your home cooking and impress guests with authentic, fresh Italian cuisine. You will simmer classic, rich Marinara, whip up a velvety Alfredo, and blend two distinct herbed sauces: a bright Genovese Basil Pesto and a deeply savory Sun-dried Tomato Pesto. Finally, elevate your dishes with a fragrant Roasted Garlic and Olive Oil Drizzle. By the end of class, you will possess the foundational skills to pair, plate, and serve these fresh Italian masterpieces confidently at home.

11/10, Tuesday (1 session)

5-7PM

Instructor: Executive Chef Fred Huber

Course Cost: \$70 (Alcohol Included)

Maryland Senior Course Cost: \$70



The Perfect Dinner Rolls

(C/S700)

Learn the techniques needed to create soft, fluffy, bakery-quality dinner rolls from scratch. In this hands-on class, students will explore yeast dough fundamentals, proper mixing and kneading methods, fermentation, shaping techniques, and baking principles. Whether you're a beginner or looking to refine your bread making skills, this course will help you consistently produce golden, flavorful dinner rolls that are perfect for family meals, holidays, and special occasions.

11/16, Monday (1 session)

5-7PM

Instructor: Abbey Kerns

Course Cost: \$64

Maryland Senior Course Cost: \$64



Personal Enrichment and Wellness

Make your Thanksgiving Cookie Centerpiece (C/S701)

Elevate your Thanksgiving table by handcrafting a stunning turkey cookie centerpiece! This hands-on workshop teaches royal icing fundamentals—including coloring, flooding, and dipping—so you can create designs from simple to intricate. Beginners and experienced bakers alike will leave with a completed centerpiece, setup instructions, and a delicious dessert.

Class Overview:

- **The Project:** Create a beautiful, edible turkey centerpiece to showcase at your Thanksgiving dinner.
- **The Skills:** Master essential royal icing techniques, including mixing consistencies, flooding, and dipped icing.
- **The Levels:** Perfect for all skill levels, from total beginners to experienced bakers.
- **The Takeaway:** Take your masterpiece home with step-by-step assembly instructions, ready to enjoy after your holiday meal.

11/18, Wednesday (1 session)

5-7PM

Instructor: Debra Imler

Course Cost: \$64

Maryland Senior Course Cost: \$64

Beginners Sushi (C/S645)

Embark on a delicious hands-on introduction to the fundamentals of making and rolling sushi. This approachable class covers essential techniques – from preparing seasoned sushi rice and selecting fresh fillings to mastering simple, beginner-friendly rolling methods. You'll gain confidence shaping maki and nigiri, learn proper knife work for safe, clean cuts and explore flavor pairings that highlight balance and texture.

11/24, Tuesday (1 session)

5-7PM

Instructor: Executive Chef Fred Huber

Course Cost: \$64

Maryland Senior Course Cost: \$64



Personal Enrichment and Wellness

HISTORY

History Explored: The 1619 Project vs The 1776 Commission (C/S607)

In this class, students will learn about two significant curricula and their respective proponents that have aimed to establish control over America's Founding narrative. The class will demonstrate how this debate influences and questions how we teach and learn American history.



Did American history begin off the coast of 1619 Virginia, with the arrival of the White Lion slave ship? Or does American history begin in 1620 Plymouth, with the arrival of the Mayflower, or 1776, with the American Founding? Both curricula will be examined through their respective written works to analyze how American history should be taught and remembered.

10/6, Tuesday (1 session)
6-8PM

ACM: CE Bldg

Instructor: Rev Justin Searls

Course Cost: \$15

Maryland Senior Course Cost: \$15

History Explored: Things That Shouldn't Be Flying: Ufology and Unidentified Aerial Phenomena (2016-Now) (C/S704)

Since 2016, unidentified aerial phenomena (UAP)—more commonly known as UFOs—have moved from the fringe of public discourse into increased governmental, scientific, and public attention.

This course examines the modern history of UAP research and disclosure, beginning with a brief overview of the Advanced Aerospace Threat Identification Program (AATIP) as a precursor to today's investigations. Participants will explore recent congressional hearings, official government reports, and the evolving public discussion and release of government information regarding these reported sightings.

This two-hour introductory course provides a historical overview of recent developments in UAP research and government disclosure. Through historical analysis and interdisciplinary discussion, learners will reflect on how reports of unexplained aerial phenomena and ongoing investigations might influence public trust, cultural narratives, and perspectives on science, society, and belief. Designed for curious lifelong learners, this course provides a grounded, historical framework for understanding a topic that continues to generate public discussion and debate.

10/13, Tuesday (1 session)
6-8PM

ACM: CE Bldg

Instructor: Rev Justin Searls

Course Cost: \$15

Maryland Senior Course Cost: \$15



Personal Enrichment and Wellness

LIFELONG LEARNING

Join Allegany Center of Lifelong Learning (ALLCOLL) and enjoy access to 25 or more events held at Allegany College of Maryland, as well as weekly roundtable discussions, happy hour, and more! For an annual membership fee of \$30.00, you will enjoy diverse educational opportunities with other Allegany County adults. Membership covers classes and events from July 1st through June 30th.



The following classes will be held on Thursdays in the Continuing Education building at 10:00AM in room 14, unless otherwise indicated.

For more information, visit www.allegany.edu/ce/lifelong-learning.

Like us on Facebook! Search **Allcoll**

The Allegany Center of Lifelong Learning is pleased to partner with the Allegany College of Maryland Foundation. Together, we aim to support our community of friends and partners by offering a wide range of education and learning opportunities.

September 3 – David Jones

Subject: Join us for our “Kick Off” session with ACM President David Jones

Description: David will share a College update, including new initiatives and the College’s vision for the future. We will enjoy a celebratory lunch after his presentation. A wonderful way to begin an exciting semester!

September 10 – Rita Knox

Subject: C&O Canal and Life on a Canal Boat

Description: Rita Knox will present a brief overview of the Chesapeake and Ohio Canal history, some highlights from the Paw Paw Tunnel to the Terminus, and a look at the life of the canal boatmen and lock tenders.

September 17 – Anne DeVaughn

Subject: Let’s Get Ready!

Description: As we move into the next phase of our lives it is very useful to be prepared. Suggestions and techniques for this transition period will be discussed.

September 24 – Ashli Workman

Subject: Allegany County Tourism

Description: An update on all the good tourism things happening in Allegany County will be presented.

Personal Enrichment and Wellness

October 1 – Dr. Brian Plitnik

Subject: The “Quiet Revolution” in Music: Debussy and French Impressionism

Description: At the twilight of Europe’s Romantic era (1820-1900 CE), the Arts began to explore uncharted pathways. The coming musical revolution of the 20th century was ushered in not by force, but by subdued sensuality... a new approach to Harmony and Form inspired by a truly paradigm-shifting painting.

October 8 – Jesse Ketterman

Subject: Money Smart for Older Adults

Description: The Money Smart for Older Adults program seeks to raise awareness among older adults on how to prevent fraud, scams, and other elder financial exploitation. The curriculum was developed by the FDIC (Federal Deposit Insurance Corporation) and CFPB (Consumer Financial Protection Bureau).

October 15 – Sarah Parsons

Subject: Landlord Tenant Basics and Best Practices

Description: This presentation will provide attendees with some of the basic and valuable information regarding the legal aspects of landlord/tenant relationships. Additionally, the attendees are provided with tips about the best practices to foster a mutually beneficial landlord and tenant situation.

October 22 – Al Feldstein

Subject: Former Buildings on Wills Mountain

Description: Al will present an OVERVIEW of the History of the Wills Mountain Inn and Artmor Plastics.

October 29 – Andy Duncan

Subject: Our Halloween Heritage

Description: Everyone loves a ghost story, especially this time of year, and our area is full of them! Award-winning author Andy Duncan will retell some favorites, all set within 50 miles of Allegany College of Maryland.

Personal Enrichment and Wellness

November 5 – DeeDee Ritchie

Subject: River Walk at Canal Place

Description: An update on the River Walk at Canal Place will be presented.

November 12 – Moderated by Dave Williams

Subject: History Panel

Description: A roundtable discussion led by Allegany County Historical Society president Dave Williams with four panelists sharing their thoughts on the topics: the most important individual man in local history; the most important woman; the most important single event; and what aspect of local history is most important to our future.

November 19 – Nick Gardner

Subject: The Reality of Artificial Intelligence (AI)

Description: You can't open a news feed these days without seeing both grandiose promises and doomsday scenarios about AI. In this talk, we will discuss generative AI, what it is, how it came to exist, and a nuanced discussion of benefits and risks.

November 26 – Thanksgiving, No Session**December 3 – Betsey Hurwitz-Schwab**

Subject: Hanukkah and Hanukkah Menorahs

Description: With a collection of 150+ Hanukkah menorahs, Betsey will talk about the holiday and will show examples of menorahs from different time periods and countries.

Personal Enrichment and Wellness

SPECIAL INTEREST

An Introduction to Voiceovers

(C/S536)

Have you ever listened to commercial, animation, or audiobook and thought “I wonder if I could do that?” If you want to earn income from home using your voice, voice acting could be a good fit. It’s natural to have questions. Is the industry too competitive? Do you need expensive equipment? How do you find work? This introductory class answers those questions honestly and gives you a clear, realistic view of how to begin. You’ll explore different types of work, practice reading a script, and receive coaching and feedback. A follow-up evaluation will help guide your next steps. In this personalized 90-minute session, you’ll meet professionals, read script, and get coaching. Learn more: <http://www.voicesforall.com/ooo>. Upon registration you will be contacted by VFA to schedule class. Participants must be 18 or older.

Requirements: *Students must have Internet Access and Video Chatting capabilities using a method such as: Zoom, or iChat/FaceTime (Mac/iOS).*

Offered in partnership with Voices For All, LLC

Online

Course Cost: \$49

Maryland Senior Course Cost: \$49

Beekeeping, Intro to (C/S450)

What’s all the buzz? Join us for an educational, informative and exciting course as skilled beekeeper, Ben Cooper, leads participants into the exciting world of beginner beekeeping. The class will focus on the history and types of Honey Bees, colony structure, bee biology and development, and keeping a healthy hive. Participants will also learn about proper protective gear, tools of the trade and hive location. As the class progresses, other discussion topics will include trapping methods, packages, swarms, establishing colonies, invasive extractions, transporting hives, and avoiding threats from humans & animals. A field trip to an active bee yard will be part of the class.



The required textbook for this course is “Beekeeping Basics” distributed by MAAREC and is included in the course materials. Allegany County teachers can get CEC credits. A “Certificate of Completion” will be presented at the end of this course.

9/14–10/19, Monday (6 sessions)

6–8:30PM

ACM: CE Bldg

Instructor: Ben Cooper

Course Cost: \$84 (includes the price of the textbook)

Maryland Senior Course Cost: \$59

Personal Enrichment and Wellness

Garden Basics: Grow More in Less Space (C/S706)

Want to grow more of your own food but don't have a large garden? This four-part series will show you practical ways to produce fresh vegetables, herbs, and greens in backyards, patios, and even indoors. Participants will learn how to plan a productive food garden, grow crops using simple hydroponic systems, improve soil with vermicomposting, raise nutritious microgreens year-round, and keep their harvests thriving throughout the season. Whether you're a beginner or an experienced gardener looking to maximize your space, this course will provide hands-on ideas and techniques to help you grow more food at home.



This course is offered in partnership with University of Maryland Extension.

9/24–10/15, Thursday (4 sessions)

5–6:30PM

ACM: CE Bldg

Instructor: Sarah Llewellyn

Course Cost: \$20 (course materials included)

Maryland Senior Course Cost: \$20

Personal Enrichment and Wellness

DRIVER EDUCATION

ALLEGANY COLLEGE OF MARYLAND

DRIVER'S EDUCATION

WITH ALLEGANY DRIVING SCHOOL

To Register for Driver's Education

Please call Allegany Driving School 301-724-2224

(If no answer, leave a message and your call will be returned.)

Driver's Education (C/S600)

A collaboration between Allegany Driving School and ACM, this 2-part course will provide those who are learning to drive with information on the interaction of people, vehicles, and the roadway. The first part (10 sessions) of the course is online-based and will cover effects of alcohol and drugs, protective systems, natural forces, road hazards, responding to emergencies, personal transportation needs, route planning, motor vehicle systems, and interactions with other highway users. The second part (2 sessions) of the course is individually scheduled and conducted in vehicle.



Please contact Allegany Driving School for registration and course details at 301-724-2224.

Monday-Thursday 6-9PM

Note: +6 hours are individually scheduled in vehicle

Course Cost \$409.00 (additional fees may be applied)

For class dates visit <https://www.allgeganydriving.us>

Personal Enrichment and Wellness

MOTORCYCLE SAFETY

Motorcycle Safety Independent Training Center

Under contract with



Motorcycle
Safety
Program



Basic Rider Course (MVA275)

The Motorcycle Safety Foundation's (MSF) Basic *RiderCourse* (BRC) has offered rider training for over fifty years, serving over 10 million motorcyclists nationwide. Through the MSF approved BRC course, participants will learn about the different types of motorcycles, layout and operation of the basic controls, and how to become a safer, more responsible rider. Your certified MSF *RiderCoaches* will guide you through the basic skills of straight-line riding, stopping, shifting, and turning, swerving, and emergency braking. Participants are required to complete an online *eCourse* prior to on-motorcycle training on Saturday and Sunday. Spread over two days, the on-motorcycle training culminates with the licensing skills test on Sunday afternoon. Participants must provide their own riding gear, which includes a Department of Transportation (DOT) certified helmet, eye protection, long-sleeved shirt/jacket, long pants/no holes, full-fingered gloves, and sturdy over-the-ankle/oil-resistant footwear. Additional details for approved riding gear and pertinent course information will be provided upon enrollment. The Motorcycle Safety Foundation (MSF) training program is approved by the Maryland Motor Vehicle Administration (MVA) and the West Virginia Department of Motor Vehicles (DMV). Because each state may have different license requirements, it is the participants responsibility to verify any additional requirements per their licensing state.

For more information, please call David Smarik, at 301-784-5077 or dsmarik@allegany.edu.

8/8-8/9, Sat & Sun
8/22-8/23, Sat & Sun
9/5-9/6, Sat & Sun
9/19-9/20, Sat & Sun
Course Cost: \$299
Call 301-784-5341 to register and enroll in classes.

Total Course Cost: \$299.00 (all fees included)
Fee Discounts or Waivers Do Not Apply

This is a 17-hour training class. The extra hours built into the published schedule accommodate for uncontrollable events such as weather, mechanical failure, and emergencies. Please reserve all the listed time on your schedule. You may not leave during any class activities.

INTERESTED IN SHARING YOUR MOTORCYCLE EXPERTISE WITH OTHERS?

Become a Motorcycle Safety Foundation (MSF) certified RiderCoach through ACM's Motorcycle Safety Training Center. If interested, please contact **David Smarik at 301-784-5077 or dsmarik@allegany.edu**



Registration

ACCOMMODATIONS STATEMENT

Information regarding disabilities is requested at the time of registration. It is the participant's responsibility to present themselves to the Registration staff if accommodations are needed. For further information, call 301-784-5341.

CANCELLATIONS

The College reserves the right to cancel any course that, in the judgment of the Center staff, does not have sufficient enrollment. The decision is usually made one week before the first scheduled class meeting, and all registrants will be notified promptly. A full refund is processed automatically. To help prevent cancellations, please register at least two weeks before a course is scheduled to begin.

REFUND POLICY

If a student wishes to withdraw from a course and receive a refund, an official withdraw form must be submitted to the Center for Continuing Education Registration Office. All costs will be refunded if the student withdraws before the first session of the course. If the student withdraws after the first session but on or before 20% of the course has been completed, 80% of the tuition will be refunded. No refunds will be issued to students withdrawing after 20% of the course has been completed. The above also applies to students who stop attending a course but do not officially withdraw. The student can easily obtain the withdraw form by calling the Continuing Education Registration Office at 301-784-5341.

ROOM ASSIGNMENTS

Most classes will be held on the Allegany College of Maryland Campus; exceptions are identified on the schedule. To determine the building and room for your class, either (1) call the College at 301-784-5143, or (2) visit the Registration Office located in the Continuing Education Building on the first night of your class.

MARYLAND SENIOR CITIZENS

All Maryland residents over the age of 60 are eligible for the Maryland Senior Course Cost as noted. In the event the course is cancelled by the College, all fees will be refunded. Please direct questions to the Registration Office.

WHO CAN REGISTER

Courses are open to all interested persons 16 years of age or older. Exceptions to this age policy include driver's education and those courses exclusively intended for students under the age of 16.

BIRTHDAY AND SOCIAL SECURITY NUMBER

Date of birth information is requested on the registration form to help us accurately identify students, prevent duplicate records, and meet reporting requirements established by the Maryland Higher Education Commission. This information is used for internal purposes only and is kept confidential.

Social Security numbers are not required for general registration. However, they may be requested for specific courses, certifications, licensing requirements, scholarships, grant-funded programs, or other purposes that require reporting to a state agency, funding source, or licensing body. Any Social Security number collected is maintained confidentially and used only for the stated purpose.

DISCLAIMER

Courses and class schedules listed in this publication are subject to change. The College regrets any discrepancies or typographical errors. This publication is not to be regarded as an irrevocable contract between the student and the College.

TOBACCO-FREE POLICY

No person shall use tobacco, tobacco product(s), and/or tobacco substitute(s) on any property owned, operated, or managed by Allegany College of Maryland including – but not limited to – buildings, parking lots, vehicles, and fields/lawns. This policy applies to all forms of tobacco, tobacco products, tobacco substitutes, and tobacco delivery devices – regardless of whether the delivery device is being used with tobacco or nicotine.

Staff Directory

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Amy Weicht 814-623-2760 Ext. #4812
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Michael Harris 301-784-5143
Facilities Assistant
mharris@allegany.edu

Registration Form

ALLEGANY COLLEGE OF MARYLAND CENTER FOR CONTINUING EDUCATION & WORKFORCE DEVELOPMENT

REGISTRATION FORM



ACM

MAIL TO: Registration Specialist | Allegany College of Maryland
Center for Continuing Education & Workforce Development
12401 Willowbrook Road, SE | Cumberland, MD 21502-2596
PHONE: 301-784-5341 | FAX: 301-784-5025

Make checks payable to: Allegany College of Maryland
(Payment must accompany this registration)

LAST NAME FIRST MI

STREET ADDRESS

CITY OR TOWN COUNTY STATE ZIP CODE

EMAIL ADDRESS HOME PHONE

ETHNICITY: (Please check all that apply):

Are you Hispanic or Latino: ☐ Yes ☐ No

☐ White ☐ Asian ☐ Black / African American

☐ American Indian / Alaska Native

☐ Native Hawaiian / Other Pacific Islander

CELL PHONE

BIRTHDATE

MONTH	DAY	YEAR

() Male () Female

Signature _____ Date _____

I certify that the information on this form is correct. Must be signed and dated to be official. By signing this form, I agree to abide by the policies and procedures of the College, including without limitation, the Student Code of Conduct.

Allegany College of Maryland does not discriminate on the basis of federally protected classes of race, color, national origin, religion, sex, age, disability, and veteran/military status in matters affecting employment or in providing access to programs and activities. Allegany College of Maryland recognizes and complies with additional protections for employees and/or pursuant to state law. Additional information is available at <https://www.allegany.edu/non-discrimination>. For inquiries related to the application of this statement, the Non-Discrimination policy, Title IX, and ADA/504, please contact: Dr. Renee Conner, Chief Compliance, Student, and Legal Affairs Officer; Title IX Coordinator; ADA/504 Coordinator; 301-784-5206 / rconner@allegany.edu. Allegany College of Maryland is required to inform prospective and current students of important College policies. For full details on these key policies, please visit the Allegany College of Maryland website at allegany.edu/policy-mandates.

COURSE #	COURSE TITLE	BEGIN DATE	TIME	COURSE COST
TOTAL COSTS				

If your employer is paying, please provide the information below:

AGENCY'S NAME CONTACT PERSON

STREET ADDRESS CITY OR TOWN STATE ZIP CODE

TELEPHONE NUMBER FAX NUMBER

FOR CREDIT CARD USE ONLY () Visa () Mastercard () Discover

Account No. _____

Date of Expiration _____ V. Code _____

REGISTRATION OFFICE USE ONLY

Amount Paid _____

Date Received _____ Initials _____

____ Cash ____ Credit Card
____ Check ____ Bill To

Registration Form

ALLEGANY COLLEGE OF MARYLAND

CENTER FOR CONTINUING EDUCATION & WORKFORCE DEVELOPMENT

REGISTRATION FORM



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LAST NAME

FIRST

MI

STREET ADDRESS

CITY OR TOWN

COUNTY

STATE

ZIP CODE

EMAIL ADDRESS

HOME PHONE

ETHNICITY: *(Please check all that apply):*

Are you Hispanic or Latino: ☐ Yes ☐ No

- ☐ White
- ☐ Asian
- ☐ Black / African American
- ☐ American Indian / Alaska Native
- ☐ Native Hawaiian / Other Pacific Islander

CELL PHONE

BIRTHDATE

() Male () Female

MONTH DAY YEAR

Signature

Date

I certify that the information on this form is correct. Must be signed and dated to be official. By signing this form, I agree to abide by the policies and procedures of the College, including without limitation, the Student Code of Conduct.

Allegany College of Maryland does not discriminate on the basis of federally protected classes of race, color, national origin, religion, sex, age, disability, and veteran/military status in matters affecting employment or in providing access to programs and activities. Allegany College of Maryland recognizes and complies with additional protections for employees and/or pursuant to state law. Additional information is available at <https://www.allegany.edu/non-discrimination>. For inquiries related to the application of this statement, the Non-Discrimination policy, Title IX, and ADA/504, please contact: Dr. Renee Conner, Chief Compliance, Student, and Legal Affairs Officer; Title IX Coordinator; ADA/504 Coordinator; 301-784-5206 / rconner@allegany.edu. Allegany College of Maryland is required to inform prospective and current students of important College policies. For full details on these key policies, please visit the Allegany College of Maryland website at allegany.edu/policy-mandates.

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FAX NUMBER

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Account No.

Date of Expiration V. Code

REGISTRATION OFFICE USE ONLY

Amount Paid

Date Received

Initials

Cash

Check

Credit Card

Bill To

Credit Programs



Spring OPEN HOUSE

Cumberland Campus

Saturday, April 17, 2027

Check-in begins at 9:00 a.m.
in the Thomas Welcome Center

Registration Required

allegany.edu/openhouse

- ▶ Explore 80+ Majors
- ▶ Tour Student Housing
- ▶ Meet with Financial Ad



ALLEGANY COLLEGE
of MARYLAND
ENGAGE YOUR FUTURE

A Gift of Education

TRANSFORM LIVES



Leave a Legacy

Giving and Planned Giving Through the Allegany College of Maryland Foundation

Contributing a planned gift to the Allegany College of Maryland Foundation is a great way for you to make a substantial impact while affording you the opportunity to continue to meet your personal financial needs.

There are a number of ways to make this type of gift. The following are but a few examples and not, by any means, all-inclusive:

- ▶ Gifts of securities
- ▶ Gifts of real estate
- ▶ Gifts of personal property
- ▶ Gifts of life insurance
- ▶ Life income gifts (charitable gift annuities, etc.)
- ▶ Bequests



For additional information about the Allegany College of Maryland Foundation, please contact:

Mrs. Courtney McKay, Executive Director
cjensen2@allegany.edu | 301-784-5200

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▶ allegany.edu/ce



ALLEGANY COLLEGE of MARYLAND

CENTER FOR CONTINUING EDUCATION
& WORKFORCE DEVELOPMENT

301-784-5341

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