



Health and Human Service Professionals

HEALTH PROFESSIONS PRE-LICENSURE

Dialysis Technician (CHE394) - Online

As kidney failure continues to be a growing national health problem, kidney disease is driving the growing demand for well-trained dialysis technicians. Dialysis technicians are employed in hospitals, outpatient clinics, and other medical facilities. While most technician training has historically been done “on-the-job,” today’s healthcare employers are seeking well-trained technicians who possess the necessary knowledge and skills to fill this growing number of positions.



This program provides learners the knowledge and skills needed to perform the duties required of dialysis technicians. Under the supervision of physicians and registered nurses, dialysis technicians operate kidney dialysis machines, prepare dialyzer reprocessing and delivery systems, as well as maintain and repair equipment. Furthermore, technicians work with patients during dialysis procedures and monitor and record vital signs, as well as administer local anesthetics and drugs as needed. Dialysis technicians must assess patients for any complications that occur during the procedure and be ready to take the necessary emergency measures, including administering oxygen or performing basic cardiopulmonary resuscitation. Additionally, they may also be involved in the training of patients for at-home dialysis treatment and providing the emotional support patients need for self-care.

Certification Opportunities: After completing this program, learners will have the opportunity to take the leading national/industry-recognized certification exam(s) essential to entry-level employment in this fast-growing field. Exam fees are not included in the course cost.

Course Cost: \$1,299.00 *Does not include examination fees*

Maryland Senior Course Cost \$1289.00 *Does not include examination fees*

Online e-learning Program Duration: 4 Months

**Students will have an additional 2 months access to the programs.*

Please email mchapman@allegany.edu for more information.

NURSING ASSISTANT/GERIATRIC AIDE

Certified Nursing Assistants/Geriatric Aides provide basic care to patients under the direct supervision of a nurse. They are able to perform delegated duties in a hospital, doctor’s office, nursing home, or assisted living facility. This training consists of classroom and laboratory competency-based modules designed to prepare the student for employment in an acute care or long-term care facility. Many home care agencies also find this certification beneficial.

This course is approved through the Maryland Board of Nursing; successful completion allows the student to apply for certification in MD as a CNA and prepares students to take the National Nurse Aide Assessment Program Exam.

The FOUR (4) courses that make up this certification are Introduction to Health & Wellness, Nursing Assistant/Geriatric Aide Classroom (parts I & II), Nursing Assistant/Geriatric Aide Clinical, and CPR. The total cost, without books or college credit, is \$1,817.00 for Allegany County residents. This includes the cost for the required BLS (Basic Life Support) CPR Certification; however, students must register for this separately by calling 301-784-5341.

Introduction to Health and Wellness (CHE321)

This course is required for Nursing Assistant/Geriatric Aide and Pharmacy Technician CE Certificate programs. It includes curriculum goals and objectives, basic concepts needed in health care, and wellness issues for patients and the health care workers. An overview of medical ethics, professional conduct, infection control, medical terminology, communicating with patients, body mechanics, wellness, proper eating habits, principles of fitness, stress and time management, and teaching patient awareness of healthy lifestyle options to enhance recovery and their everyday life will also be discussed. In order to meet Nursing Assistant and Pharmacy Technician requirements, students must achieve a grade of "C" or better.

This is the SAME course offered as part of the credit Nursing Assistant Curriculum and Pharmacy Technician Programs; however, **no college credit is received, nor is traditional financial aid available.**

Morning Option

8/22-12/5, Tuesday (15 sessions)

No class 10/10

9:00-11:45 AM

OR

Afternoon Option

8/22-12/7, Tues. & Thurs. (30 sessions)

No class 10/10 & 11/23

4:00-5:15 PM

ACM: AH 267

Instructor: Cindy Gero

Course Cost:

In County: \$462.00

Out of County: \$897.00

Regional: \$972.00

Out of State: \$1,197.00

Course cost includes the required course fees, Learning Harbor fee, CE registration fee, orientation fee and placement test fee for first time students. Books are not included in the course cost and are estimated to be approximately \$149.00

*Prior to registering for CHE322 Nursing Assistant/Geriatric Aide Certification Training, call the Student Success Center at Allegany College of Maryland to schedule the required Reading placement test at 301-784-5554. Please indicate that you are testing for the Nursing Assistant Certification program through the Center for Continuing Education. For students unable to meet the minimum requirements, remediation training is available free of charge. This training may be completed prior to or while enrolled in CHE321, Introduction to Health and Wellness; therefore, testing as early as possible is recommended. Please contact Program Coordinator, Diana Folk at dfolk@allegany.edu or 301-784-5529 when you receive your test results. She will review your results and assist you in registering for the CNA/GNA course or to set up remediation training if needed.

Health and Human Service Professionals

Nursing Assistant/Geriatric Aide Certification Training (CHE322/CHE342)

This course is designed to provide students with the classroom theory and clinical skills essential in assisting nurses in delivering proper basic bedside care of patients across the life span. This program offers a broad foundation of knowledge and skills for the Certified Nursing Assistant and the Geriatric Nursing Assistant. Successful completion of the course qualifies the student to apply for Maryland certification and to sit for the National Nurse Aide Assessment examination. Graduates will be able to seek employment in a variety of health care settings. Course work emphasizes growth and development throughout the life span, basic personal care, vital signs, communication and interpersonal skills, nutrition, medical asepsis, legal and ethical responsibilities, safe and efficient work practices, and medical terminology. In order to successfully pass this course, students must achieve a grade of "C" or better along with meeting the academic standards of the college. Students must also demonstrate successful achievement on a standardized test assessing reading. Please see page 38 for required testing details. Instructor consent required to take this course. This is the SAME course offered as part of the credit Nursing Assistant curriculum; however, **no college credit is received, nor is traditional financial aid available. Limited Continuing Education scholarships may be available.** Please contact Diana Folk, dfolk@allegany.edu or 301-784-5529 for scholarship information.

Nursing Assistant/Geriatric Aide Classroom (CHE322/CHE342)

Daytime Option

8/21-11/15, Mon., Wed., & Fri. (36 sessions)

No class 9/4 & 10/9

9:00 AM-12:20 PM

Instructor: Debra Brodbeck, RN

OR

Evening Option

8/21-11/13, Mon. & Thurs. 6:30-9:15 PM

Wed. 5:00-9:15 PM (35 sessions)

No class 9/4 & 10/9

Class **WILL** meet on Wed., 10/11 6:30-9:15 PM

ACM: AH267, AH210

Instructor: Bev Shank, RN

Course Cost:

In County: \$723.00

Out of County: \$1,303.00

Regional: \$1,403.00

Out of State: \$1,703.00

Course cost includes materials fee, criminal records history check, CE registration fee, record retention fee. Books are not included in the course cost and are estimated to be approximately \$123.00

Nursing Assistant/Geriatric Aide Clinical (CHE332)

Daytime Option

11/17-12/8, Mon., Wed. & Fri. (9 sessions)

No class 11/24

7:20 AM-1:00 PM

Off-site nursing homes to be determined by instructor

Instructor: TBD

OR

Evening Option

11/15-12/7, Mon. & Wed., 4:30-9:45 PM (10 sessions)

Thurs. 5:45-9:45 PM

No class 11/23

Off-site nursing homes to be determined by instructor

Instructor: Bev Shank, RN

Course Cost:

In County: \$542.00

Out of County: \$977.00

Regional: \$1,052.00

Out of State: \$1,277.00

Course cost includes the CE registration fee, MBON (MARYLAND BOARD OF NURSING) certification fee and NNAAP Exam fee.

PHARMACY TECHNICIAN CERTIFICATION

This course will cover knowledge areas and skills required and tested on the registry exam for the state of Maryland. Students will learn about drug classifications, generic and name brands, dosage calculations, and state and federal laws regarding working in a pharmacy. The student will work with analytical balances and compounding equipment that will prepare them for clinical application. A variety of measurement systems will be covered in the course, as the student will need to be able to apply conversions properly. In order to successfully pass this course, students must achieve a grade of "C" or better, along with meeting the academic standards of the college. Instructor consent required to take this course. The courses that make up this certification are Introduction to Health & Wellness, Pharmacy Technician 101 (parts I & II), Pharmacy Technician 102 Internship Lecture, Pharmacy Technician Internship clinical (parts I, II & III) and CPR. The total cost, without books, is \$2,293.00 for Allegany County residents.

This includes the cost for the required BLS (Basic Life Support) CPR Certification; however, students must register for this separately by calling 301-784-5341.

This training is approved by the Maryland Board of Pharmacy. Successful completion allows to student to apply for registration as a pharmacy technician in MD.

Introduction to Health and Wellness (CHE321)

This course is required for Pharmacy Technician and Nursing Assistant/Geriatric Aide CE certificate programs. It includes curriculum goals and objectives, basic concepts needed in health care, and wellness issues for patients and the health care workers. An overview of medical ethics, professional conduct, infection control, communicating with patients, body mechanics, working as a team, and other health profession concerns will be discussed. The dimensions of wellness, proper eating habits, principles of fitness, stress and time management, and teaching patient awareness of health life styles options to enhance recovery and their everyday life will also be discussed. In order to meet Nursing Assistant certification and Pharmacy Technician requirements, students must achieve a grade of "C" or better.

This is the SAME course offered as part of the credit Pharmacy Technician and Nursing Assistant Programs; however, no college credit is received, nor is traditional financial aid available. Limited Continuing Education scholarships may be available. Please contact Diana Folk, dfolk@allegany.edu or 301-784-5529 for scholarship information.

Morning Option

8/22-12/5, Tuesday (15 sessions)

No class 10/10

9:00-11:45 AM

Instructor: Cindy Gero

OR

Afternoon Option

8/22-12/7, Tues. & Thurs. (30 sessions)

No class 10/10 & 11/23

4:00-5:15 PM

ACM: AH 267

Instructor: Cindy Gero

Course Cost:

In County: \$462.00

Out of County: \$897.00

Regional: \$972.00

Out of State: \$1,197.00

Course cost includes the required course fees, Learning Harbor fee, CE registration fee, orientation fee and placement test fee for first time students. Books are not included in the course cost and are estimated to be approximately \$149.00

Health and Human Service Professionals

*Prior to registering for CHE323 Pharmacy Technician 101, students must contact The Student Success Center at Allegany College of Maryland to schedule required math and reading placement tests, 301-784-5554. Please indicate that you are testing for Pharmacy Technician certificate training program through the Center for Continuing Education. For students unable to meet the minimum assessment requirements, remediation training is available free of charge. This training may be completed prior to, or while enrolled, in CHE321, Introduction to Health and Wellness. Therefore, testing as early as possible is recommended. Please contact Program Coordinator, Diana Folk at dfolk@allegany.edu or 301-784-5529 when you receive your test results. She will review your results and assist you in registering for Pharmacy Technician 101 or to set up remediation training if needed.



Pharmacy Technician 101 (CHE323/CHE343)

This course will cover knowledge areas and skills required and tested on the registry exam for the state of Maryland. Students will learn about drug classifications, generic and name brands, dosage calculations, and state and federal laws regarding working in a pharmacy. The student will work with analytical balances and compounding equipment that will prepare them for clinical application. A variety of measurement systems will be covered in the course, as the student will need to be able to apply conversions properly. In order to successfully pass this course, students must achieve a grade of "C" or better, along with meeting the academic standards of the college. Instructor consent required to take this course. Students must also demonstrate successful achievement on a standardized test assessing reading and mathematical skills. Please see the top of this page for required testing details.

8/21-12/6, Mon., Tues. & Wed. (45 sessions)

3:00-5:10 PM

No class 9/4, 10/9, 10/10

ACM: AH102, AH153

Instructor: Krista Barry

Course Cost:

In County: \$879.00

Out of County: \$1,749.00

Regional: \$1,899.00

Out of State: \$2,349.00

Course cost includes materials and CE registration fee. Books are NOT included in the course cost and are estimated to be approximately \$135.00

Pharmacy Technician 102 (CHE324)

This lecture/lab course will reinforce student's clinical internship experiences. Students must complete both this lecture and the corresponding lab/internship to earn their Pharmacy Technician Certificate and to apply for MD registration.

8/22-12/5, Tuesday (15 sessions)

No class 10/10

5:15-6:10 PM

ACM: AH102, AH153

Instructor: Krista Barry

Course Cost:

In County: \$296.00

Out of County: \$441.00

Regional: \$466.00

Out of State: \$541.00

Course cost includes the required criminal records history check, CE registration fee, and materials fee. Books are NOT included in the course cost and are estimated to be approximately \$72.00

Pharmacy Technician Clinical Internship (CHE325/CHE326/CHE328)

Students will spend 15 to 18 hours each week for a total of 180 hours in a retail pharmacy, hospital pharmacy or institutional pharmaceutical setting receiving practice as a Pharmacy Technician under the supervision of a registered pharmacist. Times will vary based on facility needs. In order to successfully pass this course, students must achieve a grade of "C" or better, along with meeting the academic standards of the college. Instructor consent is required to take this course.

Location: Various pharmacy sites

Instructor: Krista Barry

Course Cost:

In County: \$566.00

Out of County: \$1,146.00

Regional: \$1,246.00

Out of State: \$1,546.00

Course cost includes the CE registration fee and record retention fee.

MEDICINE AIDE CERTIFICATION / RENEWAL**Medicine Aide Certification (CHE659/CHE660)**

The purpose of this course is to prepare nursing home aides for the safe preparation (pouring), administration, and charting of non-parenteral medications. Content includes medications, their usage, dosage, and the side effects. ***This course has been approved by the Maryland Board of Nursing.***

Prerequisites: Because of the serious nature of the tasks to be performed, participants are required to present evidence of having met the following criteria:

- Be currently employed in a Maryland skilled care or intermediate care facility and have at least two-years full-time work experience as a Certified Nursing Assistant in a licensed facility.
- Be currently employed and have at least 1-year full-time work experience as a GNA in a licensed MD facility.
- Provide written evidence of employment status from Director of Nursing and/or Administrator of employing agency and a letter from Director of Nursing recommending participant for the class.
- Demonstrate successful achievement of a standardized test assessing reading and mathematical skills.
- Current completed physical exam form and a copy of employer background check, including drug screen, will be required before beginning clinical. If employer is unable to provide this documentation, a background check and drug screen must be completed. The fee for these services is NOT included in the course cost. Please contact Diana Folk at 301-784-5529 or at dfolk@allegany.edu for more information.

Included 39 hours of lecture and 36 hours of clinical experience for a total of 75 clock hours. Required textbook is included and will be distributed at the first-class session. Limit of 8 students. Determination of successful completion is at the sole discretion of the instructor.

PRETESTING:

Call the Student Success Center at Allegany College of Maryland to schedule required Math and Reading pretests at 301-784-5554. Please indicate you are testing for the Medicine Aide Course. **There is no charge for this testing.**

REGISTRATION AND TUITION: Includes tuition, registration and book.

Health and Human Service Professionals

Medicine Aide I: Classroom Lecture

9/6-10/18, Mon. & Wed. (13 sessions)

5:00-8:00 PM

ACM: CE19

Course Cost: \$369.00

Maryland Senior Course Cost: \$359.00

Medicine Aide Clinical (CHE660)

10/19-11/15, Mon., Wed. & Thurs. (12 sessions)

6:30-9:30 PM

Course Cost: \$249.00

Maryland Senior Course Cost: \$239.00

Course Cost for Classroom & Clinical: \$618.00

Maryland Senior Course Cost for Classroom & Clinical: \$598.00

Instructor: Eva Wilson, RN

Location: CE18 & off-site location

***This class is planned as a face-to-face class, but may be changed to online if necessary.**

Medicine Aide Update (CHE433)

This course meets the requirements for the State of Maryland for recertification as a medicine aide. In order to successfully complete the course, students must be present throughout and score a minimum of 80% on the written final exam. Students must also provide a letter from a long-term care facility as verification of employment and proof that they are eligible to take the class. This course is approved by the Maryland Board of Nursing. For information, please call 301-784-5529.

11/7-21, Tuesdays (3 sessions)

5:00-8:00 PM

ACM: CE19

Instructor: Eva Wilson, RN

Course Cost: \$109.00

Maryland Senior Course Cost: \$99.00

Please note, information on initial certification can be found under Health Professions Pre-licensure on pages 40 & 41.

Nail Technician Program (DHR600/DHR601/DHR602)

Allegheny College of Maryland's Nail Technician program prepares students to apply for the required examination to become a Licensed Nail Technician. The 250 hours of instruction include theory, demonstration and practical application. Upon completion of the course (Module I, II, III) students will be provided with the information for the state licensing exam. The student is responsible for paying for the exam. The program is divided into 3 modules which are included in the program cost. This fee also includes a Nail Technician Kit, that students keep for their personal and professional use. A textbook and workbooks are also included in the course fee.

Module I – Instruction and theory, demonstration and practical application.

Module II – Manicure and pedicure procedures, electric filing and how to apply wraps and nail tips. Anatomy and physiology of the hand and nails is reviewed.

Module III – Learn laws and regulations, explore career opportunities and discuss salon management.

9/11/23-1/25/24

Mon., Wed. & Thurs. 4:00-8:30 PM

Sat. 9/23; 10/14; 10/28; 11/11 & 12/9

8:00 AM-4:00 PM

ACM: Workforce Training Room

Instructor: Cassie Hunter

Course Cost: \$2,300.00

Senior Course Cost: \$2,295.00

Limited scholarships available. Please contact Christa Snyder for more information at 301-784-5530 or casnyder@allegheny.edu.



CHILD CARE TRAINING

Classes are all ONLINE and available year-round. Please call Christa Snyder 301-784-5530 or casnyder@allegany.edu for the complete schedule. Open entry classes are indicated with an asterisk*. Students may join these classes any time between the first-class date and the end class date.

Maryland-approved programs from pre-service to new coursework for advancing professionals.
FALL 2023 (September – December 2023) Online child care classes are OPEN for seat sharing

FALL 2023	Hours	Start	End
Child Growth & Dev.	45	9/8/2023	10/27/2023
Child Growth & Dev.	45	10/13/2023	12/1/2023
School Age Child Care: Curric.	45	9/13/2023	11/1/2023
School Age Child Care: Curric.	45	10/11/2023	11/29/2023
Infant & Toddler Care	45	9/11/2023	10/30/2023
Infant & Toddler Care	45	10/9/2023	11/27/2023
Preschool Curric & Activities	45	9/11/2023	10/30/2023
Preschool Curric & Activities	45	10/9/2023	11/27/2023
Child Care Administration	45	10/12/2023	11/30/2023
Communication Skills	9	10/30/2023	11/13/2023
Family Child Care Preservice	24*	8/28/2023	12/8/2023
Observation and Assessment birth-12	3*	8/28/2023	12/8/2023
Supervising Children in Child Care	3*	8/28/2023	12/8/2023
Positive Child Guidance & Discipline	3*	8/28/2023	12/8/2023
Developmentally Appropriate Practice	3*	8/28/2023	12/8/2023
Resources that Guide Daily Planning	3*	8/28/2023	12/8/2023
Taking Learning Outside	3*	8/28/2023	12/8/2023
Nutrition & Active Living	3*	8/28/2023	12/8/2023
Playground Safety	3*	8/28/2023	12/8/2023
Including all Children and the ADA	3*	8/28/2023	12/8/2023
Supporting Children with Disabilities	3*	8/28/2023	12/8/2023
Intro to Environmental Rating Scales	3*	8/28/2023	12/8/2023
The Child Care Provider as a Professional	3*	8/28/2023	12/8/2023
Conflict Resolution Strategies	3*	8/28/2023	12/8/2023
Cultural Competence & Awareness	3*	8/28/2023	12/8/2023
Family & Community Partnership	3*	8/28/2023	12/8/2023
SIDS	2*	8/28/2023	12/8/2023
Supporting Breastfeeding in Child Care	3*	8/28/2023	12/8/2023
Basic Health and Safety Training	5*	8/28/2023	12/8/2023
Pandemic and Infectious Diseases:			
Reducing Risks in Child Care	5*	8/28/2023	12/8/2023
Pyramid Model for Social and Emotional			
Competence-Preschool	18	10/2/2023	11/6/2023
CDA Capstone:			
Portfolio, Application & Exam Prep	22	10/3/2023	11/28/2023

DEADLINE TO REGISTER 2 weeks prior to start of each class.

Health and Human Service Professionals

REGISTRATION INFORMATION

45 Hour Course Cost: \$250.00

24 Hour Course Cost: \$250.00

22 Hour Course Cost: \$230.00

18 Hour Course Cost: \$175.00

9 Hour Course Cost: \$110.00

5 Hour Course Cost: \$75.00

3 Hour Course Cost: \$50.00

2 Hour Course Cost: \$50.00

These classes are designed to help you get your program aligned with Maryland EXCELS as well as to help you reach higher Maryland Child Care Credential levels. Credential Boosters are classes that are identified by MSDE in the Staff Credential modifications for levels 2, 3 and 4. For complete list of credential booster classes, please contact Christa Snyder at 301-784-5530 or casnyder@allegany.edu.

Please note the following about these courses:

- You can complete online Credential Boosters courses at your own pace, with instructor guidance; each one takes approximately three hours to complete (completion times may vary).
- You will need access to a computer, the internet, and email to take an online Credential Boosters course.
- No refunds or transfers. No assignment deadline extensions.
- Textbooks must be purchased prior to class (unless provided).

General guidelines for online classes: You will need access to a computer, the internet and email to take these courses; sufficient computer skills are required, including using a word processing program to write and save your work on your computer. Provide your email address with your registration so we can send you log in instructions. Online classes fill up quickly, so please register early!

Course Smart E-Textbook options for students

- eTextbooks are listed below, you may purchase directly from the publisher's website: www.vitalsource.com.
- Printed textbooks are also available. Students may purchase them at the Howard CC bookstore <http://www.howardcc.bncollege.com/> or from a seller of their choice.
- Always look for the LATEST edition, as editions can change.

Child Care I: Child Growth & Development 45 hours

Textbook Title: Developmental Profiles (Cengage) 9th edition

Child Care II: Preschool Curriculum and Activities 45 hours

Textbook Title: Preschool Appropriate Practices, Environment, Curriculum & Development (Cengage) 5th edition

Child Care III: School Age Child Care Curriculum 45 hours

Textbook Title: Caring for School Age Children (Cengage) 6th edition

Child Care IV: Infant & Toddler 45 Hours

No Text book purchase required. MSDE's Healthy beginnings text is included.

*****Other child care classes may also require book purchase******

CDA Capstone Textbook Requirements:

CDA Value Package w/Infant-Toddler Competency Standards Book Item Number: ESS4-WK4-IT

CDA Value Package w/Preschool Competency Standards Book Item Number: ESS4-WK4-PS

CDA Value Package w/Family Child Care Competency Standard Item Number: ESS4-WK4-FCC

Child Care Certification Preparation & Professional Development

ACM's Division of Continuing Education & Workforce Development early childhood education and child care college programs are continually revised and updated to address new state requirements. Courses also meet annual continued training for child care teachers, directors, and family providers as required by MSDE. Maryland-approved programs from pre-service to new coursework for advancing professionals.

ALLEGANY COLLEGE of MARYLAND'S
AMERICAN HEART ASSOCIATION TRAINING CENTER
OFFERS MANY COURSES EACH MONTH
ON A YEAR-ROUND BASIS



Would You Know What To Do In An Emergency?

Courses taught at the ACM Training Center by TC Faculty include Basic Life Support (BLS) Provider and Heartsaver First Aid/CPR. Students that successfully complete AHA courses receive an official certification card valid for two years. Healthcare workers should be aware that most health-related scopes of practice require them to maintain CPR and/or First Aid certification. ***Be sure to register for a class in order to receive or maintain this important professional credential.***

For updated information regarding class dates and times, our AHA training site is listed on the [americanheart.org](https://www.americanheart.org) website! After you have found a desired class, please call to save your spot and to register at 301-784-5341. This site is for information only and will not confirm availability in a particular class.

CONVENIENT SCHEDULE: ACM offers CPR and First Aid courses in Cumberland each month and classes are taught in the Workforce Training Building on the campus. Check the listings on the following pages to find a course that meets your needs.

IN-HOUSE TRAINING AVAILABLE: Would your group or agency benefit from a private CPR and/or First Aid training conducted in our new CPR building? For more information on this in-house training opportunity, call Roberta See, 301-784-5528 or rksee@allegany.edu.

INSTRUCTOR CLASSES ARE FORMING! Are you interested in becoming a certified instructor for the American Heart Association? Call Roberta See, 301-784-5528 for details and information regarding instructor training and certification. We typically run one per semester, pending interest.

TRAINING FOR THE LAYPERSON

The ACM Training Center is committed to a standard of excellence in the teaching and training of the general public in the fundamentals of basic CPR and First Aid. An individual's survival and subsequent recovery from a heart attack or a serious accident is often directly related to the quality of care immediately provided by a family member or person(s) on the scene. The ACM Training Center will provide the highest caliber of instruction to those individuals preparing for the time when they may be called upon to act.

Heartsaver First Aid and Adult CPR (with optional Child CPR AED and Infant CPR) (CPR101)

According to the Occupational Safety and Health Administration (OSHA), approximately 4 million injuries and illnesses occur annually in the workplace, and nearly 80 percent of sudden cardiac arrests occur outside the hospital.

Heartsaver First Aid CPR AED is a classroom, video-based, instructor-led course that teaches students critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives. In this course, students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. This course also teaches adult CPR and AED use.

Upon successful completion of the course, including a first aid, CPR and AED skills test, students receive a Heartsaver First Aid CPR AED course completion card, valid for 2 years.

Audience: All lay rescuers, including childcare workers, babysitters, firefighters, police, airline personnel, security guards, or family members of patients at high risk for cardiac arrest. *This course meets OSHA standards for First Aid.*

Prerequisites: None. This course is specifically designed for the lay person so students are not expected to know any of the material or have related experience. The cost of registration includes a workbook. This workbook will be provided during your class time.

Note: *Class end times may vary based upon the number of students, student skill level, and need/desire for Child/Infant CPR training. Classes may be cancelled due to low enrollment.*

8/19, Saturday, (1 session)

12/5, Tuesday, (1 session)

All Sessions:

8:00 AM-4:00 PM

ACM: Workforce Training Room

Instructor: Staff

Course Cost: \$80.00

Maryland Senior Course Cost: \$75.00

TRAINING FOR HEALTHCARE PROFESSIONALS

Basic Life Support (BLS) Provider (CPR775)

The Basic Life Support (BLS) Provider Course is a video-based, Instructor-led course that teaches both single-rescuer and team basic life support skills for application in both prehospital and in-facility environments, with a focus on high-quality CPR and team dynamics. This course trains participants to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations and provide early use of an AED.

BLS Provider teaches skills using the American Heart Association's proven Practice-While-Watching technique, which allows instructors to observe students, provide feedback and guide students' acquisition of skills.

Upon successful completion of the course, including a CPR and AED skills test and a written test, students receive a BLS Provider course completion card, valid for 2 years.

Audience: Physicians, nurses, paramedics, EMT's, respiratory, physical & occupational therapists, physician assistants, residents, medical/nursing students, aides, and other allied health personnel and lifeguards that choose to pursue this important credential for personal and/or work-related reasons.

Prerequisites: None. This course is recommended for the professional healthcare provider. The cost of registration includes the cost of the workbook which students will receive at the beginning of class.

Note: *Class end times may vary based upon the number of students and student skill level. Classes may be cancelled due to low enrollment.*

9/12, Tuesday (1 session)
10/27, Friday (1 session)
11/17, Friday (1 session)
12/1, Friday (1 session)

All Sessions:
8:00 AM- 4:00 PM
ACM Workforce Training Room
Instructor: Staff
Course Cost: \$90.00
Maryland Senior Course Cost: \$85.00

BLS RENEWAL CLASS

Basic Life Support (BLS) Provider RENEWAL (CPR776)

The AHA has added a BLS Renewal course option for BLS providers to complete BLS training and receive a BLS Provider course completion card. The BLS Renewal Course is a video-based, Instructor Led Training course that features accelerated content. It is designed specifically for providers with a current BLS Provider course completion card and allows for time efficiency while teaching both single-rescuer and team basic life support skills in both in-facility and prehospital settings.

Prerequisites: Students must present their current (OR within 30 Days of Expiration) BLS Provider card to the instructor upon arrival to the class. The instructor maintains the right to dismiss a student that does not present a valid BLS Provider card.

The course cost includes the workbook which students will receive in class.

8/22 Tuesday (1 session)
9/16, Saturday (1 session)
10/17, Tuesday (1 session)
11/14, Tuesday (1 session)
12/12, Tuesday (1 session)

All sessions:
9:00 AM-3:00 PM
ACM: Workforce Training Room
Instructor: Staff
Course Cost: \$80.00
Maryland Senior Course Cost: \$75.00

*Health and Human Service Professionals***SHARED COURSES****ACLS (CPR769)****WHO SHOULD TAKE THIS COURSE?**

Healthcare professionals who either direct or participate in the management of cardiopulmonary arrest or other cardiovascular emergencies. This includes personnel in emergency response, emergency medicine, intensive care, and critical care units such as physicians, nurses, and paramedics.

COURSE COVERS:

- Basic life support skills, including effective chest compressions, use of a bag-mask device, and use of an AED
- Recognition and early management of respiratory and cardiac arrest
- Recognition and early management of periarrest conditions such as symptomatic bradycardia
- Airway management
- Related pharmacology
- Management of ACS and stroke
- Effective communication as a member and leader of a resuscitation team

Successful course completion includes demonstrating skills competency in all learning stations and passing the CPR and AED skills test, bag-mask ventilation skills test, a Megacode test and a written test. Upon successful completion, students received an ACLS Provider eCard, valid for two years.

Prerequisite: Current BLS (Basic Life Support) Provider CPR completion card, second year clinical Allied Health student or permission of instructor.

***The course described above is for continuing education only. No college credit will be received.**

10/14 & 10/21, Saturday (2 sessions)

8:00 AM-5:00 PM

ACM: AH108

Instructors: Paula Fuller and David Diehl

Course Cost: Includes \$50 fee

In-County: \$184.00

Out-of-County: \$329.00

Regional: \$354.00

Out-of-State: \$429.00

No Senior Waiver/Discount

Basic Phlebotomy Procedures (CHE388)

This course is designed to train Allied Health students and practicing professionals in the skills necessary to ensure proper blood specimen collection. Participants will learn the techniques necessary to obtain a quality specimen for use in a laboratory setting or point of care testing environment. ***This course as described above is for continuing education only. No college credit will be received.**

8/21-9/18, Monday (4 session)

No class on 9/4

3:30-7:30 PM

ACM: AH251

Instructors: S. Pyles and T. Koontz

Course Cost: Includes \$80 lab fee

In-County: \$214.00

Out-of-County: \$359.00

Regional: \$384.00

Out-of-State: \$459.00

INTERDISCIPLINARY**MediCupping Two-Day (CHE799)**

This NCBTMB approved course reviews the history of vacuum therapies, applications and contraindications, and all of the foundation movements and techniques. A demonstration will illustrate the immediate treatment applications, as well as the invaluable information that the body reveals through the lens of the cup. This presentation will explain the effects of VacuTherapies on the body and how these effects can result in dramatic changes in client conditions. As an adjunct therapy to chiropractic manipulation, medical protocols and surgical recovery, MediCupping therapy accelerates patient progress. This leads to happier clients and increased referrals from medical professionals!

One of the most amazing aspects of this technique is the “separation” that the vacuum produces in tissues layers. This enables water absorption and renewed blood flow to undernourished and dehydrated tissue as well as the elimination of old waste and congestion. The results are truly incredible.

Along with the substantial health benefits of clearing old debris, the use of suction is invaluable in releasing soft tissue, scars and restricted fascia. Sports professionals are benefiting from the ease of recovery from injury or surgery and an increase in athletic performance, and many major league sports teams are utilizing the therapy. Students will work with and become skilled at using the MC-600 VacuTherapy machine and will experience intensive hands-on exposure to the techniques that are presented.

This course is approved for 16 NCBTMB CEUs and has been submitted to the Maryland State Board of Chiropractic Examiners for 16 CEUs and the Maryland State Board of Physical Therapy Examiners for 1.6 CEUs. Because of the hands-on nature of this course, enrollment is limited to 12. Early registration is highly recommended.

10/9 & 10/10, Mon & Tues (2 sessions)

8:00 AM-5:00 PM

Instructor: Eddie Souza, LMT, NCBTMB approved

ACM: AH230 (Classroom) & AH259 (Physical Therapy Lab)

Course Cost: \$500.00, Includes continental breakfast and lunch both days.

Maryland Senior Course Cost: \$490.00



Attention Educators

Mind-Body Skills can help
you and your students
reduce the impacts of
stress and anxiety.

MSDE Approved
for 1 CPE

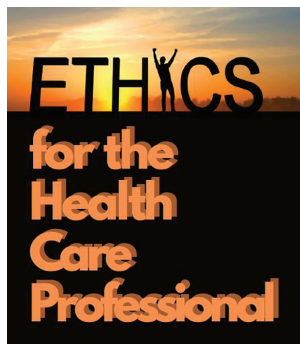
See page 56 for more information
or email kcondor@allegany.edu with questions.



Health and Human Service Professionals

Ethics for the Health Care Professional (CHE363)

Who Should Attend: Dental Professionals, Physical Therapists and Assistants, Psychologists, Professional Counselors, Social Workers, and Addictions Counselors. **Professionals only please.**



Health care professionals are confronted with difficult ethical decisions on a near daily basis.

They need tools that can help them to think about these decisions, and to justify decisions to patients, families, peers, and the general public. The pandemic has only increased the need for tools that can help them to think about these decisions, and to justify these decisions to patients, families, peers, and the general public. The overall aim of this day-long course is to provide practical skills and knowledge that can be applied to the process of health care decision-making. Through lecture, case studies, and discussion, students will develop a better understanding of ethical problems frequently encountered in the health care environment and possible methods of addressing these problems. Upon completion of this course, the student should be able to:

1. Identify and explain the key concepts, theories, and principles of health care ethics
2. Describe ethical issues that frequently arise in the health care environment
3. Apply a process of ethical decision-making to clinical cases
4. Identify common obstacles to good ethical decision-making
5. Explain how to access professional and institutional resources related to health care ethics.

6 contact hours for PT's, Psychologists, Addictions counselors, Social workers and Professional counselors. Four role-related hours for Maryland Occupational Therapists. This course has also been approved for 6 CEUs for Dentists, Dental Hygienists, and Dental Assistants by AHEC West, which is designated as an Approved PACE Program Provider by the Academy of General Dentistry.



AHEC West
Locally Approved PACE Program
Provider for FAGD/MAGD credit
Approval does not imply acceptance by
any regulatory authority or AGD endorsement.
04/01/2021 to 03/31/2024
Provider ID# 301740



This course is available for in person or ZOOM enrollment. Please specify Face to Face or ONLINE at time of registration.

12/15, Friday (1 session)

9:00 AM–4:30 PM

ACM: CE8

Instructor: Dr. David Atenasio

Course Cost: \$115.00

Maryland Senior Course Cost: \$100.00

DEA MATE for Prescribers: Evidence Based Approaches to Screen, Treat and Refer SUD Patients - And Safely Treat Pain for All AHC179 (In-Person) and AHC180 and AHC181 (Online-On Demand)

This 2-part course is designed to fulfill the Medication Assisted Treatment Education (MATE) requirements set by the Drug Enforcement Administration (DEA) for health care providers and dental professionals in Section 1263 of the Consolidated Appropriations Act of 2023. This course is offered in partnership with AHEC West, the Allegany/Garrett Dental Association, and UPMC Western Maryland.

Part 1: (AHC179/180) On Friday, December 1st, join Dr. Stephanie Hutter-Thomas for a 6-hour, multidisciplinary course designed to meet the DEA mandate AND take participants beyond the regulations and statistics to better understand what's really happening on the frontlines of the addiction crisis, particularly in Appalachia. The live-session will be offered in ACM's newly renovated Zimmer Theatre or on ZOOM. Please specify AHC179 for in-person or AHC180 for ZOOM at time of registration.

Dr. Hutter-Thomas is a public health expert with a specialization in substance use and substance use disorder (SUD) research. She will share the latest information on the biopsychosocial causes and impacts of addiction as well as the various medication and non-medication options for SUD treatment and recovery. Practitioners will learn practical, sometimes covert, methods to screen for medication misuse (in their practice and at home) and evidence-based approaches to communicate with and safely treat or refer their SUD impacted patients. They will also gain techniques and confidence to support their patients (or family and friends) as they navigate recovery.

The science that drives best-practices and the laws and regulations related to controlled substances will be covered. However, Dr. Hutter-Thomas will bring this information to life through real stories of diagnosis, treatment, and recovery. She will share the latest information on risks and protective factors that influence addiction as well as current best-practices for pain management.

Upon Completion of this Course Participants will be able to:

- Describe the biopsychosocial root causes of addiction including risks and protective factors, including epigenetics.
- Recognize drug-seeking behavior and signs of medication misuse and appropriately address patient non-compliance.
- List the FDA approved Medication Assisted Treatment options, including benefits, risks and contraindications.
- Outline the laws, regulations, and best practices related to controlled substances.
- Describe the societal impacts of the SUD crisis and the prescriber's role in mitigating SUD risk through screening and pain management practices.

Part II. (AHC181) DEA MATE Online Supplement for Non-Dental Prescribers

After completing the 6-hour live training, physicians, nurse practitioners, physician assistants, and other non-dental* prescribers will complete a 2-hour online supplement that takes a deeper dive into treating and managing patients with opioid or other substance use disorders. This ON DEMAND course, also taught by Dr. Stephanie Hutter-Thomas, includes additional information on the appropriate clinical use of all drugs approved by the Food and Drug Administration for the treatment of SUD as well as pain management best practices. Electronic prescribing and Prescription Drug monitoring Programs will also be covered.

Please register separately for the supplement (AHC181). The link will be emailed to registered participants at the conclusion of the December 1st training. Students will have until June 30, 2024 to complete the 2-hour training and submit the online evaluation to receive the additional 2-hours of credit.

Health and Human Service Professionals

Upon Completion of the 2-hour Supplement Participants will be able to:

- Implement effective pain management strategies while adhering to DEA regulations.
- Describe the role of electronic prescribing and use of the Prescription Drug Monitoring Programs (PDMPs) effectively.
- Assess and prescribe the appropriate Medication Assisted and other treatment options for their SUD patients.

***Please note:** The DEA WILL accept past trainings that are approved by an accredited organization named in Section 1263 of the Consolidated Appropriations Act of 2023 and adequately cover the required topics. Guidance on this was not available as this goes to press, but the October 28, 2022 ACM/AGDS Dental Pharmacology: Proper Prescription Writing and Disposal of Prescription Drug course required by the MSBDE should meet this requirement for dental prescribers. Dental prescribers are certainly welcome to attend the 2-hour supplemental course, though it is targeted to medical professionals who may directly treat SUD patients.

CEU Information: AHC179 and AHC180 will provide professional CEUs for: Addictions Counselors, Dental Professionals, Nurses*, Nurse Practitioners*, Physicians*, Professional Counselors, Psychiatrists, Psychologists, and Social Workers. AHC181 has been submitted for 2 additional contact hours for CME and ANCC nursing credit.

AHC179 and AHC180 have been approved for 6 CEUs for **Dentists, Dental Hygienists, and Dental Assistants** by AHEC West, which is designated as an Approved PACE Program Provider by the Academy of General Dentistry.



AHEC West
Locally Approved PACE Program
Provider for FAGD/MAGD credit.
Approval does not imply acceptance by
any regulatory authority or AGD endorsement.
04/01/2021 to 03/31/2024
Provider ID# 301740



Allegany College of Maryland is authorized by the State Board of Examiners of Psychologists, as a sponsor of Continuing Education. This course is approved for 6 CEUs.

Allegany College of Maryland is authorized by the Board of **Social Worker** Examiners in Maryland to sponsor social worker continuing education programs and maintains full responsibility for this program. This live, interactive, real-time training qualifies for Category 1 continuing education units.

Allegany College of Maryland has been approved by the Maryland State Board of Examiners as an authorized sponsor who may provide Category A CEUs for certified **professional counselors, marriage and family therapists and alcohol and drug counselors**. This course is approved for 6 CEUs.

AHC179/180 and AHC181 have been submitted for **CME** and **ANCC Nursing** CEUs through **UPMC Western Maryland** for 6 (AHC179/180) and 2 (AHC181) contact hours.

Allegheny College of Maryland maintains responsibility for this program.



December 1, 2023 (1 session)

ACM Zimmer Theatre (AHC179) **or** Live on ZOOM (AHC180)

9:00 AM-4:00 PM

Instructor: Dr. Stephanie Hutter-Thomas

AHC179 – In Person Course Cost **\$199.00**, (includes morning coffee & lunch)

Maryland Senior **In Person** Course Cost: **\$194.00** (includes morning coffee & lunch)

AHC180 – **ZOOM** Course Cost **\$185.00**

Maryland Senior **ZOOM** Course Cost: **\$180.00**

AHC181 -DEA MATE 2-Hour supplement for non-dental prescribers available **ON-DEMAND** from December 1, 2023 through June 30, 2024

Course Cost: **\$25.00**

Maryland Senior Course Cost \$22.00

The online course link will be emailed to registered participants at the conclusion of the December 1st training. Participants must pass a post-test and complete an online course evaluation to receive full credit.



Learn techniques to ease the anxiety of your patients - and help yourself too!

Information on ACM's Mind-Body Skills Groups can be found on Page 56.

**Earn 16
PACE CEUs!**



Questions? Email kcondor@allegheny.edu

THE ACM MIND-BODY CONNECTION

The statistics on the mental health toll of the pandemic are so staggering, it's easy to forget that for too many, mental health was a crisis before the pandemic. Allegany College of Maryland has a longstanding partnership with the Washington, D.C. based Center for Mind-Body Medicine (CMBM). The Center is world renowned for their population wide trauma-relief program and over the past three years ACM and the Center have trained more than 135 local Mind-Body Skills Group facilitators. This now gives our community more trained facilitators per capita than anywhere IN THE WORLD! COVID-19's impact has significantly magnified both the severity and urgency of the need for mental health resources and we feel blessed to have this evidence-based resource available to our community during this time of unprecedented need.

Mind-Body Skills are simple tools that mitigate the negative impact of stress on your physical and emotional health. The Center's model of self-care and group support has been used successfully around the globe for more than three decades. During the pandemic the model was successfully shifted to ZOOM delivery and we have been grateful to discover that this transition did not diminish the powerful impact of the CMBM model. In fact, 100% of the participants in our online Mind-Body Skills Groups would recommend this opportunity to others.

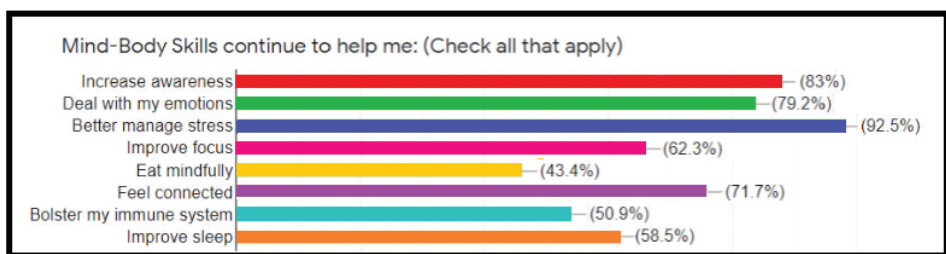
We have various options to learn Mind-Body Skills. You can sign up for a traditional 8-week Mind-Body Skills Group (primarily over ZOOM) or request a 1-2 hour (or longer) workshop for your organization. If your organization is looking for an impactful and affordable worksite wellness option, we can arrange a facilitator for a ZOOM (or if COVID protocols allow, face-to-face) Mind-Body Skills group just for your employees.

Additional details about these options can be found below. If you have any questions, please contact Kathy Condor at kcondor@allegany.edu or 301-784-5526.

Eight Week Mind-Body Skills Groups (CHE264)

According to the American Medical Association, most physicians' visits are STRESS RELATED! Mind-Body Skills Groups are a powerful, effective combination of group support and research-based skills to help you deal with stress, life changes and illness. Mind-Body Skills Groups help people to transform the physical, mental, emotional, social and spiritual dimensions of their lives. Mind-Body Skills reduce and relieve stress and increase resistance to disease. Mind-Body Skills groups empower your growth through effective, research-proven skills. Participants learn the science and skills of meditation, guided imagery, biofeedback, and self-expression in words, drawings, and movement.

Participants who completed our facilitator trainings and 8-session groups continue to see benefits including:



AND - 100% of participants would recommend this experience to others!

Health and Human Service Professionals

"I feel much more equipped to deal with stress and feel that I have many tools in my tool box to offer to students or staff or friends who are feeling stressed."

"The exercises were so amazing."

"I know I can cope with life!"

"Thank you so much for allowing this to happen during the pandemic. Online group work was a social lifeline and the universe definitely provided it for me at the exact right time!"

Groups generally have 8-10 participants and meet for 2-hours/week for eight weeks, primarily over ZOOM. Prior to the first group session, your facilitator will hold a brief introductory call to explain more details about the group and test your technology for the ZOOM platform. Group start dates and offering times vary. Please visit allegany.edu/cmbm to view available groups and register.

Professional CEUs available for a \$15 fee. 16 CEUs for LCPC, Psychologists and Addictions Counselors. Approved by MSDE for 1 CPE for Maryland Educators. PACE Dental CEUs available through our training partner AHEC West. Please email kcondor@allegany.edu prior to enrollment to confirm CEU availability.

Need access to technology or internet? Please call 301-784-5526 to discuss available options.

Start Dates and Times Vary (8 sessions)

To view available groups options and register, please visit www.allegany.edu/cmbm.

Instructor: Various CMBM Trained Facilitators

Course Cost: \$149.00

Maryland Senior Course Cost: \$144.00

\$100 discounts available for Maryland residents.

NEW THIS FALL: 2-Day Mind-Body Skills Experience

The Community Resilience Network and ACM/CE are pleased to introduce this new program which teaches traditional and new Mind-Body approaches to increase self-awareness, self-expression, and self-care. Currently available only for in-person attendance, private groups are available for your group of 8-10 participants – or enroll in an open enrollment group.

Like the 8-week model, the 2-day program is eligible for 16 CEUs for LCPC, Psychologists and Addictions Counselors. Approved by MSDE for 1 CPE for Maryland Educators. PACE Dental CEUs available through our training partner AHEC West. Please email kcondor@allegany.edu prior to enrollment to confirm CEU availability.

Start Dates and Times Vary (2 sessions plus a 1-hour pre-course orientation.)

Instructor: Various CMBM Trained Facilitators

Location and times vary.

Course Cost: \$149.00 Maryland Senior Course Cost: \$144.00

\$100 discounts available for Maryland residents.

Introduction to Mind-Body Skills – FREE WORKSHOP

Trained members of the Community Resilience Network (CRN) Team are available to provide one-hour informational sessions to your community organization or business. These sessions will introduce participants to the science behind mind-body medicine and include activities that enable participants to experience the mind-body connection for themselves. If your organization is interested in hosting an information session, please email kcondor@allegany.edu. Workshops are available online or in person and there is currently no charge for this training opportunity.

Health and Human Service Professionals

Workplace Wellness

Since the onset of the pandemic, life has been overwhelming - and our collective brains are like a computer that has maxed out its RAM. Studies show this strain has increased "presenteeism" - time employees are at work, but not working, with rates of presenteeism are approaching 50% or higher! Spending two-hours a week on self-care, can help you and your employees free up some head space. Participants in Mind-Body Skills Groups consistently show a decrease burnout and stress and increases creativity and resilience. What will you do with a workforce that is engaged, creative, and future focused?

Trained facilitators are available to work with your organization to offer longer Mind-Body Skills workshops (2-6 hours) and/or The Center for Mind-Body Medicine's proven 8-session model of self-care and group support (CHE264) as a wellness initiative for your employees.

To add this opportunity to your worksite wellness initiatives or receive additional information, please email kcondor@allegany.edu.

HUMAN SERVICES

Human Service classes listed below for Fall 2023 will continue to be offered in a hybrid format. Upon registration, advise staff if you will be attending in-person or virtual. Please call 301-784-5530 for more information.

Classes may be open only to specifically identified health care professions. Verification of professional certification or licensure may be required. It is the responsibility of the participant to ascertain whether a course is within the scope of practice of their profession as determined by their regulatory body.



Dialectical Behavior Therapy (DBT) has gained increased recognition and popularity in recent years as the intervention has demonstrated effectiveness in treating emotional dysregulation, impulsive behaviors, and suicidality. Originally developed to treat adults with symptoms of Borderline Personality Disorder, DBT has been adapted to help individuals with a variety of diagnoses and symptomology including eating disorders, complex mood disorders, substance use disorders, and adolescent suicidality. This DBT series of training will provide you with a solid introduction to DBT and will equip you with strategies you can integrate into your therapeutic practice, as appropriate, to begin offering DBT-informed care. **In partnership with the Local Behavioral Health Authority, the DBT trainings will be offered at no cost to behavioral health professionals.**

DBT- Part 1 (DHR750)

The first session of this training will include information about the theoretical framework and structure of comprehensive DBT, the structure and goals of individual DBT sessions, the use of dialectics in DBT, and the importance of competent assessment in order to identify treatment targets. Modes of learning will include lecture, discussion, case examples, and didactic activities designed to help you practice DBT strategies and skills. **6 CEU's offered for Social Workers, LCPC, Psychologists, Addictions Counselors and other human service professionals.**

9/13, Wednesday (1 session)

9:00 AM-4:30 PM

ACM: CE12-14

Instructor: Nina J. Hotkowski, LCSW

Course Cost: **Free**

Senior Course Cost: **Free**

DBT- Part 2 (DHR751)

The second session of the DBT training will focus on the main principles of acceptance and change and the primary treatment strategies of validation and problem solving. Once again, modes of treatment will include lecture, discussion, case examples, demonstrations, and didactic activities. Participants are encouraged to bring their own case examples to use when practicing treatment strategies! **6 CEU's offered for Social Workers, LCPC, Psychologists, Addictions Counselors and other human service professionals.**

10/18, Wednesday (1 session)

9:00 AM-4:30 PM

ACM: CE12-14

Instructor: Nina J. Hotkowski, LCSW

Course Cost: **Free**

Maryland Senior Course Cost: **Free**

It's Not Taken: Realities of Commercial Sex Trafficking of Children and Youth (DHR746)

When most people hear "human trafficking," they think of the movie, *Taken*, or about foreign nationals smuggled into the US. However, multiple cases of domestic human trafficking have been reported in all 50 states. There are numerous risk factors, which include any set of experiences that may lead to increased emotional or physical vulnerability. These experiences include a history of neglect or abuse, low self-esteem, substance use and abuse, poverty, and foster care placement. This training will explore the latest data on the overlap between child welfare and sex trafficking and will discuss the training needs of child welfare workers to equip themselves with the skills and knowledge necessary to serve this vulnerable population. **6 CEU's offered for Social Workers, LCPC, Psychologists, Addictions Counselors and other human service professionals.**

10/25, Wednesday (1 session)

9:00 AM-4:30 PM

ACM: CE12-14

Instructor: Nadine Finigan-Carr, PhD

Course Cost: \$99.00

Maryland Senior Course Cost: \$94.00

LGBTQ+ Clients: What Clinicians Need to Know Part II (DHR754)

This training will cover a brief review of terminology, pronouns and basic LGBTQIA+ information and then delve into deeper conversations around some of the most pressing issues for working with LGBTQIA+ individuals and their families. Collaborative discussion on a variety of topics will include: helping caregivers cope with their children's identity, acknowledging spiritual/religious challenges, and cultural implications to families. We will discuss how to affirm and support clients regarding their sexual orientation and/or gender identity in various settings including schools, foster care, medical care, and religious institutions. Terminology to avoid and other sensitive topics will be explored through examples and case studies. Attendees will help compile a resource list for themselves and their clients and families. Individuals who attended the training in the fall or those with basic knowledge of LGBTQIA+ topics and information will benefit from the more in-depth conversations this workshop is intended to include. This interactive presentation will include a powerpoint presentation as well as small group discussions, case studies, and plenty of time for questions that are most pertinent to participants practices and

experience. **3 CEU's offered for Social Workers, LCPC, Psychologists, Addictions Counselors and other human service professionals.**

11/3, Friday (1 session)

9:00 AM-12:15PM

ACM: CE8

Instructor: Brenda Dorsch Phd., LCPC, NCC

Course Cost: \$45.00

Maryland Senior Course Cost: \$40.00

Autism (DHR747)

Understanding Autism Spectrum Disorder (ASD) is one way to improve your interactions with someone on the spectrum. This training will provide a practical and experiential opportunity for you to learn strategies for dealing with communication/language processing, and tips for dealing with clients with ASD. The course covers factors that make communication and engagement challenging; how individuals with autism engage; the impact of sensory differences on communication and engagement; the environment impacts on communication and engagement; the rules of engagement. **6 CEU's offered for Social Workers, LCPC, Psychologists, Addictions Counselors and other human service professionals.**

9/20, Wednesday (1 session)

9:00 AM-4:30 PM

ACM: CE Bldg.

Instructor: Marguerite Falcon, LCSW-C

Course Cost: \$99.00

Maryland Senior Course Cost: \$94.00