



Allegany College of Maryland Pre-Participation Packet Checklist

Prospective and Current Student Athletes:

All of the below forms **must be completed and reviewed** by the ACM Athletic Department prior to participation in any ACM sanctioned practice or tryout. There are **NO** exceptions to this requirement.

** Please check off each form when completed to insure all required forms are turned in. Completed forms may be submitted to the Athletics Department Administrative Associate (Rm. 166), Head Athletic Trainer (Rm. 160), or your respective Head Coach.

- 1. **ACM Eligibility Affidavit (Pink and Two-Sided)**
- 2. **Student-Athlete Health History Questionnaire Form (3 pgs. Front & Back)**
- 3. **Pre-Participation Physical Evaluation Physician Form**
*** 1 pg. To be completed and signed by your at-home Primary Care Physician***
- 4. **ACM Media Release Consent**
- 5. **Pre-Participation CV-19 Screening**
- 6. **NJCAA Region XX Communicable Disease Waiver**
- 7. **Emergency Contact/Insurance Form**
- 8. **Department of Athletics Assumption of Risk/Release (Two-Sided)**
- 9. **ACM Insurance and Treatment Consent Acknowledgement (Two-Sided)**
- 10. **FERPA Release of Information**
- 11. **ACM CV-19 Consent & Waiver Agreement High Exposure Activities**
- 12. **Student Athlete Standard of Excellence (5 pgs. – Please Return Only Signature Page)**
- 13. **NJCAA Sportsmanship and Code of Conduct (student-athlete keeps this copy, no signature)**

Additional note for minors: Any student athlete *under the age of 18* will require the signature of a parent/legal guardian along with the student's signature.