Health and Human Service Professionals

Classes may be open only to specifically identified health care professions. Verification of professional certification or licensure may be required. It is the responsibility of the participant to ascertain whether a course is within the scope of practice of their profession as determined by their regulatory body.

HEALTH PROFESSIONS PRE-LICENSURE

Community Health Worker (CHW) and Community Dental Health Coordinator (CDHC) Training Course (CHE207, CHE267) and for CDHC Certification, (CHE370)

Allegany College of Maryland is very pleased to partner with Maryland Area Health Education Center West, (AHEC West) to provide this extremely relevant training to our region. Community Health Workers (CHWs) are frontline public health workers who have a close understanding of the community they serve. This important and growing field advocates for individuals and the community through education on preventative care and the adoption of healthy behaviors and by connecting clients to available health and social service resources.

Maryland Area Health Education Center West, (AHEC West) has approved and certified the curriculum to meet Maryland’s defined 11 ‘core competencies’ that aspiring CHWs must master. The training is comprised of 160 hours: 120 didactic classroom training hours that includes group work, role play, and homework built into the training time; and 40 hours field placement or practicum toward the Community Health Worker (CHW) certificate of completion. This training prepares Community Health Workers to serve in a variety of roles, enabling participants to connect individuals and the community with health information and resources to improve health literacy and access to care.

The Community Dental Health Coordinator (CDHC) is a dental team member whose primary function is the prevention of dental disease with an emphasis on Community Health Worker (CHW) skills. This certification was developed by the American Dental Association®, (ADA) and combines seven of the CHW core competencies with dental expertise. CDHC job responsibilities vary depending on the goals of the clinics and communities they serve. Through community outreach, CDHCs may work to increase awareness of the importance of oral health, educate on how to become and stay healthy, help patients navigate the health care system, and improve health outcomes by linking at-risk patients to dentists to provide appropriate care. At this time, ACM’s CDHC Certification training is only available to licensed Dental Hygienists or Dental Hygiene students who will be completing an accredited Dental Hygiene program within 12 months.

Qualified Dental Hygienists or students who complete the CHW training, must complete an additional Internship Module specific to oral health to receive the American Dental Association®’s Community Dental Health Coordinator (CDHC) Certification. This Internship length can vary and will be arranged on a case-by-case basis with the assistance of AHEC West, the American Dental Association®, and the Allegany/Garrett Dental Society. The CDHC model has been adapted to numerous community settings, including clinics, private practices, schools, Head Start centers, institutional settings, churches, social service agencies and others.

Both Community Health Workers and Community Dental Health Coordinators will acquire expertise in a variety of areas, including cultural competency, communication skills, knowledge of local health and social service systems, advocacy, care coordination and health information technology. All students will apply these competencies in a classroom and community environment, specific to their training needs.

(Continued on page 38)
Community Health Worker/Community Dental Health Coordinator

Core Competencies
1. Effective oral & written communication skills
2. Cultural competency
3. Knowledge of local resources and system navigation
4. Advocacy and community capacity building skills
5. Care coordination skills
6. Teaching skills to promote healthy behavior change
7. Outreach methods and strategies
8. Ability to bridge needs and identify resources
9. Understanding of public health concepts and health literacy
10. Understanding of ethics and confidentiality issues
11. Ability to use and understand health information technology

CHW/CDHC Roles
1. Serving as a liaison between communities, individuals and coordinated health care organizations.
2. Providing evidence-based health guidance and social assistance to community residents.
3. Enhancing community residents’ ability to effectively communicate with health care providers.
4. Providing culturally and linguistically appropriate health education.
5. Advocating for individual and community health equality.
6. Providing care, support, follow up and education in community settings such as homes and neighborhoods.
7. Identifying and addressing issues that create barriers to care for specific individuals.
8. Providing referral and follow-up services or otherwise coordination of human services options.
9. Proactively identifying and referring individuals in federal, state, private or nonprofit health and human services programs.
10. Integrating with patient’s care team to support progress in care plan and overall patient wellness.

Community Health Worker Part 1 & 2 (CHE207 & CHE267)
5/6-9/2 Monday & Thursday (33 sessions)
No class 5/27 & 7/4
6:00–9:00 PM
ACM: CE
Instructors: Catie Wampole and Dorian Birkholz
Course Cost: $2005.00
Maryland Senior Course Cost: $1995.00

Community Dental Health Coordinator Certification Internship (CHE370)
Dates, Times and Location arranged in coordination with AHEC West and the AGDS during completion of CHE267.

Limited CHW and CDHC Scholarships are available.
Please contact Kathy Condor at 301-784-5526 or kcondor@allegany.edu for scholarship information.
Electronic Health Record Management Program (CHE214)

This 95-hour Electronic Health Record (EHR) Management program prepares students to understand and use electronic records in a medical practice. Access to health information is changing the ways doctors care for their patients. Doctors now have access to a patient’s medical history, surgeries, allergies to medicines, and recent doctor’s visits all at the press of a button. This recent technology that intertwines health information from a variety of sources is known as an electronic health record. An electronic health record (EHR) includes computerized lifelong healthcare data from a variety sources where every encounter an individual has with the healthcare system is documented and compiled for quick access. Electronic Health Record professionals are educated in the implementation and management of electronic health information using common electronic data interchange systems such as HL7, CDISC, and DICOM. Students will learn through classroom and computer lab training the necessary components consistent with maintaining the medical, legal, accreditation and regulatory requirements of the electronic health record and database. Note: After the successful completion of this program, students will be prepared to sit for the National Healthcareer Association (NHA) Certified Electronic Health Record Specialist (CEHRS) exam. 95 contact hours.

3/5-5/21, Tuesday and Thursday (23 sessions)
6:00–9:30 PM
AND
3/16, 4/6 and 4/27, Saturdays (3 sessions)
9:00 AM–3:00 PM
Course Cost: $1,999.00 (Textbooks included)
Maryland Senior Course Cost: $1,989.00

Home Healthcare Aide (CHE213)

Home Healthcare Aides assist patients in their homes by focusing on their specific health and personal needs. Emphasis is on giving personal care in a client’s home, communications, working with ill persons, basic human needs, eldercare, nutrition, special diets, and home management. Home Healthcare Aides also work in hospitals, clinics, rehabilitation centers, home care, long term care facilities, hospice and assisted living facilities. Detailed course topics and review include: the role of the home health aide, client relationships, infection control, hospice care, anatomy and physiology, medical terminology, dressing and personal grooming, foot care, nutrition and other relevant topics. Note: In addition to the responsibilities of a Home Healthcare Aide, this program will prepare students to sit for the National Association for Home Care & Hospice (NAHC) “Home Care Aide Certification” examination through the NAHC’s Homecare University Program. 80 Contact Hours.

3/4–5/8, Monday and Wednesday (20 sessions)
6:00–9:30 PM
AND
3/23 & 4/27, Saturdays (2 sessions)
9:00 AM–3:00 PM
Course Cost: $1,499.00 (Textbooks included)
Maryland Senior Course Cost: $1,490.00
NURSING ASSISTANT/GERIATRIC AIDE

Certified Nursing Assistants/Geriatric Aides provide basic care to patients under the direct supervision of a nurse. They are able to perform delegated duties in a hospital, doctor’s office, nursing home, or assisted living facility. This training consists of classroom and laboratory competency-based modules designed to prepare the student for employment in an acute care or long-term care facility. Many home care agencies also find this certification beneficial.

This course is approved through the Maryland Board of Nursing; successful completion allows the student to apply for certification in MD as a CNA and prepares students to take the National Nurse Aide Assessment Program Exam.

The FOUR (4) courses that make up this certification are Introduction to Health & Wellness, Nursing Assistant/Geriatric Aide Classroom, Nursing Assistant/Geriatric Aide Clinical, and CPR. The total cost, without books or college credit, is $1577.00 for Allegany County residents. This includes the cost for the required BLS CPR Certification; however, students must register for this separately by calling 301-784-5341.

NEW! ACM’s America’s Promise grant will cover the cost of the exam preparation class and the National Nurse Aide Assessment Program Exam fees (Geriatric Nursing Assistant Exam). Additional details can be found on Page 42. Please contact Diana Folk at dfolk@allegany.edu or 301-784-5529 for program or scholarship information.

Introduction to Health and Wellness (CHE321)

This course is required for Nursing Assistant/Geriatric Aide and Pharmacy Technician CE Certificate programs. It includes curriculum goals and objectives, basic concepts needed in health care, and wellness issues for patients and the health care workers. An overview of medical ethics, professional conduct, infection control, medical terminology, communicating with patients, body mechanics, wellness, proper eating habits, principles of fitness, stress and time management, and teaching patient awareness of healthy life style options to enhance recovery and their everyday life will also be discussed. In order to meet Nursing Assistant and Pharmacy Technician requirements, students must achieve a grade of “C” or better.

This is the SAME course offered as part of the credit Nursing Assistant Curriculum and Pharmacy Technician Programs; however, no college credit is received, nor is traditional financial aid available.

Morning Option
1/15-4/30, Tuesday (15 sessions)
No class 3/12
9:00-11:45 AM
OR
Afternoon Option
1/15-5/7, Tuesday and Thursday (30 sessions)
No class 3/12, 3/14 and 4/18
4:00-5:15 PM
ACM: AH109
Instructor: Cindy Gero
Course Cost:
In County: $433.00
Out of County: $769.00
Regional: $850.00
Out of State: $940.00
Course cost includes the required Learning Harbor fee, CE registration fee, and placement test fee for first time students. Books are not included in the course cost and are estimated to be approximately $165.00

*Prior to registering for CHE322 Nursing Assistant/Geriatric Aide Certification Training, call the Student Success Center at Allegany College of Maryland to schedule the required Reading placement test: 301-784-5554. Please indicate that you are testing for the Nursing Assistant Certification program through the Center for Continuing Education. For students unable to meet the minimum requirements, remediation training is available free of charge. This training may be completed prior to or while enrolled in CHE321, Introduction to Health and Wellness; therefore, testing as early as possible is recommended. Please contact Program Coordinator, Diana Folk at dfolk@allegany.edu or 301-784-5529 when you receive your test results. She will review your results and assist you in registering for the CNA/GNA course or to set up remediation training if needed.
Health and Human Service Professionals

Nursing Assistant/Geriatric Aide Certification Training (CHE322 & CHE342)
This course is designed to provide students with the classroom theory and clinical skills essential in assisting nurses in delivering proper basic bedside care of patients across the life span. This program offers a broad foundation of knowledge and skills for the Certified Nursing Assistant and the Geriatric Nursing Assistant. Successful completion of the course qualifies the student to apply for Maryland certification and to sit for the National Nurse Aide Assessment examination. Graduates will be able to seek employment in a variety of health care settings. Course work emphasizes growth and development throughout the life span, basic personal care, vital signs, communication and interpersonal skills, nutrition, medical asepsis, legal and ethical responsibilities, safe and efficient work practices, and medical terminology. In order to successfully pass this course, students must achieve a grade of “C” or better along with meeting the academic standards of the college. Students must also demonstrate successful achievement on a standardized test assessing reading. Please see page 40 for required testing details. Instructor consent required to take this course. This is the SAME course offered as part of the credit Nursing Assistant curriculum; however, no college credit is received, nor is traditional financial aid available. Limited Continuing Education Financial Aid may be available. Please contact Diana Folk, dfolk@allegany.edu or 301-784-5529 for scholarship and CE financial aid information.

Nursing Assistant/Geriatric Aide Classroom (CHE322 & CHE342)
Daytime Option
1/14-4/15, Monday, Wednesday & Friday (36 sessions)
No class 1/21, 3/11, 3/13 and 3/15
8:30-11:50 AM

OR

Evening Option
1/14-4/8, Monday, Tuesday & Thursday (33 sessions)
No class 1/21, 3/11, 3/12 and 3/14
5:30-9:05 PM
ACM: AH109
Instructor: Sharon Logsdon
Course Cost:
In County: $493.00
Out of County: $829.00
Regional: $910.00
Out of State: $1000.00
Course cost includes materials fee, CE registration fee, record retention fee, and placement test fee for first time students. Books are not included in the course cost and are estimated to be approximately $120.00.
Nursing Assistant/Geriatric Aide Clinical (CHE332)

Daytime Option
4/17-5/8, Monday, Wednesday & Friday (9 sessions)
No class 4/19
7:20 AM-1:00 PM
Off-site nursing homes to be determined by instructor
Instructor: TBA

OR

Evening Option
4/9-5/7 Monday, Tuesday & Thursday (12 sessions)
No class 4/18
5:30-10:00 PM
Off-site nursing homes to be determined by instructor
Instructor: TBA

Course Cost:
In County: $571.00
Out of County: $1127.00
Regional: $1247.00
Out of State: $1000.00
Course cost includes the required criminal records history check, CE registration fee and MBON certification fee.

National Nurse Aide Assessment Program (Geriatric Nursing Assistant) Exam Preparation** (CHE219)

This course is designed to prepare students to successfully complete the NNAAP (GNA) examination. Practice questions as well as lab skills are covered. The course is available to Nursing Assistant program completers prior to sitting for the NNAAP examination. Funding for this course and exam fees are eligible to be paid through the US Department of Labor America’s Promise grant program. **Registration will be handled during the final weeks of Nursing Assistant/Geriatric Aide clinical (CHE332). Please contact Diana Folk at dfolk@allegany.edu or 301-784-5529 if you have questions.

Ophthalmic Assistant (CHE211)

The 50-hour Ophthalmic Assistant Program prepares students for entry level positions in Ophthalmology, one of the fastest growing healthcare segments. Through classroom lecture and labs, this program includes: anatomy and physiology of the eye; general principles of pharmacology; prescriptions written for the eye; visual acuity; and tonometry (basic) and glaucoma. This course includes a review of ocular dressing procedures; maintenance of equipment and instruments and other areas. **Note: Although this program does not include a clinical rotation or national or state certification as part of its overall objectives, this program meets the requirements of the American Academy of Ophthalmology (AAO), and the AAO’s Ophthalmic Medical Assisting Exam – which students may take after meeting certain work experience requirements. 50 contact hours.

3/25-5/13, Monday and Wednesday (15 sessions) 6:00-9:30 PM Course Cost: $999.00 (Textbooks included) Maryland Senior Course Cost: $990.00
PHARMACY TECHNICIAN CERTIFICATION

This course will cover knowledge areas and skills required and tested on the registry exam for the state of Maryland. Students will learn about drug classifications, generic and name brands, dosage calculations, and state and federal laws regarding working in a pharmacy. The student will work with analytical balances and compounding equipment that will prepare them for clinical application. A variety of measurement systems will be covered in the course, as the student will need to be able to apply conversions properly. In order to successfully pass this course, students must achieve a grade of “C” or better, along with meeting the academic standards of the college. Instructor consent required to take this course. The courses that make up this certification are Introduction to Health & Wellness, Pharmacy Technician 101, Pharmacy Technician Internship (parts I, II & III) and CPR. The total cost, without books, is $2151.00 for Allegany County residents. This includes the cost for the required BLS CPR Certification; however, students must register for this separately by calling 301-784-5341.

This training is approved by the Maryland Board of Pharmacy. Successful completion allows students to apply for registration as a pharmacy technician in MD.

Introduction to Health and Wellness (CHE321)

This course is required for Pharmacy Technician and Nursing Assistant/Geriatric Aide CE certificate programs. It includes curriculum goals and objectives, basic concepts needed in health care, and wellness issues for patients and the health care workers. An overview of medical ethics, professional conduct, infection control, communicating with patients, body mechanics, working as a team, and other health profession concerns will be discussed. The dimensions of wellness, proper eating habits, principles of fitness, stress and time management, and teaching patient awareness of healthy lifestyle options to enhance recovery and their everyday life will also be discussed. In order to meet Nursing Assistant certification and Pharmacy Technician requirements, students must achieve a grade of “C” or better.

This is the SAME course offered as part of the credit Pharmacy Technician and Nursing Assistant Programs; however, no college credit is received, nor is traditional financial aid available. Limited Continuing Education financial aid may be available. Please contact Diana Folk, dfolk@allegany.edu or 301-784-5529 for scholarship and CE financial aid information.

Morning Option
1/15-4/30, Tuesday (15 sessions)
No class 3/12
9:00-11:45 AM

OR

Afternoon Option
1/15-5/7, Tuesday and Thursday (30 sessions)
No class 3/12, 3/14 and 4/18
4:00-5:15 PM
ACM: AH109
Instructor: Cindy Gero
Course Cost:
In County: $433.00
Out of County: $769.00
Regional: $850.00
Out of State: $940.00 Course cost includes the required Learning Harbor fee, CE registration fee, and placement test fee for first time students. Books are not included in the course cost and are estimated to be approximately $165.00.

*Prior to registering for CHE323 Pharmacy Technician 101, students must contact The Student Success Center at Allegany College of Maryland to schedule required math and reading placement tests, 301-784-5554. Please indicate that you are testing for Pharmacy Technician certificate training program through the Center for Continuing Education. For students unable to meet the minimum assessment requirements, remediation training is available free of charge. This training may be completed prior to, or while enrolled, in CHE321, Introduction to Health and Wellness. Therefore, testing as early as possible is recommended. Please contact Program Coordinator, Diana Folk at dfolk@allegany.edu or 301-784-5529 when you receive your test results. She will review your results and assist you in registering for Pharmacy Technician 101 or to set up remediation training if needed.
Pharmacy Technician 101 (CHE323 & CHE343)
This course will cover knowledge areas and skills required and tested on the registry exam for the state of Maryland. Students will learn about drug classifications, generic and name brands, dosage calculations, and state and federal laws regarding working in a pharmacy. The student will work with analytical balances and compounding equipment that will prepare them for clinical application. A variety of measurement systems will be covered in the course, as the student will need to be able to apply conversions properly. In order to successfully pass this course, students must achieve a grade of “C” or better, along with meeting the academic standards of the college. Instructor consent required to take this course. Students must also demonstrate successful achievement on a standardized test assessing reading and mathematical skills. Please see page 43 for required testing details.*

1/14-5/6, Monday, Tuesday & Wednesday (45 sessions)
No class 1/21, 3/11, 3/12 and 3/13
Monday & Tuesday, 4:00-6:20 PM, Wednesday, 4:00-5:50 PM
ACM: AH134, AH153
Instructor: Joseph Glass
Course Cost:
In County: $831.00
Out of County: $1503.00
Regional: $1665.00
Out of State: $1845.00
Course cost includes materials and CE registration fee. Books are NOT included in the course cost and are estimated to be approximately $300.00.

Pharmacy Technician 102 (CHE324)
This lecture/lab course will reinforce student’s clinical internship experiences. Students must complete both this lecture and the corresponding lab/internship to earn their Pharmacy Technician Certificate and to apply for MD registration.

1/15-4/30, Tuesday (15 sessions)
No class 3/12
6:30-7:30 PM
ACM: AH134, AH153
Course Cost:
In County: $288.00
Out of County: $400.00
Regional: $427.00
Out of State: $457.00
Course cost includes the required criminal records history check, CE registration fee, and materials fee.

Pharmacy Technician Clinical Internship (CHE325 & CHE326 & CHE328)
Students will spend 15 to 18 hours each week for a total of 180 hours in a retail pharmacy, hospital pharmacy or institutional pharmaceutical setting receiving practice as a Pharmacy Technician under the supervision of a registered pharmacist. Times will vary based on facility needs. In order to successfully pass this course, students must achieve a grade of “C” or better, along with meeting the academic standards of the college. Instructor consent is required to take this course.

Location: Various pharmacy sites
Instructor: Joseph Glass
Course Cost:
In County: $514.00
Out of County: $962.00
Regional: $1070.00
Out of State: $1190.00
Course cost includes the clinical fee, CE registration fee and record retention fee.
DENTAL PROFESSIONALS

Community Dental Health Coordinator Certification Training
ACM is pleased to partner with AHEC West to offer the American Dental Association®’s Community Dental Health Coordinator Certification Training to Dental Hygienists and students who will be completing an accredited Dental Hygiene program within 12 months. Details can be found under HEALTH PROFESSIONS PRE-LICENSE on page 37 & 38.

Dental Hygiene Update and Table Clinics (CHE306)
Morning Session 9 AM-Noon: Out of the Mouths of Babes: How Maternal Oral Health Impacts the Health and Well-being of Infants
Recent research has supported the connection between poor maternal oral health and adverse pregnancy outcomes. This course will offer participants information on the connection between periodontal infections and pre-term, low-birthweight babies. How and when babies acquire oral bacteria that will impact their oral and overall health will be included. Additionally, audience members will be given tools to prepare mothers-to-be and new mothers for challenges associated with her baby’s oral health. During the presentation, headline-making research findings concerning these issues will be presented. Come prepared to learn in a relaxed forum designed to enlighten and educate.

Following this course, participants will be able to:
• Identify mechanisms by which oral bacteria influences pregnancy outcomes
• Recognize the roles female hormones play in maternal oral health
• Understand how microbes colonize an infant’s oral cavity
• Relate pediatric health issues to restorative and oral hygiene intervention strategies
• Formulate methods of educating expectant and new mothers on oral health care issues affecting the health and well-being of their offspring

All Day: Dental Hygiene Update & Table Clinics (CHE306)
4/26, Friday (1 session)
9:00 AM- 4:00PM
Includes: Out of the Mouths of Babes, Lunch, and Table Clinics.
ACM: Morning in Zimmer Theater
ACM: Afternoon in CE 6, 8, 12, 13, 14, 15, 16, 17, 18, 19 and 20
Instructor: Betsey Reynolds, RDH, MS/Various
CHE306 has been submitted to the Maryland State Board of Dental Examiners for 5.5 CEUs.
Course Cost: All Day: $99.00 (includes lunch) MD Senior Course Costs: $94.00

And

Afternoon Session 1:00-4:00 PM: Dental Hygiene Table Clinics
Please join us for Allegany College of Maryland Dental Hygiene Program’s presentation of table clinics, featuring presentations by sophomore students.

Afternoon Table Clinics Only (CHE309 - Does not include lunch)
4/26, Friday (1 session)
1:00 PM – 4:00 PM
Instructor: Various
ACM: Afternoon in CE 6, 8, 12, 13, 14, 15, 16, 17, 18, 19 and 20
The Afternoon Table Clinics (CHE309) have been submitted for 2.5 CEUs to the Maryland State Board of Dental Examiners.
Course Cost: $59.00
Maryland Senior Course Cost: $54.00

Dental professionals have two options: spend the day or attend only the afternoon table clinics.
Oral Surgery for the General Dentist: Faster, Easier, and more Predictable (CHE311)

Allegany College of Maryland is pleased to partner with the Allegany/Garrett Dental Society to offer this full-day course covering a variety of aspects of oral surgery. Many extractions look easy but can soon become difficult, time consuming, and lead to problems. Dr. Andrews Drollinger will review the best techniques and instruments to remove “surgical” extractions easily and quickly while conserving bone. It makes exodontia more enjoyable and predictable so it can be performed with greater confidence and less stress.

Along with surgical extractions, this course will cover multiple extractions, alveoloplasty & exostoses removal, and socket bone grafting. Dr. Drollinger will also discuss avoiding or managing common surgical complications such as sinus misadventures, excessive bleeding, and tuberosity fractures.

As a result of attending this course, the dentist will be able to:
• More easily and quickly do “surgical” or difficult extractions that frequently occur in general practice.
• Be more proficient at ridge preparation for dentures following multiple extractions.
• Prevent and/or manage complications that can occur during oral surgery such as bleeding, sinus problems, and tuberosity fractures etc.
• Perform predictable socket bone grafting.

This course will be held at the Western Maryland Health Regional Medical Center in Auditoriums 1-3. Continental breakfast, lunch, and 6 PACE CEUs are included in the course cost.

4/5, Friday (1 session)
9:00 AM-4:30 PM
Western Maryland Regional Medical Center, Auditoriums 1-3
Instructor: Dr. Andrew Drollinger
Course Cost:
AGDS Member Dentists: $299.00
Non AGDS Member Dentists: $399.00
AGDS Member Dentists Maryland Senior: $289.00
Non AGDS Member Dentist Maryland Senior: $389.00

INTERDISCIPLINARY

Ethics for the Health Care Professional (CHE363)

Who Should Attend: Dental Professionals, Nurses, Physical Therapists and Assistants, Psychologists, Professional Counselors, Social Workers, and Addictions Counselors. Professionals only please. Health care professionals are confronted with difficult ethical decisions on a near daily basis. They need tools that can help them to think about these decisions, and to justify these decisions to patients, families, peers, and the general public. The overall aim of this day-long course is to provide practical skills and knowledge that can be applied to the process of health care decision-making. Through lecture, case studies, and discussion, students will develop a better understanding of ethical problems frequently encountered in the health care environment and possible methods of addressing these problems. 6 contact hours for Dental Professionals, PT’s, Nurses, Psychologists, Addictions counselors, Social workers and Professional counselors. Four role-related hours for Maryland Occupational Therapists.

For more CEU information, please call 301-784-5526.

5/17, Friday (1 session) 9:00 AM – 4:30 PM
ACM: CE-6
Instructor: Mike Mathias, PhD
Course Cost: $99.00
Maryland Senior Course Cost: $94.00
The Miltenberger Emergency Services Seminar
The Maryland Institute for Emergency Medical Services Systems, The Maryland Fire and Rescue Institute, The Region I Emergency Services Education Council, Garrett College and Allegany College of Maryland are pleased to announce The 17th Miltenberger Emergency Services Seminar. The Miltenberger is returning Rocky Gap Resort on Friday, March 8th and Saturday, March 9th, 2019.

Friday, March 8th classes include:
- Considering Disability in Patients with Low NIHSS Scores
- Capnography: Beyond the Basics

Saturday, March 9th classes include:
- Keynote Address
- The Other Half of the Success Equation
- Stroke
- Necrotizing Fasciitis Case Review
- Pediatric Assessment
- Treatment of Gunshot Wounds
- Pediatric Burns
- Capnography: Understanding Peep
- Alone and on the Side of the Road: Responding to Emergencies Outside of the Hospital
- Oh Baby! Difficult Labor Presentations
- Trauma Tools – What Fits a Child and What Might Cause Harm

CEUs will be available for a variety of professions. Please save the date. Additional details and registration will be available on or about January 15, 2019. For more information, please call The MIEMMS Region One Office, 301-895-5934.

3/8, Friday (multiple sessions)
8:30 AM – 4:00 PM

and

3/9, Saturday (multiple sessions)
8:30 AM – 4:30 PM

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Search ACM CE for Health & Human Services and stay up to date with all our latest courses and events!
The ACM Mind-Body Connection

Allegany College of Maryland has submitted a funding request to the Appalachian Regional Commission (ARC) for a new initiative: Tackling the Opioid Epidemic: From Crisis to Opportunity. As part of this initiative, which we are very optimistic will be funded, ACM will formalize the Community Resilience Collaborative (CRC). This initiative extends ACM's longstanding partnership with the Washington, DC based Center for Mind-Body Medicine and includes numerous local partners. The CRC will build an ongoing community prevention network of hope and resilience that addresses root causes which fuel addiction: trauma, despair, isolation, mental health challenges, chronic illnesses, and chronic pain. The CRC will create a new model to transform the way our county understands and deals with, treats and prevents opioid addiction while simultaneously addressing ongoing regional challenges including isolation and poverty.

Tackling the Opioid Epidemic: From Crisis to Opportunity includes the following local trainings which will be held during 2019. If you are interested in taking part in any of these upcoming trainings, please contact Kathy Condor at 301-784-5341 or kcondor@allegany.edu to be notified as dates, times and locations are finalized. Seats will be filled on a first come, first served basis. Provided ARC funding is secured, unless otherwise noted, a fee of only $15 will be assessed at the time of registration.

Spring 2019: Dr. James Gordon, founder and Executive Director of the Center for Mind Body Medicine, returns for a full-day interactive kick-off symposium. Joining Dr. Gordon will be select members of the CMBM faculty and trained members of the local CMBM CRC team. This training will enhance understanding of the proven CMBM model by providing key biological underpinnings as well as audience engagement in experiential self-care activities.


Dr. Sabrina N'Diaye (Healing from the Heart: Ancient Practices for Modern Wounds) returns for a full-day workshop targeted to law enforcement and corrections professionals. Dr. N'Diaye has a wealth of experience in working with these professionals and will share techniques to reduce stress, improve decision making and enhance life on and off the job. Date/Time/Location TBD.

CMBM trained professionals and faculty will provide a full-day training for addictions professionals. These experienced addictions professionals will share insights on how the incorporation of the CMBM model has benefitted clients and practitioners alike. Date/Time/Location TBD.

Members of the Community Resilience Collaborative team, will also be providing one-hour informational sessions to a variety of community organizations. These sessions will include experiential activities as well as an opportunity for participants to provide feedback to assist the CRC in moving strategically forward in the broader community. If your organization is interested in hosting an information session, please contact Kathy Condor at 301-784-5341 or kcondor@allegany.edu. If the ARC funding is received, there will be no charge for this training opportunity.

At least two 8-week Mind-Body Skills Group Experiential Trainings will also be open to individuals in recovery and their families. This is an opportunity to incorporate mind-body skills to address the physiological impacts of addiction and the related impacts on the family. With an ARC funding commitment, there will be no fee for these trainings.

Please watch for additional details on the ACM CE Health Facebook page or join our mailing list by contacting rksee@allegany.edu.
Manual Therapy: Rehab Management for Common Knee Injuries (CHE750)

Popular instructor, Paul Simonetti, returns for this 2-day training. This course provides an overview of new research & treatment techniques for the conservative rehab management of common knee disorders and post-operative knee conditions. Physical Therapists and Assistants and Occupational Therapists and Assistants are encouraged to attend. This course has been approved by the Maryland Board of Occupational Therapy Practice for 15 CEUs and submitted to the Maryland Board of Physical Therapy Examiners for 1.5 CEUs. Pennsylvania and West Virginia accept ACM hours. Here’s what prior students had to say:

“Paul was a very thorough, knowledgeable, interesting and fun instructor.”

“Inelligent and interactive!”

“Great 2-day course! Informative & practical!”

“Patient and thorough!”

Upon completion of this course, the student should be able to:

* Explain the Anatomy and Kinesiology of the knee.
* Review the gait cycle as it relates to the knee in a functional construct.
* Discuss the impact of life/sport activities on the knee complex.
* Create meaningful creative home programs for common knee problems.
* Justify planning and interventions based on current research.
* Conduct a knee exam and find relevant information about the patient’s problem.
* Explain patella femoral syndrome and why it can serve as the base for meaningful understanding of approaching knee problems.
* Conduct appropriate rehabilitation programs for most common knee surgeries.
* Identify soft tissue function issues relating to the knee and hip.
* Respect the role of the hip and the foot in proper knee kinematics.

Apply these concepts into specific case studies.

3/22 and 3/23, Friday & Saturday (2 sessions)
8:00 AM-5:00 PM
ACM, Allied Health Building, Room 239
Instructor: Paul Simonetti, PT, DPT, OCS, MTC
Course Cost: $299.00
Maryland Senior Cost: $289.00
Physical Agent Modalities for Occupational Therapists (PAMS Certification)
This is a two-part course offered over a total of 4 classroom days. Part One: Ultrasound for Occupational Therapists and Assistants will be offered March 4th and 5th and Part Two: Electrical Stimulations for Occupational Therapists and Assistants will be offered March 6th and 7th. Both courses are instructed by Jeremy Oldham, M.Ed, PTA. Jeremy is the Clinical Coordinator and a full-time faculty member in ACM’s Physical Therapist Assistant Program. He has a B.S. in Kinesiology from Penn State University, an A.A.S. in Physical Therapist Assistant from ACM, and a Master’s of Education from Frostburg State University. He has been a practicing PTA since 2004 and is licensed in both Maryland and Pennsylvania.

Part I: Ultrasound for Occupational Therapy (CHE415)
This 2-day course will thoroughly cover all aspects of therapeutic ultrasound (US). It is specifically designed to provide an introduction to the fundamentals of therapeutic ultrasound and its application within the context of occupational therapy. Discussions will include history, attention to physical properties, physiological effects, application, indications, contraindications, and documentation to maximize reimbursement. Hands-on demonstrations and lab experiences are interspersed throughout the didactic materials to reinforce and enhance the clinical reasoning and problem-solving. Options for application and integration of modalities into the occupational therapy treatment plan will be discussed at length.

The combination of lecture, demonstration, reference materials and significant amounts of lab practice will prepare the participants to apply learned information in the clinical setting. Participants are cautioned to do so only within the scope of each practitioner’s own state licensure law. This course has been approved for 15 Contact Hours by the Maryland Board of Occupational Therapy Practice.

3/4 & 3/5, Monday & Tuesday (2 sessions)
8:30 AM–4:30 PM
ACM: AH-236
Instructor: Jeremy Oldham, M. Ed, PTA
Course Cost: $249.00
Maryland Senior Course Cost: $240.00

Part 2: Electrical Stimulation for Occupational Therapy (CHE333)
This 2-day course will thoroughly cover all aspects of electrical stimulation. It is specifically designed to provide an introduction to the fundamentals of electrical stimulation and its application within the context of occupational therapy. Discussions will cover the physics and basic principles of electrical stimulation, including definitions, terminology, and clinical examples and will progress to explain the various types of electric currents utilized clinically, including AD, DC, microcurrent, Russian current, and interferential current. The participant will then be instructed in the appropriate parameters and methods of utilization to achieve treatment goals, e.g. pain reduction, muscle re-education, edema reduction, wound care, and reduction of muscle spasm. Each lecture topic will be followed by hands-on examples and practice application of the aforementioned material.

The combination of lecture, demonstration, reference materials and significant amounts of lab practice will prepare the participants to apply learned information in the clinical setting. Participants are cautioned to do so only within the scope of each practitioner’s own state licensure law. This course has been approved for 15 contact hours by the Maryland Board of Occupational Therapy Practice.

3/6 & 3/7, Wednesday & Thursday (2 sessions)
8:30 AM–4:30 PM
ACM: AH-236
Instructor: Jeremy Oldham, M. Ed, PTA
Course Cost: $249.00
Maryland Senior Course Cost: $240.00
## CHILD CARE CLASSES

**WINTER 2019 (JANUARY - MARCH 2019)** Online child care classes are OPEN for seat sharing

<table>
<thead>
<tr>
<th>Winter 2019 Online Child Care:</th>
<th>Hours</th>
<th>Start</th>
<th>End</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Basic Health and Safety</strong> <strong>NEW COURSE</strong></td>
<td>3*</td>
<td>1/3/2019</td>
<td>3/22/2019</td>
</tr>
<tr>
<td>School Age Child Care: Curriculum</td>
<td>45</td>
<td>1/21/2019</td>
<td>3/11/2019</td>
</tr>
<tr>
<td>Infant &amp; Toddler Care</td>
<td>45</td>
<td>1/16/2019</td>
<td>3/6/2019</td>
</tr>
<tr>
<td>Preschool Curriculum &amp; Activities 45 hrs.</td>
<td>45</td>
<td>1/9/2019</td>
<td>2/27/2019</td>
</tr>
<tr>
<td>Child Care Administration</td>
<td>45</td>
<td>2/4/2019</td>
<td>3/25/2019</td>
</tr>
<tr>
<td>Communication Skills</td>
<td>9</td>
<td>3/18/2019</td>
<td>4/1/2019</td>
</tr>
<tr>
<td>Family Child Care Preservice</td>
<td>24*</td>
<td>1/3/2019</td>
<td>3/22/2019</td>
</tr>
<tr>
<td>Observation and Assessment Birth-12</td>
<td>3*</td>
<td>1/3/2019</td>
<td>3/22/2019</td>
</tr>
<tr>
<td>Supervising Children in Child Care</td>
<td>3*</td>
<td>1/3/2019</td>
<td>3/22/2019</td>
</tr>
<tr>
<td>Developmentally Appropriate Practice</td>
<td>3*</td>
<td>1/3/2019</td>
<td>3/22/2019</td>
</tr>
<tr>
<td>Including all Children and the ADA</td>
<td>3*</td>
<td>1/3/2019</td>
<td>3/22/2019</td>
</tr>
<tr>
<td>Intro to Environmental Rating Scales</td>
<td>3*</td>
<td>1/3/2019</td>
<td>3/22/2019</td>
</tr>
<tr>
<td>The Child Care Provider as a Professional</td>
<td>3*</td>
<td>1/3/2019</td>
<td>3/22/2019</td>
</tr>
<tr>
<td>Cultural Competence &amp; Awareness</td>
<td>3*</td>
<td>1/3/2019</td>
<td>3/22/2019</td>
</tr>
<tr>
<td>SIDS</td>
<td>3*</td>
<td>1/3/2019</td>
<td>3/22/2019</td>
</tr>
<tr>
<td>Supporting Breastfeeding in Child Care</td>
<td>3*</td>
<td>1/3/2019</td>
<td>3/22/2019</td>
</tr>
</tbody>
</table>
**SPRING 2019 (APRIL - JUNE 2019) Online child care classes are OPEN for seat sharing**

<table>
<thead>
<tr>
<th>Sprint 2019 Online Child Care:</th>
<th>Hours</th>
<th>Start</th>
<th>End</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Basic Health and Safety</strong> NEW COURSE</td>
<td>3*</td>
<td>4/1/2019</td>
<td>6/14/2019</td>
</tr>
<tr>
<td>School Age Child Care: Curriculum</td>
<td>45</td>
<td>4/8/2019</td>
<td>5/27/2019</td>
</tr>
<tr>
<td>Infant &amp; Toddler Care</td>
<td>45</td>
<td>5/1/2019</td>
<td>6/19/2019</td>
</tr>
<tr>
<td>Preschool Curriculum &amp; Activities 45 hrs.</td>
<td>45</td>
<td>4/10/2019</td>
<td>5/29/2019</td>
</tr>
<tr>
<td>Child Care Administration</td>
<td>45</td>
<td>5/6/2019</td>
<td>6/24/2019</td>
</tr>
<tr>
<td>Communication Skills</td>
<td>9</td>
<td>6/10/2019</td>
<td>6/24/2019</td>
</tr>
<tr>
<td>Family Child Care Preservice</td>
<td>24*</td>
<td>4/1/2019</td>
<td>6/14/2019</td>
</tr>
<tr>
<td>Observation and Assessment Birth-12</td>
<td>3*</td>
<td>4/1/2019</td>
<td>6/14/2019</td>
</tr>
<tr>
<td>Supervising Children in Child Care</td>
<td>3*</td>
<td>4/1/2019</td>
<td>6/14/2019</td>
</tr>
<tr>
<td>Positive Child Guidance &amp; Discipline</td>
<td>3*</td>
<td>4/1/2019</td>
<td>6/14/2019</td>
</tr>
<tr>
<td>Developmentally Appropriate Practice</td>
<td>3*</td>
<td>4/1/2019</td>
<td>6/14/2019</td>
</tr>
<tr>
<td>Resources that Guide Daily Planning</td>
<td>3*</td>
<td>4/1/2019</td>
<td>6/14/2019</td>
</tr>
<tr>
<td>Taking Learning Outside</td>
<td>3*</td>
<td>4/1/2019</td>
<td>6/14/2019</td>
</tr>
<tr>
<td>Nutrition &amp; Active Living</td>
<td>3*</td>
<td>4/1/2019</td>
<td>6/14/2019</td>
</tr>
<tr>
<td>Playground Safety</td>
<td>3*</td>
<td>4/1/2019</td>
<td>6/14/2019</td>
</tr>
<tr>
<td>Including all Children and the ADA</td>
<td>3*</td>
<td>4/1/2019</td>
<td>6/14/2019</td>
</tr>
<tr>
<td>Supporting Children with Disabilities</td>
<td>3*</td>
<td>4/1/2019</td>
<td>6/14/2019</td>
</tr>
<tr>
<td>Intro to Environmental Rating Scales</td>
<td>3*</td>
<td>4/1/2019</td>
<td>6/14/2019</td>
</tr>
<tr>
<td>The Child Care Provider as a Professional</td>
<td>3*</td>
<td>4/1/2019</td>
<td>6/14/2019</td>
</tr>
<tr>
<td>Conflict Resolution Strategies</td>
<td>3*</td>
<td>4/1/2019</td>
<td>6/14/2019</td>
</tr>
<tr>
<td>Cultural Competence &amp; Awareness</td>
<td>3*</td>
<td>4/1/2019</td>
<td>6/14/2019</td>
</tr>
<tr>
<td>Family &amp; Community Partnerships</td>
<td>2*</td>
<td>4/1/2019</td>
<td>6/14/2019</td>
</tr>
<tr>
<td>SIDS</td>
<td>3*</td>
<td>4/1/2019</td>
<td>6/14/2019</td>
</tr>
<tr>
<td>Supporting Breastfeeding in Child Care</td>
<td>3*</td>
<td>4/1/2019</td>
<td>6/14/2019</td>
</tr>
</tbody>
</table>

Open entry classes are indicated with an *. Students may join these classes any time between the first and last class dates.
REGISTRATION INFORMATION
45 Hour Course Cost: $230.00/MD Senior Cost: $225.00
24 Hour Course Cost: $240.00/MD Senior Cost: $235.00
9 Hour Course Cost: $100.00/MD Senior Cost: $95.00
5 Hour Course Cost: $55.00/MD Senior Cost: $50.00
3 Hour Course Cost: $45.00/MD Senior Cost: $40.00
2 Hour Course Cost: $35.00/MD Senior Cost: $30.00

Credential Boosters

These classes are designed to help you get your program aligned with Maryland EXCELS as well as to help you reach higher Maryland Child Care Credential levels. Credential Boosters are classes that are identified by MSDE in the Staff Credential modifications for levels 2, 3 and 4. For complete list of credential booster classes please contact Christa Snyder at 301-784-5530 or casnyder@allegany.edu.

Please note the following about these courses:
• You can complete online Credential Boosters courses at your own pace, with instructor guidance.
• Each one takes approximately three hours to complete (completion times may vary).
• You will need access to a computer, the internet, and email to take an online Credential Boosters course.
• No refunds or transfers. No assignment deadline extensions.
• Textbooks must be purchased prior to class (unless provided).

COURSE SMART E-TEXTBOOK OPTIONS FOR STUDENTS:
-e-textbooks are listed below, you may purchase directly from the publishers’ website: www.vitalsource.com

-printed textbooks are also available. Students may purchase them at Howard CC bookstore http://www.howardcc.bncollege.com or from a seller of their choice.

-be always look for the latest edition, as editions can change.

Child care I: Growth and Development 45 hours
Textbook Title: Developmental Profiles Allen/Marotz 8th edition

Child care II: Preschool Curriculum and Activities 45 hours

Child Care III: School Age Child Care Curriculum 45 hours
Textbook Title: Caring for School Age Children Click/Parker latest edition***
HUMAN SERVICES

Classes may be open only to specifically identified health care professions. Verification of professional certification or licensure may be required. It is the responsibility of the participant to ascertain whether a course is within the scope of practice of their profession as determined by their regulatory body.

Post-Traumatic Stress Disorders
(DHR551)
Post-traumatic Stress Disorder (PTSD) can occur after a traumatic event. People with this condition are troubled by distressing memories or thoughts about the trauma, avoid memories and other reminders about what happened, and experience intense anxiety, sadness, or anger. These symptoms have a significant impact on relationships, work and daily activities. Clients who are experiencing PTSD can present a complex and interesting case for clinicians. This can be a challenging issue to treat. This course has been developed to educate those who work with individuals suffering from PTSD. In this course you will learn Rational Emotive Behavior Theory and how it can be used in treating PTSD.

6 contact hours awarded for Social Workers, LCPC’s, Psychologists, Addictions Counselors.

4/9, Tuesday (1 session)
9:00 AM-4:30 PM
ACM: CE 12-14
Instructor: Dr. Sherry Cain
Course Cost: $99.00
Maryland Senior Course Cost: $94.00

Understanding Drug and Alcohol Relapse
(DHR555)
People who are in the process of entering early recovery (choosing to stay drug free and make safe decisions) require continued awareness of the developmental tasks of recovery or change, in order to maintain their stability and continue the process of change. The helping professional is in an ideal position to teach or support the process of change or help a person identify when he/she may be entertaining risky behavior. The purpose of this workshop is to help increase both a professional’s theoretical knowledge of the process of relapse and to increase their clinical skills.

This training will include a practical explanation of the acquisition of chemical dependence. It will be followed by the explanation of the process of relapse. For example, is there a difference between abstinence, resumption, and relapse? There will also be an in-depth review of common high-risk scenarios correlated with the five senses. This is a skill-based training; hence, it will include short, but effective relapse prevention exercises.

6 contact hours awarded for Social Workers, LCPC’s, Psychologists, Addictions Counselors.

5/20, Monday (1 session)
9:00 AM-4:30 PM
ACM: CE12-14
Instructor: Bruce Schaffer
Course Cost: $99.00
Maryland Senior Course Cost: $94.00
At the Intersections: Culturally Relevant, Trauma Informed Care with Trans, Two Spirit, and Gender Non-Conforming People (DHR554)

This training will identify ways for human service professionals to start from a place of cultural humility and create an affirming space and ways to use trauma informed care, including awareness of ancestral and intergenerational trauma when dealing with transgender, two spirit and gender non-conforming people. Also covered will be how to assist gender non-conforming clients in recognizing their own survival, resilience, and efforts in resisting oppression. Supporting clients during social and medical transition, considerations for transgender elders, and using ethical practical guidelines will also be discussed. Types of family work that could possibly benefit transgender folks and their loved ones will also be discussed.

6 contact hours awarded for Social Workers, LCPC’s, Psychologists, Addictions Counselors.

5/7, Tuesday (1 session)
9:00 AM-4:30 PM
ACM: CE12-14
Instructor: Tavi Hawn
Course Cost: $80.00
Maryland Senior Course Cost: $75.00

Ethical Considerations for Working on Interdisciplinary Teams (HSP598)

Section 2.03 of the NASW Code of Ethics states, “Social workers who are members of an interdisciplinary team should participate in and contribute to decisions that affect the well-being of clients by drawing on the perspectives, values, and experiences of the social work profession. Professional and ethical obligations of the interdisciplinary team as a whole; and of its individual members should be clearly established.” We often work on teams comprised of colleagues who don’t subscribe to the same ethical standards as us. Ethical conflicts can arise regarding the appropriate course of action to take with clients.

This interactive training will examine factors that can promote ethical, clinical, and administrative practice for social workers who collaborate with professionals from different disciplines.

6 contact hours awarded for Social Workers, LCPC’s, Psychologists, Addictions Counselors.

5/1, Wednesday (1 session)
9:00 AM-4:30 PM
ACM: CE-12-14
Instructor: Corey Beauford
Course Cost: $80.00
Maryland Senior Course Cost: $75.00

Project Security Blanket (Emergency Preparedness Training) will be offered at Allegany College of Maryland on April 13th and May 18th 2019.

Please call 301-784-5530 or email casnyder@allegany.edu for more information.

LIKE us on Facebook!

Search ACM CE for Health & Human Services and stay up to date with all our latest courses and events!
Would You Know What To Do In An Emergency?

Courses taught at the ACM Training Center by TC Faculty include Basic Life Support (BLS) Provider and Heartsaver First Aid/CPR. Students that successfully complete AHA courses receive an official certification eCard valid for two years. Healthcare workers should be aware that most health related scopes of practice require them to maintain CPR and/or First Aid certification. Be sure to register for a class in order to receive or maintain this important professional credential.

CONVENIENT SCHEDULE: ACM offers CPR and First Aid courses in Cumberland each month. Classes are taught in the Allied Health Building on campus. Check the listings on the following pages to find a course that meets your needs.

GROUP TRAINING AVAILABLE: Does your organization or agency have a group who could benefit from CPR and/or First Aid training? Choose a date that best fits your schedule. For more information on this training opportunity, call Kate Winfield, 301-784-5681 or kwinfield@allegany.edu

Questions? Call Kate Winfield at 301-784-5681 or kwinfield@allegany.edu
TRAINING FOR THE LAYPERSON

Heartsaver First Aid (CPR500)

WHO SHOULD TAKE THE COURSE?
Heartsaver courses are intended for anyone with little or no medical training who needs a course completion card for job, regulatory (e.g., OSHA), or other requirements. These courses can also be taken by anyone who wants to be prepared for an emergency in any setting.

COURSE COVERS:
- First Aid Basics
- Choking in an Adult, Child or Infant

Upon successful completion, including a skills test, students receive a Heartsaver First Aid course completion eCard, valid for 2 years. The course cost includes the workbook which students should pick up in the Continuing Education building between the hours of 9:00am and 3:00pm, Monday – Friday. Students that do not pick up their books will receive their copy at the beginning of class.

Note: Class end times may vary based upon the number of students and student skill level. Classes may be cancelled due to low enrollment.

8/6, Tuesday (1 session)
9:00 AM-1:30 PM
ACM: AH241
Instructor: Staff
Course Cost: $40.00
Maryland Senior Course Cost: $35.00

Heartsaver First Aid and Adult CPR (with optional Child CPR AED and Infant CPR) (CPR101)

WHO SHOULD TAKE THE COURSE?
Heartsaver courses are intended for anyone with little or no medical training who needs a course completion card for job, regulatory (e.g., OSHA), or other requirements. These courses can also be taken by anyone who wants to be prepared for an emergency in any setting.

COURSE COVERS:
- Adult CPR and AED Use
- Opioid-associated Life-threatening Emergencies
- Child CPR and AED Use (optional)
- Infant CPR (optional)
- First Aid Basics
- Choking in an Adult, Child or Infant

Upon successful completion of the course, including a First Aid, CPR and AED skills test, students receive a Heartsaver First Aid CPR AED course completion eCard, valid for 2 years. The course cost includes the workbook which students should pick up in the Continuing Education building between the hours of 9:00am and 3:00pm, Monday – Friday. Students that do not pick up their books will receive their copy at the beginning of class.

Note: Class end times may vary based upon the number of students, student skill level, and need/desire for Child/Infant CPR training. Classes may be cancelled due to low enrollment. Course date options include:

2/23, Saturday (1 session)
2/23, Saturday (1 session) @ Everett Campus
3/30, Saturday (1 session)
4/27, Saturday (1 session)
5/18, Saturday (1 session)
6/29, Saturday (1 session)
7/27, Saturday (1 session)
9:00 AM-5:00 PM
ACM: AH241
Instructor: Staff
Course Cost: $75.00
Maryland Senior Course Cost: $70.00
**TRAINING FOR HEALTHCARE PROFESSIONALS**

**Basic Life Support (BLS) Provider (CPR775)**

**WHO SHOULD TAKE THE COURSE?**
Healthcare professionals and other personnel who need to know how to perform CPR and other basic cardiovascular life support skills in a wide variety of in-facility and prehospital settings.

**COURSE COVERS:**
- New science and education from the 2015 AHA Guidelines Update for CPR and ECC
- The components of high-quality CPR for adults, children, and infants
- The AHA Chain of Survival for prehospital and in-facility providers
- Important early use of an AED
- Effective ventilations using a barrier device
- Importance of teams in multi-rescuer resuscitation and performance as an effective team member during multi-rescuer CPR
- Relief of foreign-body airway obstruction (choking) for adults and infants

Upon successful completion of the course, including a CPR and AED skills test and a written test, students receive a BLS Provider course completion eCard, valid for 2 years.

The course cost includes the workbook which students should pick up in the Continuing Education building between the hours of 9:00am and 3:00pm, Monday – Friday. Students that do not pick up their books will receive their copy at the beginning of class.

**2/13, Wednesday (1 session)**
**3/2, Saturday (1 session)**
**4/3, Wednesday (1 session)**
**5/4, Saturday (1 session)**
**5/11, Saturday (1 session) @ Everett Campus**
**6/12, Wednesday (1 session)**
**6/22, Saturday (1 session)**
**7/13, Saturday (1 session)**
**7/18, Thursday (1 session)**
**7/24, Wednesday (1 session)**
**9:00 AM-5:00 PM**
**ACM: AH241**
**Instructor: Staff**
**Course Cost: $82.00**
**Maryland Senior Course Cost: $77.00**

**Basic Life Support (BLS) Provider RENEWAL (CPR776)**

The AHA has added a BLS Renewal Course option for BLS providers to complete BLS training and receive a BLS Provider course completion card.

The BLS Renewal Course is a video-based, Instructor Led Training course that features accelerated content. It is designed specifically for providers with a current BLS Provider course completion card and allows for time efficiency while teaching both single-rescuer and team basic life support skills in both in-facility and prehospital settings.

**Prerequisites:** Students must present their current BLS Provider card to the instructor upon arrival to the class. The instructor maintains the right to dismiss a student that does not present a valid BLS Provider card.

The course cost includes the workbook which students should pick up in the Continuing Education building between the hours of 9:00am and 3:00pm, Monday – Friday. Students are expected to know current BLS procedures upon arrival to class. Students that do not pick up their books will receive their copy at the beginning of class, but will still be expected to know the material contained within the manual.

**2/2, Saturday (1 session)**
**3/13, Wednesday (1 session)**
**3/16, Wednesday (1 session) @ Everett Campus**
**4/13, Saturday (1 session)**
**5/15, Wednesday (1 session)**
**6/1, Saturday (1 session)**
**7/10, Wednesday (1 session)**
**9:00 AM-3:00 PM**
**ACM: AH241**
**Instructor: Staff**
**Course Cost: $72.00**
**Maryland Senior Course Cost: $67.00**
ACLS Shared Course (CPR769*)

WHO SHOULD TAKE THE COURSE?
Healthcare professionals, who either direct or participate in the management of cardiopulmonary arrest or other cardiovascular emergencies. This includes personnel in emergency response, emergency medicine, intensive care, and critical care units such as physicians, nurses, and paramedics.

COURSE COVERS:
- Basic life support skills, including effective chest compressions, use of a bag-mask device, and use of an AED
- Recognition and early management of respiratory and cardiac arrest
- Recognition and early management of peri-arrest conditions such as symptomatic bradycardia
- Airway management
- Related pharmacology
- Management of ACS and stroke
- Effective communication as a member and leader of a resuscitation team

Successful course completion includes demonstrating skills competency in all learning stations and passing the CPR and AED skills test, bag-mask ventilation skills test, a Megacode test and a written test. Upon successful completion, students receive an ACLS Provider eCard, valid for two years.

Prerequisite: Current BLS Provider CPR completion card, second year clinical allied health student or permission of instructor.

*This course as described above is for continuing education only. No college credit will be received.

4/6 & 4/13, Saturday (2 sessions)
8:00 AM-5:00 PM
ACM: AH108
Instructors: Staff
Course Cost: In County: $121.00, Out of County: $233.00, Out of State: $290.00

GUARANTEE YOUR SEAT IN THE CLASS OF YOUR CHOICE.
REGISTER NOW BY CALLING
301-784-5341

AHA DISCLAIMER – The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course material, do not represent income to the Association.

Project Security Blanket (Emergency Preparedness Training) will be offered at Allegany College of Maryland on April 13th and May 18th 2019. Please call 301-784-5530 or email casnyder@allegany.edu for more information.