Applying Meditation Techniques to Improve Client Outcomes (CHE391)
This course will introduce participants to evidence based meditative techniques and experiences that can be integrated into treatment plans to assist clients in developing and maintaining a more balanced, centered and less stressful way of living. Practical methods to introduce mediation in professional practice will be explored and practiced during this course. Approved for 12 contact hours for Social Work, Professional Counselors, Addictions Counselors and Psychologists. All other participants will receive 12 contact hours from ACM.

10/6 -12/1, Thursday (8 – 1 hr. 40 min. sessions)
No class 11/24
4:30 - 6:10 PM
ACM: AH303
Instructor: Howard Reynolds
Course Cost: $129.00
Maryland Senior Course Cost: $124.00

Body Mechanics: From Effort & Strain to Ease and Flow (CHE625)
As clinicians, much of the tension we feel in our backs, necks and shoulders as we practice manual therapy occurs because we are creatures of habit, who lie, sit, and stand in the same positions day after day. More often than not this tension is so much a part of our lives that we barely feel it until our backs go out, we wake up with a stiff neck, or our wrists are in agony. This one day course will give participants an opportunity to learn how to recognize, assess, and correct body mechanics for themselves and others, to let go of tension, and learn to practice manual therapy without straining their own bodies. Individual attention will be given to each participant during this course.

ACM is an approved provider of Maryland Massage Therapy CEUs and this course will provide 6 contact hours. This course has been submitted to the Maryland Board of Occupational Therapy Practice for 6 contact hours and the Maryland Board of Physical Therapy Examiners for 0.6 CEUs.

9/24, Saturday (1 session)
9:00 AM – 4:30 PM
ACM: CE Building
Instructor: Kirsten Hansen
Course Cost: $99.00
Maryland Senior Course Cost: $94.00
CNA Conference: Western Maryland Conference for CNAs and GNAs 2016 (CHE210)

Allegany College of Maryland is pleased to partner with GGEAR, AHEC West and a variety of local agencies and organizations to provide this meaningful day of training for local CNAs and GNAs. The full-day conference will be held at ACM’s Cumberland Campus and is designed to recognize and enhance the significant role of these frontline caregivers. Various keynote and breakout speakers will address: Best practices in patient care; Healing presence; Communicating and dealing with difficult behaviors in dementia patients; Situational/environmental awareness, Mind/Body Skills; and Pathways for career and personal growth.

Employers are encouraged to enroll as many members of their staff as scheduling allows. Continental breakfast and lunch are included in the nominal $10.00* course fee.

Attendees will receive 6 Contact Hours from ACM.

*A grant application in support of this training has been submitted to the Maryland Office of Health Care Quality.

9/21, Wednesday (1 session)
8:00-8:30AM Registration and morning refreshments
8:30AM-3:30PM Conference (lunch included)
ACM: Zimmer Theatre and CE Building (Registration/First session will be in the Theatre)
Instructors: Various
Course Cost: $10.00
Maryland Senior Course Cost: $5.00

Defy Gravity: Understanding and Treating Children with Hypotonia (CHE178)

Hypotonia is a common denominator for many children presently referred for Physical and Occupational Therapy. This 2-day course focuses on the integration of different treatment approaches when providing services for children who display the clinical signs of low tone. The nature of postural tone will be explored with emphasis on research regarding the vestibular system and the contributions of gravity. The search for stability and motor development for the child with low tone will serve as a basis for understanding the challenges that life presents to such a child. Using a systems frame of reference, we will examine how difficulties impact postural stability and independent functional movement, including a discussion of diastasis recti in children. Techniques in Neuro-Developmental Treatment, soft tissue elongation, sensory processing and Dynamic Core for Kids will be presented within a clinical problem-solving model for assessment and treatment. The course will feature a combination of lectures, videos, handling labs and group problem solving.

This course has been approved for 15 contact hours by the Maryland Board of Occupational Therapy Practice and 1.5 CEU’s from the Maryland Board of Physical Therapy Examiners.

10/21 & 22, Fri/Sat (2 sessions)
8:00 AM – 5:00 PM Sign-in begins at 7:30 AM Continental breakfast & afternoon snack is included.
ACM: CE Building
Instructor: Shelley Mannell, PT, BSc, BHSc, C/NDT
Course Cost: $449.00
Maryland Senior Course Cost: $444.00

The Miltenberger Emergency Services Seminar returns to ACM and Rocky Gap

March 10-11, 2017
Call 301-784-5526 for details.
Drug Abuse in Western Maryland (CHE194)
Join us for this half-day conference offered in partnership with The AHEC West Nurse Practitioners Caucus. The training covers common drugs of abuse, early detection, and treatment modalities. 4 CEUs for Nurse Practitioners submitted to AANP are pending. Social Workers, Professional Counselors and Addictions Counselors approved for 4 contact hours. Submitted to the Maryland Board of Occupational Therapy Practice for 4 contact hours and the Maryland Board of Physical Therapy Examiners for 0.4 CEUs.

Presenters: Lisa L. Booze, Pharm D, Poison Control Center of Maryland; James R. Pyles, M.S., Maryland State Police (Retired); Rebecca A. Meyers, B.S.; Director of Addictions at the Allegany County Health Department.

Learning Outcomes:
Upon completion of this course, a student should be able to:

- Identify common drugs of abuse in our area including synthetic, prescription, and over the counter medications
- Identify at least 3 examples of drug seeking behavior
- Describe the toxic effects of each abused drug
- Identify treatment modalities for toxic effects of abused drugs and addiction
- Articulate the cost of drug abuse in our area in terms of morbidity, mortality, financial, legal, incarceration and increased crime.
- Outline the Prescription Drug Monitoring Program (PDMP)
- Identify CDC recommendations on the use of addictive medications
- Discuss the use of naloxone for treatment of drug overdose

9/24, Saturday (1 session)
8:30-9:00 AM Registration and morning refreshments
9:00 AM – 1:00 PM Training
ACM: CE Building
Instructors: Booze, Meyers, Pyles
Course Cost: NPAM Members $20.00*
All others: $29.00
*To receive NPAM discount, please contact Kathy Condor at 301-784-5341 or kcondor@allegany.edu.

Drugs in Dentistry Including Natural Supplements, Medical Marijuana, Prescription Drug Monitoring/Disposal (CHE161)
This course provides the latest information on conventional drugs, herbal supplements and nutraceuticals having an impact on dental and dental hygiene practice. Discussion will include new medical drugs, new dental drugs, OTC ibuprofen-acetaminophen combination, heroin addiction in rural America, most recent review and the 2011 ADA guidelines for management of drug induced osteonecrosis of the jawbone; antibiotic update including joint prosthesis prophylaxis as of December 2012 and January 2015 and four newly approved blood thinners to replace Plavix and Coumadin.

Natural supplements, free radicals, reactive oxygen species, antioxidants, chocolate, red wine, açai, pomegranate, bioflavonoids, Co-Q-10, and dental herbal products will be discussed. What's trending in State approvals and use of medical marijuana will be described. Nutraceuticals, foods and their medical uses are discussed including, omega-3 fatty acids and vitamin D. Also included in the full-day training: The latest on CRP levels and the risk of heart attack; How to elevate good cholesterol; The different benefits of moderate alcohol consumption in males and females; And what supplements to take for maximum health.

Two hours of the course will be devoted to the required pharmacologic prescribing, monitoring and proper drug disposal as required by the Dental Board.

6 CEUs are approved through the Maryland State Board of Dental Examiners. This includes the 2-hours needed to satisfy the MSBD requirement for Drug Prescribing and Disposal Continuing Education.

11/11, Friday (1 session)
8:00 AM - 3:30 PM
ACM: Zimmer Theater
Instructor: Dr. Richard L. Wynn
Course Cost: AGDS Member Dentists: $150.00
Non-member Dentists: $250.00
Hygienists, Assistants & Front Office Staff: $50.00
Continental Breakfast and Lunch are included in the course cost.
Health care professionals are confronted with difficult ethical decisions on a near daily basis. They need tools that can help them to think about these decisions, and to justify these decisions to patients, families, peers, and the general public. The overall aim of this day-long course is to provide practical skills and knowledge that can be applied to the process of health care decision-making. Through lecture, case studies, and discussion, students will develop a better understanding of ethical problems frequently encountered in the health care environment and possible methods of addressing these problems.

Participants will be introduced to the key concepts, theories, and principles of health care ethics, and course activities will provide students with the necessary foundation to apply this knowledge to evaluate different courses of action when faced with complex ethical problems. The course will survey a wide variety of ethical decisions encountered by health care workers using real-life case studies. The session will emphasize the sorts of clinical ethics issues that arise in everyday practice across many health care disciplines, including issues related to informed consent, privacy and confidentiality, truth-telling, medical errors, patient abuse and neglect, mental health, and death and dying. Participants will learn about various approaches and resources for resolving these complicated matters.

Students are strongly encouraged to bring ethics issues from their own work experience.

Details on continuing education units for this course are available on the college website or by contacting Kathy Condor at kcondor@allegany.edu or 301-784-5341.

12/9, Friday (1 session)
9:00 AM – 4:30 PM
ACM: CE Building
Instructor: Michael Mathias, Ph.D.
Course Cost: $99.00
Maryland Senior Course Cost: $94.00
International Critical Incident Stress Foundation, Inc.’s (ICISF) Assisting Individuals in Crisis and Group Crisis Intervention (CHE183)

Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called “emotional first aid”. Designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, this course will prepare participants to understand a wide range of crisis intervention services for both the individual and for groups. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusings and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals when necessary will also be discussed.

This 3-day course combines ALL of the content of ICISF’s Assisting Individuals in Crisis & Group Crisis Intervention courses and is designed for First Response and Mental Health Professionals who wish to become part of a CISM or peer support team.* For more information about the course and ICISF, please visit icisf.org.

Program Highlights
• Psychological crisis and psychological crisis intervention
• Resistance, resiliency, recovery continuum
• Critical incident stress management
• Evidence-based practice
• Basic crisis communication techniques
• Common psychological and behavioral crisis reactions
• Putative and empirically-derived mechanisms
• SAFER-Revised model
• Suicide intervention
• Relevant research findings
• Large group crisis interventions
• Small group crisis interventions
• Adverse outcome associated with crisis intervention
• Critical Incident Stress Debriefing (CISD)

Completion of “Individual Crisis Intervention and Peer Support” & “Group Crisis Intervention” and receipt of a certificate indicating full attendance (27 Contact Hours) qualifies as two CORE classes in ICISF’s Certificate of Specialized Training Program. Only those attending all hours of class will be issued certificates.

*Please note – attendance in the course does not guarantee membership on a state or local CISM team. Each team has an application and selection process which will be followed to select members. However, even if not selected for a CISM team, all attendees will receive excellent training and CEUs.

This course is funded by a grant from the Maryland Department of Health and Mental Hygiene with funds from the Hospital Preparedness Program provided by the Assistant Secretary for Preparedness and Response, U.S. Health and Human Services and Allegany College of Maryland Foundation. The Maryland Institute for Emergency Medical Services Systems (MIEMSS) is also a sponsor of this training.

EMS CEUs (27) will be provided by the Maryland Institute for Emergency Medical Services Systems (MIEMSS). 27 Contact Hours for Licensed Professional Counselors and Psychologists will be provided by Allegany College of Maryland.

11/4 - 6, Fri/Sat/Sun (3 sessions)
8:00 AM - 6:00 PM each day.
Continental Breakfast and Lunch will be provided.
ACM: CE Building
Instructor: Jeffrey Mitchell, PhD
Course Cost: Free for First Response (fire/ law/ems/dispatch/hospital) and Mental Health Professionals who wish to become part of a CISM or peer support team. Seating is limited to First Response and Mental Health Professionals and will be filled on a first-come, first-serve basis. As noted above, attendance in the course does not guarantee membership on a state or local CISM team. Each team has an application and selection process which will be followed to select members.
Manual Therapy: Peripheral Joint Mobilization (CHE198)

Improving our client’s range of motion while alleviating pain and promoting functional improvement can occur efficiently when employing appropriate joint mobilization techniques. This course will not only cover the rationale but also allow for copious practice and repetition of many techniques. Discussions will explore decision making and home programs will be taught to reinforce our clients’ improvements. This course will focus on all peripheral joints, with adequate time spent on each to make certain that each attendee will leave this course with fresh ideas and renewed confidence to help their clients get better outcomes.

This continuing education course provides instruction in appropriate mobilization techniques for the shoulder, elbow, wrist, hip, knee and ankle joints. Topics include the theory behind peripheral joint mobilization, arthrokinematics, joint capsule anatomy and joint capsular movement patterns.

Upon completion of the course, students will be able to:
- Explain the theory behind peripheral joint mobilization;
- Describe arthrokinematics and the role of the roll, spin and glide theory;
- Describe joint capsules and joint capsular patterns;
- Demonstrate common mobilization techniques for the shoulder, elbow, wrist and hand and their application for common problems;
- Demonstrate common mobilization techniques for the femoral acetabular hip joint, knee, foot and ankle complex and their application for common problems.

This course has been submitted to the Maryland Board of Physical Therapy Examiners for 1.5 CEUs and to the Maryland Board of Occupational Therapy Practice for 15.0 contact hours.

3/24 & 25, Fri/Sat (2 sessions)
8:00 AM- 5:00 PM (Continental breakfast and lunch provided both days)
Instructor: Paul Simonetti, PT, DPT, OCS
ACM: AH230 & AH259
Course Cost: $299.00
Maryland Senior Course Cost: $279.00

Medicine & Religion

Celebrating the 50th Institute on Medicine and Religion: The Emerging Science of the Mind/Body Connection. Where we’ve been, where we are, and where we are going. (CHE150)

ACM is pleased to partner with the Western Maryland Health System Department of Pastoral Care and The Community Wellness Coalition to present the 50th Institute on Medicine and Religion. This highly anticipated annual training will feature Dr. George Fitchett, D.Min, PhD, Professor and Director of Research in the Department of Religion, Health & Human Values at RUSH University in Chicago. Dr. Fitchett is a board certified chaplain (APC) who began examining the relationship between religion and health in the 1990’s. In addition to a Doctor of Ministry, he holds a PhD in Epidemiology and has authored and co-authored multiple articles for professional journals and 2 books. In recognition of this 50th Institute on Medicine and Religion, Dr. Fitchett will review highlights in Spirit, Mind and Body Medicine over the past 50 years. He will illustrate the research based connections of Spirit, Mind and Body and the impacts on health and mortality as well as evidence of the positive impact of spiritually integrated care. Dr. Fitchett will share his religion/spirituality needs assessment with practitioners as well as various case studies that demonstrate the emerging science of the Mind/Body Connection.

Registration and CEU details will be available soon and registration will open in September at WMHS.com.

10/28, Friday (1 session)
8:30 AM – 4:00 PM
ACM: Zimmer Theatre
Instructor: George Fitchett, D.Min, PhD
Course Cost: $30.00*
Maryland Senior Course Cost: $30.00*
* Register through WMHS.com
Medicine Aide Update (CHE433)
This course meets the minimum requirements for the State of Maryland for recertification as a medicine aide. In order to successfully complete the course, students must be present throughout and score a minimum of 80% on the written final exam. Students must also provide a letter from a long-term care facility as verification of employment and proof that they are eligible to take the class. This course is approved by the Maryland Board of Nursing. For information, please call 301-784-5526.
11/1, 8, 15; Tuesdays (3 sessions)
5:00–8:00 PM
ACM: CE Building
Instructor: Deb Savage, RN
Course Cost: $99.00
Maryland Senior Course Cost: $94.00

Medicine Aide Training & Clinicals
(CHE659, CHE660)
The purpose of this course is to prepare nursing home aides for the safe preparation (pouring), administration, and charting of non-parenteral medications. Content includes medications, their usage, dosage, and side effects. This course has been approved by the Maryland Board of Nursing.

Prerequisites: Because of the serious nature of the tasks to be performed, participants are required to present evidence of having met the following criteria:

• Have at least one year experience as a Nursing Assistant in a Maryland Skilled Care or Intermediate Care facility.
• Be currently employed in a Maryland Skilled Care or Intermediate Care facility.
• Be licensed as a Geriatric Nursing Assistant.
• Have experience in basic patient care procedures.
• Provide written evidence of employment status from Director of Nursing and/or Administrator of employing agency and a letter from Director of Nursing recommending participant for the class.
• Demonstrate successful achievement on a standardized test assessing reading and mathematical skills.

Includes 39 hours of lecture and 36 hours of clinical experience for a total of 75 clock hours. Textbook is required, is included and will be distributed at the first class session. Limit of 8 students.

Classroom Lecture: CHE659
September 12 – October 24, 2016
Mon & Wed (13 sessions)
5:00 – 8:00 PM

Clinical: CHE660
October 26 – November 21, 2016
Mon/Wed/Thurs (12 sessions)
6:30 – 9:30 PM

PRETESTING:
Call Student Support Services at Allegany College of Maryland to schedule required Math and Reading pretests, 301-784-5554. Please indicate you are testing for the Medicine Aide Course. There is no charge for this testing.

REMEMBER:
Please include a copy of the following when registering:
1. Letter of recommendation from nursing home DON with verification of one year work experience.
2. Copy of MD Board of Nursing website verifying current active GNA status.

Current completed physical exam form will be required before beginning clinical.

REGISTRATION AND TUITION:
CHE 659 Medicine Aide I
Course Cost: $339.00
Maryland Senior Course Cost: $329.00

CHE 660 Medicine Aide Clinical
Course Cost: $229.00
Maryland Senior Course Cost: $214.00

Includes tuition, registration and book.

TOTAL FOR CLASSROOM AND CLINICAL:
Course Cost $568.00
Maryland Senior Course Cost $543.00

Questions? Please call Kathy Condor, Health Continuing Education, 301-784-5526
SHARED COURSES

ACLS (CHE769*)
This course is designed for health care professionals for managing a cardiac emergency. This course is approved by the American Heart Association and Maryland Institute for Emergency Medical Services approved, and all new ACLS guidelines will be taught. Prerequisite: Current Health Care Provider CPR completion card, second year clinical allied health student or permission of instructor. *This course as described above is for continuing education only. No college credit will be received.

11/5 &12; Saturday (2 sessions)
OR
11/6 &13; Sunday (2 sessions)
8:00 AM - 8:00 PM
ACM: AH108
Instructors: B. Rocks/P. Fuller
Course Cost: In County: $117.00, Out of County: $225.00, Out of State: $270.00

Awareness of Special Populations (CHE379*)
This course will provide an overview of individuals with developmental, emotional, and physical disabilities. Topic to be discussed include: behavioral components, mobility issues with hearing and sight impaired individuals, interdisciplinary teamwork, and approaches to adaptive equipment. *This course as described above is for continuing education only. No college credit will be received.

11/12-13; Sat/Sun (2 sessions)
8:30 AM - 4:00 PM
ACM: AH300
Instructor: D. Ross and R. Smith
Course Cost: In County: $117.00, Out of County: $225.00, Out of State: $270.00

Ethical & Legal Issues in Health Care (CHE172*)
This course is an overview of the field of medical ethics, medical liability, and the importance of the HIPAA rule and how to properly resolve issues. *This course as described above is for continuing education only. No college credit will be received.

8/23-12/06; Tuesday (15 sessions)
5:30 – 8:15 PM
ACM: AH239
Instructors: R. Smith/C. Gero
Course Cost: In County: $117.00, Out of County: $225.00, Out of State: $270.00

Leadership and Conflict Management for the Health Care Professional (CHE316*)
This course will provide students with leadership and conflict management skills. Topics include leadership styles, listening skills, and conflict resolution techniques. This course will provide 12 CEUs for social workers, psychologists, professional and addictions counselors. *This course as described above is for continuing education only. No college credit will be received.

9/17-10/01; Saturdays (3 sessions)
9:00 AM-2:00 PM
ACM: AH300
Instructor: C. Gero
Course Cost: In County: $117.00, Out of County: $225.00, Out of State: $270.00

Spanish for Health Occupations (CHE900*)
Students will be introduced to basic concept and cultural competence and current demographics of the Latino populations in an effort to understand their lives and how this affects patient/client communication. Basic phrases will be learned to enhance communication with the patient/client in a health care setting so they will have an understanding of what the provider is asking them to do. Students will practice phrases for a variety of situations and have a good command for speaking and understanding Spanish phrases at the end of the course. No previous Spanish is required. *This course as described above is for continuing education only. No college credit will be received.

8/22-12/07; Mon/Wed (15 sessions)
2:00-3:15 PM
ACM: T119
Instructor: Kenton Stone
Course Cost: In County: $234.00, Out of County: $450.00, Out of State: $540.00
CANNABIS TRAINING INSTITUTE (CTI)  On-line with onsite testing

ACM/CE is pleased to partner with the Cannabis Training Institute (CTI) to offer this online opportunity to receive CTI Core Cannabis Training and Certification. CTI provides a comprehensive cannabis education curriculum and is the official online training provider for the Americans for Safe Access Patient-Focused Certification program. The following online courses are available anytime and anywhere you have an internet connection. For certification, the final exam(s) must be taken onsite at Allegany College of Maryland. Testing can be scheduled by calling 301-784-5592. Questions? Please contact Kathy Condor at kcondor@allegany.edu or 301-784-5526.

CTI’s gold standard training ensures you or your employees are trained to the highest standards in the industry. Whether you want to apply business best practices, meet legislative requirements, improve licensing success or deliver the best customer service, ACM’s partnership with CTI has you covered.

The CTI courses are available individually; however you can save by selecting one of the four Series Curriculums shown. Individual course descriptions follow in course # order on page 46 & 47.

THE FOUR SERIES CURRICULUMS:

CANNABIS DISPENSARY CURRICULUM (CHE246):
10.5 Contact Hours includes CHE236, CHE237, CHE242, CHE243, CHE244,
Total Series Cost: $799.00 ($881 if purchased separately.)

CANNABIS CULTIVATION CURRICULUM (CHE247):
5.5 Contact Hours includes CHE236, CHE241, CHE242
Total Series Cost: $355.00 ($379 if purchased separately.)

CANNABIS LABORATORY CURRICULUM (CHE248):
5.5 Contact Hours includes: CHE236, CHE239, CHE242
Total Series Cost: $355.00 ($379 if purchased separately)

CANNABIS MANUFACTURING CURRICULUM (CHE249):
6.5 Contact Hours includes CHE236, CHE238, CHE242
Total Series Cost: $379.00 ($403 if purchased separately.)

CANNABIS MANUFACTURING CURRICULUM (CHE249):
6.5 Contact Hours includes CHE236, CHE238, CHE242
Total Series Cost: $379.00 ($403 if purchased separately.)
INDIVIDUAL COURSES:

(CHE236) **ASA Core Cannabis Training:** The ASA-CTI Certification course is the online version of the mandated cannabis training curriculum developed by Americans for Safe Access (ASA). This course provides business owners, employees and job applicants with fundamental knowledge on the subjects of cannabis law, medical application and business operations. You will receive an ASA-CTI Core Cannabis Training Certification upon completion of the program. *Note: Successful completion of ASA-CTI Core Cannabis Training does not automatically result in ASA-CTI Certification. A passing score of 80 percent or greater on the proctored final exam, which must be completed onsite at ACM, is a minimum requirement for certification. Students will receive further instructions about the testing procedure when they register.*

**CHE236: 4 Hours**  
Individual Course Cost: $255.00  
Maryland Senior Course Cost: $255.00

(CHE237) **Dispensary Technician Training:** This online Dispensary Technician Certification course provides dispensary staff with operational, medicinal and customer relations knowledge built on industry best practices, with a focus on professionalism and community relations. Students who complete the course receive a CTI Dispensary Technician certificate. *Note: Successful completion of Dispensary Technician Training does not automatically result in certification. A passing score of 80 percent or greater on the proctored final exam, which must be completed onsite at ACM, is a minimum requirement for certification. Students receive further instructions about the testing procedure when they register.*

**CHE237: 4 hours**  
Individual Course Cost: $299.00  
Maryland Senior Course Cost: $299.00

(CHE238) **National Cannabis Manufacturing Standards:** Designed for individuals engaged in the manufacturing of hemp and cannabis-derived products, this training is designed to provide learners with the tools necessary to comply with General Manufacturing Practices including general personnel responsibility and safety, physical condition of the plant and surrounding grounds, manufacturing controls including packaging, holding and labeling controls, cannabis material acquisition, inventory and recordkeeping, fielding and documenting complaint/product returns, product safety recalls, and adverse event reporting.

**CHE238: 2 Hours**  
Individual Course Cost: $99.00  
Maryland Senior Course Cost: $99.00

(CHE239) **National Cannabis Laboratory Standards:** Designed for individuals performing laboratory analysis of cannabis, cannabis-derived products, and hemp products, this course has been developed to educate learners on best laboratory practices and focuses on facility security, sample handling and disposal, data management, personnel safety and hygiene, and reporting activities that may be unique to laboratories analyzing cannabis, cannabis-derived products, and hemp product samples.

**CHE239: 1 Hour**  
Individual Course Cost: $75.00  
Maryland Senior Course Cost: $75.00
(CHE241) **National Cannabis Cultivation and Processing Standards:** Based on the American Herbal Products Association (AHPA) Recommendations to Regulators for Cultivation and Processing operations, this training applies to all types of cultivation operations including outdoor, greenhouse, and indoor cultivation facilities. This training is designed to provide learners with the skills necessary to implement best cultivation practices including pesticide guidance, facility requirements, water resource management, recordkeeping, product safety recall systems, adverse event reporting, and information disclosure. This course also explores best practices and safe handling procedures for operations that provide post-harvest processing of cannabis.

**CHE 241: 1 Hour**
**Individual Course Cost: $75.00**
**Maryland Senior Course Cost: $75.00**

(CHE242) **Robbery Awareness:** The author of CTI’s *Robbery Awareness* course, Tony Gallo, has more than 20 years’ experience working with businesses to plan security systems and operating procedures should a robbery occur. Over the past four years, he has applied this knowledge to the cannabis industry. Being prepared for a robbery is the best way to avoid any harm coming to your employees. Knowing how to react during a robbery is the key to diffusing or safely avoiding a frightening and unpredictable situation.

**CHE242: 0.5 Hours**
**Individual Course Cost: $49.00**
**Maryland Senior Course Cost: $49.00**

(CHE243) **Dispensary Workers Health and Safety Training:** This course covers important health and safety concerns particular to dispensary technicians, as well as employee rights as a dispensary technician that are guaranteed by State and Federal laws and regulations. In addition, emergency response actions are reviewed to better prepare the dispensary technician to assist their customers and patients. **Note:** Successful completion of Dispensary Technician Training does not automatically result in certification. A passing score of 80 percent or greater on the proctored final exam, which must be completed onsite at ACM, is a minimum requirement for certification. Students receive further instructions about the testing procedure when they register.

**CHE243: 1 Hour**
**Individual Course Cost: $149.00**
**Maryland Senior Course Cost: $149.00**

(CHE244) **Substance Abuse and Cannabis Course:** Designed for current or potential dispensary workers, this course focuses on defining addiction and signs of drug abuse. Understanding these concepts and behaviors will help you identify addiction and/or dependence when you see it and in turn will help you when interacting with your customers and patients.

**CHE244: 1 Hour**
**Individual Course Cost: $129.00**
**Maryland Senior Course Cost: $129.00**
Pre-Service Training

CHILD CARE TRAINING

Now Available On-Line

Child Care I: Child Growth and Development *ONLINE* (DHR439)
This course is designed to cover the growth and development of children from birth through six years, satisfying one-half of the required 90 classroom hours (45 hours) for staff working in licensed child care centers. Topics include social, emotional, physical and cognitive development. Knowledge and skills to meet the development needs of young children will be presented. For more information call 301-784-5530.

10/21-12/9
Course Cost: $225.00
Maryland Senior Course Cost: $220.00

Child Care II: Activities for Young Children *ONLINE* (DHR440)
This course is designed to satisfy one-half of the required 90 classroom hours (45 hours) for personnel working in licensed childcare centers. The principles, materials, and methods used with young children age birth to six are introduced. Considerations in developing activities that advance physical, cognitive, communication, creative, and social skills will be discussed. Participants will develop projects that involve using activity-planning skills. (May be taken prior to Child Care I) For more information call 301-784-5530.

9/14-10/26
Course Cost: $225.00
Maryland Senior Course Cost: $220.00

Child Care School Age Child Care *ONLINE* (DHR424)
Gain the skills necessary to work in school-age child care programs, and build communication skills to use with parents, coworkers and the public. Topics include curriculum planning, age-appropriate materials and methods for children ages 6-13. This certification course satisfies half of the MSDE requirement training for teachers, directors and coordinators working with school-age children. For more information call 301-784-5530.

9/19-10/31
Course Cost: $225.00
Maryland Senior Course Cost: $220.00

Infant and Toddler Care *ONLINE* (DHR400)
This course is designed to prepare individuals to care for infants and toddlers. Approximately half the training covers infant and toddler development and half covers curriculum materials and methods. This course provides 45 additional hours needed for those working with infants and toddlers in a licensed child care center. This course has been approved by the Child Care Administration for child care providers in the State of Maryland. For more information call 301-784-5530.

9/28-11/9
Course Cost: $225.00
Maryland Senior Course Cost: $220.00

Medication Administration (DHR379)
The purpose of the medication administration training program is to teach child care providers and child care center staff information about administering medication to infants, toddlers, preschool and school age children. The goal is to insure safe and accurate administration of oral, topical, inhaled and emergency medications to infants and children.

9/18, Sunday (1 session)
10:00 AM – 4:00 PM
ACM: CE Building
Instructor: Kay Rowlnd
Course Cost: $85.00
Maryland Senior Course Cost: $85.00

Please call 301-784-5530 with any questions concerning child care classes. Many required classes are available online through ACM.
Applications of Mindfulness & Positive Psychology
(DHR469)
In this one day training you will learn techniques of Mindfulness and Positive Psychology to improve your clinical skills when working with clients who are diagnosed with anxiety or depressive disorders. Learn how to apply effective coping strategies for those suffering with the addictive disorders of alcohol dependence, substance use, and gambling problems and aid in their recovery process and therapeutic success. This workshop will result in the enhancement of your therapeutic effectiveness by drawing on client’s strengths, helping to promote flow, and to allow for more time on their path to well-being and a life of meaning. Approved for 6 Contact Hours for Social Work, Professional Counselors, Addictions Counselors and Psychologists. All other participants will receive 6 contact hours from ACM.

9/30, Friday (1 session)
9:00 AM - 4:30PM
ACM: CE Building
Instructor: Anthony Parente, MA, LCPC
Course Cost: $94.00
Maryland Senior Course Cost: $89.00

Behavior Principles and Strategies
(HSP387)
DDA regulations require that before being assigned independent duties, staff providing behavior support services to individuals who currently exhibit challenging behavior or who have a history of exhibiting challenging behavior, shall successfully complete training in the principles of behavior change and appropriate methods of preventing or managing challenging behaviors, (COMAR 10.22.10.03C). The Behavior Principles and Strategies training program is an Administration approved curriculum which meets these regulatory requirements. Behavior Principles and Strategies is a required training by the Developmental Disability Administration, which is intended only for employees of certified DDA providers. Non-DDA providers’ employees are not eligible for this training. *** Class is limited to 12 participants***

Approved for 14 Contact Hours for Social Work, Professional Counselors, Addictions Counselors and Psychologists. All other participants will receive 14 contact hours from ACM.

10/5 & 6, Wed/Thurs (2 sessions)
9:00 AM- 4:00 PM
ACM: CE Building
Instructor: Jared Blakeslee
Course Cost: $20.00
Maryland Senior Course Cost: $15.00
Effective Couples Counseling (DHR476)
Relationships are essential to our lives and many of us struggle with questions concerning how to make our most important relationships more successful, honest and enduring. This full day interactive workshop will assist participants in developing new skills for working with troubled couples in need of therapeutic and emotional support and direction. The workshop for human service professionals will allow participants to design an evidence-based treatment protocol for effective and successful couples counseling. Approved for 6 Contact Hours for Social Work, Professional Counselors, Addictions Counselors and Psychologists. All other participants will receive 6 contact hours from ACM.

10/12, Wednesday (1 session)
9:00 AM - 4:30 PM
ACM: CE Building
Instructor: Greg Hunter
Course Cost: $94.00
Maryland Senior Course Cost: $89.00

Effects of Parental Substance Abuse on Children and Extended Families (DHR477)
According to the US Department of Health & Human Services, more than 16 million American adults abuse alcohol. As a consequence, 40 million children live in homes where the primary caretaker is addicted to alcohol or other drugs. It is estimated that each year, 675,000 children suffer serious abuse or neglect as a result of parental abuse. This workshop will explore the collateral consequences of parental substance abuse and how it affects the children of alcoholics and other substance abusers (COA/COSA). Various issues will be discussed including but not limited to behavioral, medical/psychiatric, educational and emotional consequences of addiction. Current literature will be discussed and participants will be able to articulate the importance of understanding emerging family structures, dual exposure to domestic violence and addiction and treatment interventions. The presenter is a bi-cultural forensic social worker specializing in criminal defense mitigation, dual diagnosis, crisis intervention, addictions, trauma, and working with diverse ethnic groups. This is an interactive workshop where case vignettes will be presented and discussed. In partnership with the Allegany/Garrett Social Work Caucus.

Approved for 6 Contact Hours for Social Work, Professional Counselors, Addictions Counselors and Psychologists. All other participants will receive 6 contact hours from ACM.

10/20, Thursday (1 session)
9:00 AM - 4:30 PM
ACM: CE Building
Instructor: Veronica Cruz
Course Cost: $69.00
Maryland Senior Course Cost: $64.00

Ethics of Boundary Extensions & Confidentiality (DHR475)
Almost every ethical issue involves mindful awareness of boundaries and confidentiality. This session, based on the NASW Code of Ethics, as well as the American Counseling Association (ACA) code, will strengthen practitioners’ ability for informed and clear ethical decision-making. Social Workers and LPCs will work with scenarios using their respective codes. We will explore common ethical dilemmas and key risks when boundaries are blurred or breached. Drawing on current thinking about boundary extensions, we will wrestle with common dilemmas involving: multiple relationships, informed consent and confidentiality, working with couples and groups, bartering, cultural competence, termination/transfer, and end of life care. Counselors and social workers will receive tools and guidelines to help them navigate these confusing practice situations. Participants will review principles and specific code sections and will have an opportunity to tackle contemporary case situations using peer consultation groups.

Approved for 6 Contact Hours for Social Work, Professional Counselors, Addictions Counselors and Psychologists. All other participants will receive 6 contact hours from ACM.

9/13, Tuesday (1 session)
9:00 AM - 4:30 PM
ACM: CE Building
Instructor: Jane Riffe, Ed. D, LICSW, LPC
Course Cost: $69.00
Maryland Senior Course Cost: $64.00
NASW Trainings

**Compassion Fatigue (HSP583)**
Compassion fatigue, or secondary traumatic stress, is a common and unfortunate side-effect of caring too much. Clinicians are exposed to and work hard to help heal individuals, families, and groups that have been wronged (sometimes deeply) by circumstances beyond their control in an environment with too few resources. Regrettably, the outcome of not being proactive or responding to compassion fatigue can lead to affected individuals caring less or not at all over time. **Cosponsored with Maryland Chapter of NASW- Please go to www.nasw-md.org to REGISTER for HSP583 & HSP584 and for more information**

10/7, Friday (1 session)  
9:00 AM - 12:15 PM  
ACM: CE Building  
Instructor: NASW  
Please go to www.nasw-md.org to REGISTER and for more information.

**Movie & Discussion: Diary of a Mad Black Woman (HSP584)**
After 18 years of marriage to lawyer Charles (Steve Harris), Helen (Kimberly Elise) is shocked when he announces he's ending their marriage and shacking up with Brenda (Lisa Marcos). Helen retreats to the house of her grandmother Madea (Tyler Perry), who helps her destroy much of Charles' property, earning her house arrest. While Charles prepares for the trial of a corrupt client, Helen is courted by Orlando (Shemar Moore), an affectionate moving man with strong Christian values. **Cosponsored with Maryland Chapter of NASW- Please go to www.nasw-md.org to REGISTER for HSP583 & HSP584 and for more information**

10/7, Friday (1 session)  
1:00 PM - 4:15 PM  
ACM: CE Building  
Instructor: NASW  
Please go to www.nasw-md.org to REGISTER and for more information.
CHE 180/181
Veterinary Assistant

Are you interested in working with animals in a veterinary clinic or hospital? Are you interested in this training for your own personal enrichment? Either way, this course may be for you. The Veterinary Assistant curriculum is composed of 72 hours of classroom instruction (CHE180) and 44 hours of practical experience (CHE181) for a total training time of 116 combined hours. Students that successfully complete the following four modules are awarded a Certificate of Achievement.

Veterinary Assistant Training I: Outpatient Care
Veterinary Assistant Training II: Diagnostic and Pharmacy
Veterinary Assistant Training III: Patient Care & Treatment
Veterinary Assistant Training IV: Surgery, Anesthesia, and Emergency Care

Audience: The Veterinary Assistant training is intended for the person that enjoys working with both animals and humans. The most successful students will be those that have: (1) the interpersonal skills needed to deal compassionately and professionally with the public, (2) a strong work ethic and ability to be where they need to be when they are supposed to be there, and (3) able to work in fast paced environment. NOTE: This is NOT a two-year degree program which results in the awarding of a Veterinarian Technician college diploma.

Prerequisites: Interested individuals must attend a no cost, no obligation orientation meeting on August 25, 2016. Time and location are listed below. Students must be eighteen (18) years of age or older on the first day of classes and must have either a valid high school diploma or GED. Additionally, students must be able to provide their own transportation to the Cumberland campus and to their designated clinical site. Some students will likely have to travel some distance to their clinical internship.

Total Course Cost: $975.00
Maryland Senior Course Cost: $950.00

VETERINARY ASSISTANT TRAINING PROGRAM ORIENTATION
Want to know more? If so, you must attend the following free, no obligation orientation meeting. Seating will be limited so to reserve a seat, call Christa Snyder at 301-784-5530.

Date: August 25, 2016
Time: 6:00-7:30PM
Location: CE Building, room 8

INTERESTED INDIVIDUALS MUST ATTEND THIS FREE, NO OBLIGATION ORIENTATION MEETING TO BECOME ELIGIBLE TO REGISTER FOR THE VETERINARY ASSISTANT TRAINING PROGRAM!

Limited $200 Opportunity Scholarships available to Allegany County residents! (3 or more years of residency)
Allegany College of Maryland’s

AMERICAN HEART ASSOCIATION TRAINING CENTER

OFFERS MANY COURSES EACH MONTH ON A YEAR-ROUND BASIS

Would You Know What To Do In An Emergency?

Courses taught at the ACM Training Center by TC Faculty include Basic Life Support (BLS) for Healthcare Provider, ACLS, and Heartsaver First Aid/CPR. Students that successfully complete AHA courses receive an official certification card valid for two years. Healthcare workers should be aware that most health related scopes of practice require them to maintain CPR and/or First Aid certification. Be sure to register for a class in order to receive or maintain this important professional credential.

CONVENIENT SCHEDULE: ACM offers CPR and First Aid courses in Cumberland each month and classes are taught in the Allied Health Building on the campus. Check the listings on the following pages to find a course that meets your needs.

IN-HOUSE TRAINING AVAILABLE: Would your organization or agency be better served by CPR and/or First Aid training conducted in your facility? The ACM Training Center has a wide variety of courses that can be taught at your location. For more information on this in-house training opportunity, call Kate Winfield, 301-784-5681 or kwinfield@allegany.edu.

INSTRUCTOR TRAINING! Are you interested in becoming a certified instructor for the American Heart Association? Call Kate Winfield, 301-784-5681 for details and information regarding instructor training and certification.
TRAINING FOR THE LAYPERSON

The ACM Training Center is committed to a standard of excellence in the teaching and training of the general public in the fundamentals of basic CPR and First Aid. An individual’s survival and subsequent recovery from a heart attack or a serious accident is often directly related to the quality of care immediately provided by a family member or person(s) on the scene. The ACM Training Center will provide the highest caliber of instruction to those individuals preparing for the time when they may be called upon to act.

**Heartsaver First Aid (CPR500)**

If your loved one was injured in an accident or suffered from a medical condition, would you know what to do in those initial critical moments before professional help arrives?

If you answered “no” or you aren’t sure how to answer this question, then you should take advantage of this opportunity. In this Heartsaver First Aid course, you will obtain an invaluable skill set that will enable you to manage an illness or injury in the first few minutes. It includes general First Aid principles, medical and environmental emergencies, and injuries. Medical emergencies cover signs of heart attack, cardiac arrest, allergic reactions, stroke, seizures, and choking. Injury emergencies covers bleeding, puncture wounds, shock, head and spinal injuries, bone and muscle injuries and various types of burns. Environmental emergencies covers bites, stings, cold and heat-related emergencies such as frostbite and heatstroke, and poisoning emergencies. **Students receive a Heartsaver First Aid card which is valid for two years.**

**Audience:** Everyone especially those who are parents or care providers for children should take this course. **This course meets OSHA standards for First Aid.**

**Prerequisites:** None. This course is specifically designed for the lay person so students are not expected to know any of the material or have related experience. The cost of registration includes the cost of the workbook, “Heartsaver First Aid,” which students should pick up in the Continuing Health Education building between the hours of 9:00am and 3:00pm. Students that do not pick up their books will receive their copy at the beginning of their class.

**Note:** Class end times may vary based upon the number of students and student skill level. Classes may be cancelled due to low enrollment.

8/15, Monday (1 session)
9:00 AM – 1:30 PM
ACM: AH 241
Instructor: Staff

10/17, Monday (1 session)
9:00 AM – 1:30 PM
ACM: AH 241
Instructor: Staff

**Total Course Cost:** $30.00
**Maryland Senior Course Cost:** $25.00
Heartsaver First Aid and Adult CPR
(with optional Child CPR AED and Infant CPR) (CPR501)
The First Aid portion of this course teaches the individual how to manage illness or injury in the first few minutes until professional help is available. It covers general First Aid principles, medical and environmental emergencies, and injuries. Medical emergencies cover signs of heart attack, cardiac arrest, allergic reactions, stroke, seizures, and choking. Injury emergencies covers bleeding, puncture wounds, shock, head and spinal injuries, bone and muscle injuries and various types of burns. Environmental emergencies covers bites, stings, cold and heat-related emergencies such as frostbite and heatstroke, and poisoning emergencies. In the CPR portion, students learn how to recognize and treat cardiac arrest, choking, and the warning signs of heart attack and stroke. Students learn rescue breathing with and without the use of barrier devices. The instructor leads practice scenarios and peer-practice sessions. Students are also trained how to properly use an Automated External Defibrillator (AED). Students receive a Heartsaver First Aid/CPR AED card that is valid for two years.

Audience: All lay rescuers, including childcare workers, babysitters, firefighters, police, airline personnel, security guards, or family members of patients at high risk for cardiac arrest. This course meets OSHA standards for First Aid.

Prerequisites: None. This course is specifically designed for the lay person so students are not expected to know any of the material or have related experience. The cost of registration includes the cost of the workbook, “Heartsaver First Aid CPR AED,” which students should pick up in the Continuing Health Education building between the hours of 9:00am and 3:00pm. Students that do not pick up their books will receive their copy at the beginning of their class.

Note: Class end times may vary based upon the number of students, student skill level, and need/desire for Child/Infant CPR training. Classes may be cancelled due to low enrollment.

8/27, Saturday (1 session)
9:00 AM-5:00 PM
ACM: AH 241
Instructor: Staff

9/24, Saturday (1 session)
9:00 AM-5:00 PM
ACM: AH 241
Instructor: Staff

10/29, Saturday (1 session)
9:00 AM-5:00 PM
ACM: AH 241
Instructor: Staff

12/10, Saturday (1 session)
9:00 AM-5:00 PM
ACM: AH 241
Instructor: Staff

Total Course Cost: $64.00
Maryland Senior Course Cost: $59.00
Basic Life Support (BLS) for the Healthcare Provider (CPR775)
The BLS Healthcare Provider Course teaches basic life support (BLS) to healthcare professionals and rescue personnel. Students will learn adult, infant and child cardiopulmonary resuscitation (CPR) with the use of the automated external defibrillator (AED) for ages 1 and older. The course includes training in mouth-to-mouth ventilation, rescue breathing with barrier devices and the use of bag-masks. After successful completion of this course, students receive a BLS Provider card which is valid for two years.

Audience: Physicians, nurses, paramedics, EMT’s, respiratory, physical & occupational therapists, physician assistants, residents, medical/nursing students, aides, and other allied health personnel and lifeguards that choose to pursue this important credential for personal and/or work related reasons.

Prerequisites: This course is recommended for the professional healthcare provider. The cost of registration includes a textbook charge for the “BLS for Healthcare Providers Student Manual.” Students should pick up their copy of this text prior to the class. Books may be picked up in the Continuing Health Education building, Monday - Friday between the hours of 9:00am and 3:00pm, Monday – Friday. Students that do not pick up their books will receive their copy at the beginning of their class. Note: Class end times may vary based upon the number of students and student skill level. Classes may be cancelled due to low enrollment.

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<tr>
<th>BLS for the first time student:</th>
<th>BLS for the experienced student:</th>
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<td>8/16, Tuesday (1 session)</td>
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<td>12/8, Thursday (1 session)</td>
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<td>9:00 AM-5:00 PM</td>
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**Advanced Cardiac Life Support (Shared Course) (CPR769*)**

This course is designed for health care professionals for managing a cardiac emergency. This course is approved by the American Heart Association and Maryland Institute for Emergency Medical Services approved, and all new ACLS guidelines will be taught.

**Prerequisite:** Current Health Care Provider CPR completion card, second year clinical allied health student or permission of instructor.

*This course as described above is for continuing education only. No college credit will be received.

11/5 & 12, Saturday (2 sessions)
11/6 & 13, Sunday (2 sessions)
8:00 AM – 8:00 PM
ACM: AH-108
Instructors: Staff
Course Cost: In County: $117.00
Out of County: $225.00
Out of State: $270.00

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**GUARANTEE YOUR SEAT IN THE CLASS OF YOUR CHOICE**

**REGISTER NOW BY CALLING 301-784-5341**

**AHA DISCLAIMER** – The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course material, do not represent income to the Association.