

SUBJECT LINE: You Matter Here

Dear [STUDENT NAME],

Starting strong is easy but **staying** strong is where it can get tough. Please reach out now for help, resources, and connections that strengthen you *and* your success.

How can you do that?

- Work with a student or professional [tutor](#) in person or online through [Learning Commons](#).
- Visit a [Study Lab](#) for extra help with math, science, or reading and writing.
- Use this [network](#) to find out about available resources – we’ve added [Student Mental Health Support Group meetings](#) and more this fall.
- Fill out a [request form](#) to pick up free food and personal care products from [The Pantry](#). It’s open M-F this semester with [new hours](#).
- Join a [student club](#) – we have 30+ non-academic and academic clubs including a new ACM Gaming Club.
- [Talk to us](#) if you don’t know where to start to ask for help.

A few quick reminders for you.

- Be sure to register to vote during **National Voter Education Week** (Oct. 3-7). Keep checking our social media and our digital monitors for ways to get involved and upcoming activities. Your vote = your voice.
- Are you returning with us next year? Now’s the time to prepare to file your **FAFSA** to receive financial aid. The [FAFSA application](#) for the 2023-24 academic year opens **Oct. 1**.
- Report [COVID-19](#) symptoms, positive tests and/or exposures by calling 301-784-5061 or emailing [covidreports@allegany.edu](mailto:covidreports@allegany.edu). Text your zip code to 438829 to find a free COVID-19 vaccine nearby.

Lastly, congratulations to our students (and a few 2022 graduates) who contributed to ACM’s [Expressions 2022 magazine](#) that won “**Best Magazine**” in the Community College Humanities Association’s annual literary magazine competition. I encourage you to be part of the 2023 edition. Learn more [here](#) about sharing your original essay, poem, drawing, painting, print or sculpture.

Wishing you continued success,

Dr. Cynthia Bambara

ACM President